

FREE ASSOCIATIONS

Newsletter of the Michigan Psychoanalytic Institute and Society
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free associations

39th Annual Benefit Dinner



Honoring
Robin Rayford, M.A.

Featuring
Story Teller
Satori Shakoor

Friday, November 10, 2023

6:30 P.M. Cash Bar

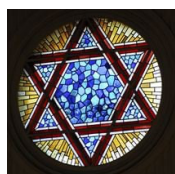
7:30 P.M. Dinner



Baronette Renaissance Hotel
Novi, Michigan

Everybody Has a Story





Obituary for MARVIN MARGOLIS M.D., Ph.D.

Hebrew Memorial Chapel. Your Community Chapel

FUNERAL SERVICE WILL BE HELD PRIVATELY.

It is with great sadness that we announce the death of our beloved husband, father, and grandfather. Marvin Margolis, M.D., Ph.D.; died peacefully at his home on August 22, 2023, at the age of 96.

He is survived by his beloved wife of 42 years, Tamar "Tami" Margolis. His beloved daughter, Ruth Wilson, and her husband Doug; his beloved son, David Margolis, M.D. Beloved grandchildren Jessica Hoopfer, Matthew Hoopfer and his wife, Nicole, Tara Carter and her husband, Hunter, and Brendan Wilson. Caring brother-in-law of Yaacov Davidovich and his dear wife, Vicky; and their children, Barak and his wife Dafna, Horev and his wife, Michal, and Hagar. Proud uncle of Michael Tobes, M.D., Ph.D., and his wife, Becky. Dear cousin of Drs. Christine and Doug Wolf.

CONTRIBUTIONS:

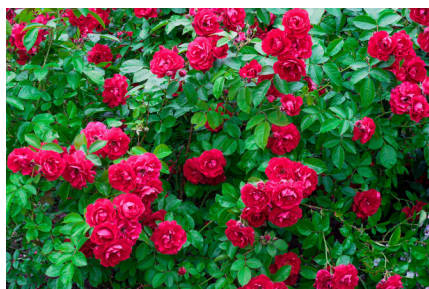
If you wish to honor the memory of Dr. Marvin Margolis you may do so by making a donation to one of the following:

Michigan Psychoanalytic Foundation
32841 Middlebelt Road, Ste. 411
Farmington Hills, MI 48334
www.mpi-mps.org

Jewish National Fund (JNF)
42 E. 69th Street
New York, New York 10021
<https://www.shiva.com/plant-a-tree>

Or: Charity of your choice

"Dr. Margolis's support of MPI's training of child and adolescent analysts is a tribute to one of the many contributions that he made to MPI. This should be noted as one of the many ways that Psychoanalysis in Michigan has benefitted from his wisdom and dedication to our clinical efforts. I'm sure I speak for my colleagues who have all benefitted from his dedication and support."
Ivan Sherick, Ph.D.



"Although we have known this day was coming, it is still a shock and a source of great sadness. We have lost an inspirational leader and visionary and a great friend. Much of the success of our Institute is due to Marvin's future-looking and creative planning. I will miss him and so will we all. My condolences to Tami and his family. Rest in peace my friend. Your legacy lives on."

Ronald M. Benson, M.D.

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Marvin Margolis, M.D., Ph.D. Some Personal Reminiscences by David Dietrich, Ph.D., Past MPI President (2011-2014)

I wish to share some of my recollections of Dr. Margolis to celebrate him. This is not a curriculum vitae and we are all mourning his great loss in our own way and collectively.

I first met him a little less than fifty years ago when I moved to Michigan from Chicago to do a postdoc fellowship at the Detroit Psychiatric Institute, a teaching hospital of WSU Psychiatry Department. Although I didn't realize it at the time, he was a relatively young analyst and I was in my twenties. There was a case conference where Dr. Margolis presented a complex and challenging analytic case and Deedie Holtzman would attend (she was a candidate at the time) and Mayer Subrin was the TA and I learned much from Marvin's style of analysis.

Dr. Margolis perfected the art of curiosity in clinical psychoanalysis in my view.

Once he told me how he would help out in his father's dry goods store while growing up in Detroit and if a customer would come into the store and ask for a hat that wasn't available, his father would say "sure you can get that hat, come back tomorrow and you can pick it up." So the answer

wasn't no, we can't do that. Dr. Margolis made masterful and skillful use of that approach in his vast leadership and outreach activities.

The very successful and creative early admission program and clinical moment program which he started (and I was fortunate to help him establish and run) were both complex variations on his optimistic outlook.

Marvin told me he attended medical school not because it was his goal but rather because he deeply wanted to become a psychoanalyst and, at the time, that was required. He first earned his Ph.D. in clinical psychology from MSU and then attended medical school at WSU.

Dr. Margolis wasn't about self-importance or winning and losing. He was about helping. Helping and benefiting others: patients, candidates, colleagues, institutes and organizations and the community. He greatly helped vast numbers of people, near and far. He was loved by all. In our world this is rare. Marvin possessed a wonderful modesty and even though he was a far better analyst than most, he lacked any arrogance. This is also rare.

Many years ago, Dr. Margolis and I organized a symposium on psychoanalytic treatment of patients who experienced childhood sexual abuse and we each served as a discussant for our two invited analysts. Marvin decided the British analyst Brendan McCarthy ought to stay in my home and so our daughter was displaced from her room and she wasn't happy having a strange man sleeping in her room.

Dr. Margolis did not feel he was the fount of all knowledge. He was kind and gentle and always curious to learn more. He had that special twinkle in his eye. Extremely open minded, he loved to listen to analytic presentations and he loved to read.

Years ago, we participated in a program at the IPA Mexico City meetings and one afternoon we spent hours in the Museum of Anthropology appreciating and talking about these fascinating cultures and history from an analytic lens. He was always excited to learn about different cultures. He loved the Stratford Festival and gardening. Dr. Margolis brought his limitless interest and appreciation of theater, cultures, literature, and religion to his deep understanding of the human mind and experience.

In the mid-nineties when I quoted Einstein in remarks at my daughter's Bat Mitzva and the rabbi didn't approve of my quotation, Marvin was tactfully critical of the rabbi!

Merely because an analyst published often did not impress Dr. Margolis. For Marvin it was all about the analyst's actual clinical work and what kind of human being they were. He had little patience for pomposity or arrogance in anyone and he was an excellent and incisive judge of character.

Marvin was famously known to make late night phone calls and he once shared that he didn't call as late as Otto Kernberg – he didn't call at 2:00 or 3:00 am!

Dr. Margolis was a master of being able to engage someone right where they were. He was deeply compassionate and extremely bright and he could effortlessly size up an analyst according to their capacity. Marvin was the psychoanalyst's analyst and people consulted him from far and wide.

Analysts generally don't find talking about love very fashionable but I have come to realize that the myriad activities Marvin was involved in – practice, supervising, teaching, leadership, outreach, friendship, etc. were all various manifestations of his great love and kindness.

Dr. Margolis was very wise and he was not about materialism. He prioritized psychoanalysis and the mind and reducing human suffering and benefitting others.

Shortly before I graduated from the Institute, I had a patient in analysis who experienced childhood parent loss and at that time my father was dying and Marvin softly encouraged me to share with the patient that my father was dying (the patient was responding to subtle changes in me because of my travels) and that deepened the analysis and I later presented that case at the IPA and to our Society. That was because of Marvin.

Marvin lived what Freud and Loewald were getting at in their analogy of how the sculptor (and analyst) can see potentialities in stone and (in a patient) that others cannot see and has not yet been brought out. He felt there was more to life than ordinary misery. He was endlessly generous with his time and he was spontaneously friendly and welcoming to all.

Many, many years ago, I stayed in his home while he was traveling to watch his children who were young at the time.

With Dr. Margolis you intuitively knew you were in the presence of a rare analyst – a rare person – not someone ordinary.

I remember once a colleague presented a paper that was essentially a homage to Paul Grey's style of analysis and after the discussion Marvin stood up and spontaneously began to casually mention that the patient isn't a cadaver, and that the analyst doesn't talk to a cadaver, and that the analyst isn't a cadaver talking to a cadaver and people in the audience began to chuckle and giggle. He had beautifully and elegantly captured something profound, precious and delightful in a few brief comments.

The terms sea change and paradigm shift (Kuhn) are sometimes thrown around but Dr. Margolis did in fact bring about a sea change and paradigm shift within American

psychoanalysis and within the American Psychoanalytic Association. He served as chairman of BOPS (the Board on Professional Standards) and as president of the American Psychoanalytic Association. He also served as president of the Michigan Psychoanalytic Institute and the Michigan Psychoanalytic Society. He cared deeply about standards and change simultaneously.

For years I was in a study group with Marvin and often when someone would go on and on about what they felt was important, Marvin would sit back and listen and eventually say in a few words what turned out to be more insightful and more profound.

Dr. Margolis planted many seeds and he brought to fruition many local and national gems. And although as a young candidate I had an official advisor, Marvin was my actual advisor and mentor. Over decades and during countless hours that we spent together doing clinical moment and early admission programs and driving to EC meetings and discussing cases I continued to learn from him. I felt immensely fortunate and grateful to continue to benefit from his insights. We co-taught many courses together.

When I served as MPS president it was my honor to establish the Marvin Margolis, M.D., Ph.D. Award as a small gesture of appreciation for all that he did for so many.

Performing outreach consultations for large numbers of institutes as part of the IPA committee, I was fortunate to watch him in action and help him benefit so many places, candidates, and faculty. A few institutes were even brought back to life.

Dr. Margolis' perspective was vast. The world was a better place with him. We are all better human beings because of him.

Marvin's passing is the end of an era. We can take some comfort that he will continue to inspire us and serve as a model. Our thoughts and prayers go out to his beloved Tami, and his children and their spouses, and grandchildren, and to all who loved him.



Marvin Margolis, M.D., Ph.D.

A Note on Aggression, Disagreement, and Disillusionment in Psychoanalysis Today



Gerald Melchiode, M.D.
Supervising Analyst
Michigan Psychoanalytic Institute

Respected and loved psychoanalyst, Marvin Margolis, M.D., Ph.D., leads with equanimity, and is the bulwark for our Institutional conscience. He has recently been working to create an ethics forum that would stimulate conversations about the ethical principles that guide our organization. This essay, by Supervising Analyst, Dr. Gerald Melchiode, represents the first in what is hoped to be a lively exchange of ideas to help us to process the current situation

in our Institute. Dr. Melchiode dedicates this essay to Dr. Margolis.

Aggression

A candidate recently shared with me what they heard on a podcast with Harvey Schwartz and Fred Busch. Busch wondered whether the current emphasis on diversity and inclusion is distracting candidates from the primary work of psychoanalysis, where he said psychoanalysis becomes more interpersonal and more interactive. As important as the focus on diversity and inclusion is, it may contribute to the candidate's resistance from the primary directive of analysis. I say "may" because I have noticed this tendency before the current emphasis on social issues. The candidates move away from helping the patient understand how their mind works. I have seen some candidates have a fear of hurting the patient by explaining something painful that the patient is trying to hide from themselves. Some factors that play a role: the candidate's own personal inhibition toward their own aggression, and the professional socialization where the therapist is trained to be always helpful and to make the patient feel good. In one setting where I supervise residents in an outpatient psychiatric clinic, all patients fill out a satisfaction survey after each session. Maybe it's not

dealt with in a candidate's own analysis. Or the last one that I think is important because it's voiced often by candidates: fear if one hurts the patient, the patient will bolt and the candidate will lose a control case and not graduate.

Today, even some terms and concepts are to be avoided. Terms like conflict and theories that emphasize conflict are out of fashion. It is safer to dwell in the theoretical garden of attachment, empathic understanding, and the holding environment which lends itself to a technique: kind patient listening maybe with some problem solving and supportive comments thrown in. Resistance is another term which has come to mean that the patient is not cooperating. Confrontation has come to mean a head-on collision of sticking the patient's nose in something unseemly. Negative transference is not interpreted which incidentally leads to the very thing that candidates fear. One of the main reasons for patients fleeing analysis is that the negative transference builds up, is never interpreted, and the patient acts out on it. As if these terms are infused with unbridled toxic masculine aggression, dominance, and competition. Perhaps it is not just some candidates that are overly sensitive to aggression. It could also be their patients. They could seem to have much more severe psychopathology caused by trauma, abuse, neglect, and empathic failure.

In doing supervision with my candidates, I have had to change the terms that I use. Instead of conflict, I will raise the question, "What do you imagine the patient is hiding from themselves?" Instead of resistance, I will point out that something seems to be getting in their way. For confrontation, I will talk with the candidate about sharing an observation or a contradiction with the patient. When it comes to the negative transference, there's no beating around the bush. You have to call a spade a spade. Because if you don't bring it up, the message is that there are some things that are much too dangerous to talk about and should remain unspoken. When it comes to the uncomfortable counter-transference, the candidate needs to embrace it, entertain the possibility that it's part of a dance that's going on between the patient and the analyst, and, if it is, to fold it back into the therapy. Not every trainee can do this.

What is the problem with aggression? Analysts have no trouble writing about aggression but some analysts are afraid to enter the dark world of aggression. Marcovitz (1973) saw

it as an essential part of human adaptation. He used it as an umbrella term for a list of behaviors. It was a modulator, to Marcovitz, not a switch. At one end was curiosity progressing to self-assertion, then dominance followed by exploitation, and then hostility and violence. For some, it IS a switch. Take for example, curiosity. Some candidates cannot allow themselves to be curious about their patients' sexual lives including their sexual fantasies. I don't believe that one's sexual imagination is any more important than any other part of their mind. It goes unexamined as if engaging the patient in the exploration of their sexual imaginations amounts to an aggressive shameful intrusion. I have read graduation case summaries where the patient's sexual life is not analyzed, and for that matter, not even mentioned. Our job is to help our patients to understand what they are hiding from themselves. It is necessarily painful. Freud wrote that the greatest achievement for a person is to be honest with themselves. We are the messengers of the painful unconscious. There's why our patients want to shoot us. It is said that psychoanalysis brings out the worst in people. When a ship pulled in to New York Harbor to bring Freud and Jung to give the lectures at Clark University, Freud and Jung were standing at the railing, and Freud said to Jung, "They don't realize we're bringing them the plague."

Disagreement

Problems around disagreement go back to the very beginning of psychoanalysis. Freud (1953/1900) wrote, "As I have long recognized, to stir up contradiction and arouse bitterness is the inevitable fate of psychoanalysis." Later he wrote, "An intimate friend and hated enemy have always been indispensable requirements for my emotional life." There's an essay by Freud (1953/1914) titled, "The History of the Psychoanalytic Movement." Why the word "movement"? Why not "The History of Psychoanalysis"? Or "The History of the Science of Psychoanalysis"? The word "movement" is a political term. The definition of movement is a group of people with a particular set of aims and ideas. Freud had a problem especially with his disciples who disagreed with him. But it was not a problem enough for Freud to split with Jung when Jung had a sexual relationship with his patient Spielrein. Freud was satisfied with Jung's explanation that he had smoothed the matter over with Spielrein's mother. Freud blamed Spielrein and the nature of women. It was when Jung disagreed with Freud's theory that Freud ended the relationship.

Adler was the first disciple that Freud split with in 1911. Adler focused on social and cultural aspects. Freud put

more emphasis on the sexual drive as a motivator for the mind. Adler put more of an emphasis on conscious precursors and interpersonal and social influences. Why could it not have been dealt with and discussed or worked out on an ad hoc basis? It became ad hominem. Ernest Jones (1955), Freud's official biographer, made fun of Adler's looks, called him morose. And criticized his personality, called Adler cantankerous. Jones formed a group of Knights Templar where Freud gave secret intaglio rings not to serve as a welcoming committee of the IPA [International Psychoanalytic Association] but to call out and combat dissidents.

Why do analysts have trouble tolerating disagreements? And why can't it be dealt with on an ad hoc level? It quickly becomes ad hominem. If someone disagrees with and misunderstands certain analysts, these analysts quickly accuse the other of defamation. I have seen this in the classroom and in supervision. Candidates are afraid of disagreeing with faculty. They get branded as troublemakers and emotionally unstable. They share that they keep their heads down and develop a prisoner's attitude. "Let me do what I need to do to graduate." One candidate told me they trust some faculty but not others. But they admit that even with the faculty they trust, that if there is a problem with that person, the Institute would back the faculty member. Consequently, it is difficult to obtain frank evaluations of teachers, and impossible to get candidates to evaluate supervisors especially since the supervisor is a gatekeeper for progression and graduation.

We like the catchy phrase "fight or flight." It rhymes. Candidates are afraid to fight and also afraid to flee because they put so much time and money and energy into their training. But there's a third door off in the corner. It's not as clearly marked but it's often used. It's labeled "passive submission." And there's a price to pay to go through that door. The price is resentment. This is the option often taken and is one of the reasons that many candidates do not stay connected to the Institute after graduation. I could understand the sensitivity of candidates but where does the sensitivity come from in the faculty? They're secure in their position at the Institute. I find along with Kernberg that the greatest sensitivity comes from the ruling elite of the faculty. Kernberg (2014) calls out TAs [Training Analysts] as the biggest offenders in the Institute. It makes sense. The TA castes have all the power and thus are more likely to corrupt it. The lower castes have no power to corrupt. One might think that aggression comes from someone who has low self-esteem, and, of course, there are examples of this with someone who has nothing to lose,

has their back against the wall, and is threatened. Then they become violent. But that equivalent doesn't exist in a psychoanalytic institute. More commonly, it comes from those who have higher self-esteem. More precisely, according to Baumeister, Smart, and Boden (1996), aggression and violence are more related to those with an unstable high self-esteem who perceive their egotism threatened. They cannot tolerate any criticism and admit to any imperfections. We see this in national leaders who corrupt the system to get back at someone who disagrees with them or slights them. Thus, the more authoritarian a person is, the more sensitive they are to criticism.

Candidates should be able to disagree, and be empowered to disagree. In an orientation to a class or supervision for that matter, they should be invited to disagree. In an opinion piece in the New York Times, Stephens (2023), in an address to students at his alma mater that was titled, "Go Forth and Argue" said, "Serious education is impossible except in an environment of unfettered intellectual challenge, an environment that in turn isn't possible without opportunity to encounter people and entertain views with whom and with which you might profoundly disagree." Faculty need to get over themselves. The candidates' education is more important than our own egotism.

Disillusionment

Disillusionment is defined as a feeling of disappointment to something or a discovery that something is not as good as one believed it to be. Disillusionment is part of the human condition. You have to tolerate disillusionment in order to give up our neurotic expectations to arrive at a position we can accept that things will never be as good as we expect them to be. I am reminded of the words of Mick Jagger "that you can't always get what you want, but sometimes if you try hard, you find that you can get what you need." So how does this apply to psychoanalytic education? One principle to keep in mind: the higher the idealization, the greater the disillusionment. This condition comes out of the fact that the training for many candidates is a highly charged idealized state. Analysis itself is mysterious. "How will I ever master it?" I just tell them to look around. All the faculty are doing it. How hard can it be? So, in this vulnerable state, they enter their own analysis. The more vulnerable they feel, the more they need to idealize the analyst. If the analyst exalts in this glorified fantasy, it does not get analyzed. This idealization can also be displaced onto their teachers and supervisors. And the teachers

and supervisors feed into this by handing down the great truths that the candidate has to accept without question. Somewhere during their training, candidates realize that what they are experiencing is more like making sausages than solving Fermat's Last Theorem. Their own analysis is not the greatest show on earth but it can be good enough. The classes are a mixed bag. Some teachers are not very effective and nor is there much incentive for them to improve. They worry about their supervisors that they will be found to be incompetent, and the control cases are next to impossible. They also find they are stumbling around in the dark, but that's reality. This is the way things analytic are.

I hope that at the end of the training the candidates have learned a great deal and are convinced of the unique usefulness of psychoanalysis and continue to be fascinated and curious about all things psychoanalytic. I am afraid that this is not always the case. Many graduates do not continue to do psychoanalysis, and become estranged from the Institute.

Another phenomenon that needs to be mentioned that plays a role is the disillusionment in the organization. All organizations are formed to serve an altruistic aim and to take care of the needs of its members. As the organization evolves, the power begins to reside in a subgroup. When this happens, the focus and energy of the organization begins to shift away from the members and the original aim to preserving the power of the subgroup and protecting the reputation of the organization. This can negatively affect the morale of the group and negatively affect recruitment. Faculty need to regard the candidates' educational needs and safety as important or more important than their own self interests.

Lastly, some measures to consider that might help. Some have already been mentioned.

1. Help candidates to be more curious and assertive in exploring aggression in their patients.
2. Demonstrate to candidates how to observe and share with the patient complex resistances and confrontations, and how to explain to the patient how their mind works.
3. Help the candidate to allow negative transference and difficult counter-transference to develop, and help the candidate to embrace it, process it, and see where it leads.
4. Help the candidate to interpret the negative transference in a way that invites the patient to be curious about it.

It would help for the faculty to develop a more collaborative approach to classroom teaching and supervision. When there is a teaching and learning alliance, the patient or subject is put in the middle, and both student and faculty revolve around the middle helping each other to understand the subject or the patient. Faculty can still be an authority without being authoritarian. Faculty should invite candidates to disagree and be critical in seminars and supervision. It can often be quite revealing and surprising where it could lead, to be a good way of discovering impasses and working through them.

There needs to be more transparency in the Institute. Why do things need to be kept secret? It's not that way in most academic institutions where problems are hashed out and protested and resolved in a public square at a college. Unlike in a general university, at psychoanalytic institutes students and faculty are muzzled. They leave everyone at the mercy of their own fantasies. Who are the victims? Who are the perpetrators? Could be anyone. How do we warn the students of the danger? And when there's trauma and no collective acknowledgement of it, how does the victim receive support from the group, and how does the group process what happened? It leaves the group with the message that some things are too dangerous to talk about. It is the same message in analysis where the negative transference is not observed, explained, and interpreted. By remembering and being open and truthful about our traumas, we reduce the chances we will repeat them. It may help if the Institute had a Board of Directors in place to oversee the workings of the various parts and functions of the Institute to ensure that the Institute complies with its policies and also makes sure that its shareholders are treated fairly. A politically disinterested board may be able to see things more clearly than the ruling body of the Institute who have emotional and dynamic entanglements with each other, and have long-standing conflicts of interest.

All of the above are just my opinion born over the years of being a member of four different institutes, president of three different psychoanalytic organizations, and president of one national education organization; director of two psychiatric department programs, and the first psychiatric consultant to regional federal agencies. I have also been a site visitor to a number of institutes. I have had a long time to think about how organizations use authority and power, and how they corrupt it. I could be completely wrong. It won't be the first time. I invite you to disagree, and I hope that my ideas will lead to further

discussion and a more egalitarian approach to teaching and learning, and a better and more constructive way of relating to each other.

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What Becomes of the Graduated Candidate?



Kristen Miller Beesley, Ph.D.

Kristen Miller Beesley, Ph.D.

If a candidate graduates mere weeks into a global pandemic (April 14, 2020 to be exact), and that pandemic causes the annual dinner to be postponed for a virtual end of summer gathering; and then said candidate, two days prior to the rescheduled virtual graduation, is told by hospice nurses that her father has just hours to days left to live,

so she decides this makes it impossible to consider actively participating in the virtual event:

Did she actually become an analyst?

My chance to give a right-of-passage graduation speech undoubtedly passed, but something has vaguely gnawed at me, asking for a reference point, some demarcation, to mark my transition from candidate to graduate. I also wished to publicly thank those who've helped me along the way. I pulled up a commencement speech I'd started in August of 2020. Rereading my words from only three years ago, I did not fully recognize the author's (me-then) voice, which came as a surprising relief and an inspiration.

Humphrey Morris writes about the "the analyst's offer," the term he uses to describe an analyst's invitation to a patient to engage in analysis. This offer is inherently enigmatic, seductive (in the infantile sense), and a one-of-a-kind proposal. The patient generates their own understanding of why this offer was made and what it means. Neither party can be absolutely certain of how things will go. In retrospect, the invitation to engage in analytic training, and my acceptance, feels much the same. I had only an idealized idea about what I'd enthusiastically signed on for, and really no sense to even imagine the complexities beyond those generally expected when you commit to an academic program.

My first invitation to train came by way of Nancy McWilliams in graduate school. I devoured McWilliams' books, and to this day I still recite certain parts and teach from her texts in my beginning psychotherapy courses. In my mind, McWilliams was my first analyst. The ease with which she wrote about the mind's depth, and her intrapsychic explanations about behavior (read: my behavior and the behavior of those around me) satisfied a craving I hadn't even yet known I had.

McWilliams made becoming an analyst seem irresistible, even when she was also writing about how hard the work could be.

My next invitation, as was the case with countless others before me I'm certain, came from Dr. Marvin Margolis. I still remember my first call with Dr. Margolis (I'm still too deferential to refer to him as Marvin). During this call, he explained to me the easiest pathway for becoming an analyst. In what I came to know as his characteristic way of finding an optimistic solution for any problem that may interfere with analytic training, yet also peppered with ad hoc advice to help stave off the nay-sayers, he laid out the details. Having just completed my Master's Degree but still working on my Doctorate, and at 26 years old, I accepted the invitation to become a psychoanalyst.

Dr. Margolis' informal recruiting and mentorship transitioned into a more formal role as my advisor. He maintained an everlasting belief in me and my capabilities from my start in the early admissions program, through my meandering part time candidacy, absences and returns for maternity leaves, and my eventual commitment to full time status. He held hope when I didn't, summoning me back when I was ready to flee. Dr. Margolis called (usually after 9pm of course) when an idea struck him that he thought could help me. Initially, I was frightened of those interactions, worried that my ambivalence would be sensed with his keen analytic ears, and I would be "found out" as an imposter.

At one point in my progression, when I had one foot out the door, I received one of those night time phone calls out of the blue. It started with, "Heya, Kristen. Marvin Margolis. I figured out your problem. (Dramatic pause) You need conviction. And you don't have it. You can't do this work without conviction." He went on to tell me some about his own grappling with institutional psychoanalysis over the years and the ways he sustained his own convictions. The non-judgmental way he communicated to me my "problem" was a gift. I had been "found out", and I had not been tossed out.

In addition to Dr. Margolis, there are a few others who fundamentally changed the course of my training, for the better. Dr. Deborah Harms was my first supervisor in graduate school. Her even presence, and belief in my talents provided me with an incredibly affirming experience in my psychoanalytic nascence. Similarly, Dr. John Porcerelli contributed substantially to my early training in his role as my psychoanalytic research mentor. Together, we administered and listened back to hundreds of hours of taped early memories and thematic material. The manifest goal was to teach me how to code for psychoanalytic concepts; but as a result, I experienced psychoanalytic listening, live, helping me to tune my own clinical instrument.

In candidacy, Dr. Nancy Kulish, as my first and most long-

standing supervisor, taught and mentored me in a way that recognized the limits of where I was at any given time, but also didn't ease up to avoid (my) discomfort. Dr. Sally Rosenberg patiently supervised one of my most difficult cases, and did so in a way that didn't demand idealization or use fear as a teacher; rather, she allowed me to simply 'be' and experience myself as an analyst encountering challenging material. Dr. Dwarky Rao challenged me, yet at the same time supported me when I took a different approach (my favorite example of this dialectic: "Now, look, I wouldn't have said that. But it worked. Now you have a patient!"). Lastly, I owe considerable gratitude to Dr. Lena Ehrlich. When met with a few crucial crossroads during candidacy and beyond, Lena, first as CPC chair, and then as a consultant, helped me in a way that reflected her tremendous skill as an analytic thinker, bundled with the integrity and humble wisdom that encompasses her mentorship.

In what I imagine is a less-than-typical three years post-graduation, there's been a global pandemic, my father died, I've worked toward raising young children in 'unprecedented times'; there's political unrest, a racial reckoning, and I've found institutional psychoanalysis is struggling to provide the solid external foundation to sustain me.

Rereading my voice from three years ago, and knowing what I felt to be true-enough then, and countering that with how I know myself now, I'm reminded of what internally sustains my conviction in this work. (Look, Dr. Margolis, I did finally find my conviction!). Becoming an analyst happens moment by moment, instance by instance, with each encounter with myself and my patient. There was something, for me, that required me to see analytic training and analysis as journeys with destinations, in order to even begin them. I now find more sustenance with the belief that I will never arrive at an ending point, which provides an exhilarating invitation to keep becoming. (Here, I must also send a special nod to another mentor, Avgi Saketopoulou, who has been instrumental in challenging me to use theory with integrity, but not to let theory tie me up in knots.)

I'd like to end by expressing my boundless gratitude to my family— particularly my children. All three of were born during my candidacy. I made the decision to train before they were embodied, but some idea of their existence was always in my mind. While I tried to minimize the impact, they undeniably received less of me because I decided to continue my analytic training after they were born.

I would like to hope that one day they understand that ultimately, I made the decision to continue in training so they could have more of me. But I make peace knowing that the understanding is theirs to translate from their experiences of the me of then, the them of then, and in the now and beyond, we will all continue to become.

Morris, H. (2016). The Analyst's offer. *Journal of The American Psychoanalytic Association*. 64(6), 1173-1187.

MPI's Visiting Professor of Psychoanalysis 2024 for the week of March 18, 2024



We are pleased to announce Steven H. Cooper, PhD as our 37th Visiting Professor of Psychoanalysis. He is nationally and internationally known in the psychoanalytic community. He is training and Supervising Analyst at the Boston Psychoanalytic Society and Institute and the Columbia Center for Psychoanalysis. He is a Clinical Professor of Psychiatry at Columbia University and on the faculty at New York University Postdoctoral Program in Psychoanalysis. He

currently maintains a full-time practice in New York. He served as joint editor in chief of *Psychoanalytic Dialogues* from 2007-2012 and is now chief editor emeritus. He served multiple terms on the editorial boards of *The International Journal of Psychoanalysis* and *The Journal of the American Psychoanalytic Association* and is a consulting editor for *Contemporary Psychoanalysis*. In 1989, he won the JAPA prize for best paper of the year.

Dr. Cooper is the author of over one hundred articles and four books in psychoanalysis: *Objects of Hope: Exploring Possibility and Limit in Psychoanalysis*; *A Disturbance in the Field: Essays in Transference-Countertransference*; *The Melancholic Errand of Psychoanalysis: Exploring the Analyst's Relationship to the Depressive Position*; and his newest titled, *Playing and Becoming in Psychoanalysis*.

The overarching theme of his work over the last eight years has involved developing a contemporary theory of play as the underlying logic of psychoanalysis with adults. He relates this to the notion of the psychoanalytic setting's ability to hold paradox, best embodied in the way that transference is both real and unreal. He has tried to develop the ways that play is related to enactment, transference-countertransference phenomena, conflict, and unconscious fantasy. Advancing his work on play, he will present his paper, "Further Thoughts on the Activity of Neutrality: Guardianship of the Setting and the Holding of Paradox."

The second theme of his visit connects to how varieties of personal isolation enter Oedipal conflict. While personal isolation is often associated with schizoid functioning, he observes unique elements of isolation in Oedipal fantasy that he will develop, noting how play is also important in understanding work with these patients in his paper entitled, "The Virtual Oedipal Citadel: Isolation, Oedipal Conflict, and Cover-up."

He will be offering additional papers, presentations, and case consultations, not only with MPI and MPS, but also several other clinics and health care systems. He will be reaching mental health care trainees, faculty, academics, and community clinicians in clinics and hospital systems around southeast Michigan and, with hybrid offerings, the wider psychoanalytic community.



Michigan Psychoanalytic Society and Institute

Program Schedule for 2023-2024

Hybrid (unless *noted otherwise) • Link to meetings will be emailed prior to each meeting.



October 7, 2023

4:00 PM

State Theater

Ann Arbor, MI

*In-Person

“For the Left Hand”

A documentary film about resilience and the power of music in the shadow of trauma

Note: No CME/CE credit hours will be given.

(Further information forthcoming)

October 21, 2023

2:00 – 4:00 PM

The Internal Developmental Experience of Parents Who Have a Gender Variant Child

Barbara L. Gamble, M.S., L.L.P.

Discussant: Hannah Wallerstein, Ph.D.

November 18, 2023

2:00 – 4:00 PM

Some Thoughts on Retirement, Mortality and Aging

Jean-Paul Pegeron, M.D.

Discussant: Harvey H. Falit, M.D.

December 2, 2023

2:00 – 4:00 PM

Panel Presentation

Thoughts on Clinical Psychoanalysis East & West: Emerging Issues, Challenges and Synchronicities

David R. Dietrich, Ph.D.

Introductory Comments

Dwarakanath G. Rao, M.D.

To Belong and to be an Individual – Universal or Culture -Bound Conflict?

Youngsook Park, M.D.

The Self-Depriving and Adrift Analysand; Challenges in the Analysis of an

American Man Living in Korea Conducted in English

Melvin Bornstein, M.D.

January 13, 2024

2:00 – 4:00 PM

Oedipus in Contemporary Psychoanalysis

Nancy Kulish, Ph.D.

Discussant: Kristen Beesley, Ph.D.

March 9, 2023

2:00 – 4:00 PM

Deanna Holtzman, Ph.D., Paper Prize Presentation

An Exquisite Corpse: The Aesthetic Mourning of Francesca Woodman

Adele Tutter, M.D., Ph.D., (New York) winner of the sixth annual Deanna Holtzman

Interdisciplinary/Applied Psychoanalysis Essay prize

March 18, 2024

6:30 – 9:30 PM

*In-Person

Dinner and Presentation

Visiting Professor, Steven H. Cooper, Ph.D. (New York)

(Title TBD)

March 23, 2024

11:30 AM - 1:30 PM

MPI Open House

March 23, 2024

2:00 – 4:00 PM

Visiting Professor, Steven H. Cooper, Ph.D. (New York)

Title: TBD

April 20, 2024

Time: 8:30 AM – 4:30 PM

Charles H. Wright Museum

47th ANNUAL SYMPOSIUM

Presenters: TBD

Title: TBD

May 4, 2024

2:00 – 4:00 PM

Title TBD

Salman Akhtar, M.D. (Philadelphia, Pennsylvania)

May 18, 2024

2:00 – 4:00 PM

The Patient Speaks: A Phenomenological Exploration of the

Patient's Experience of Psychoanalysis

Katherine Williams, Ph.D. (Chicago, IL)

Discussant: Nancy Kulish, Ph.D.

328 Middlebelt Road., Suite 411, Farmington Hills, MI 48334 248-851-3380

3300 Washtenaw Avenue, Suite 270, Ann Arbor, MI 48104 734-213-3399

Website: mpi-mps.org

New Graduates in Clinical Psychoanalytic Training



Barbara L. Gamble, M.S., LLP

Barb Gamble sees children, adolescents, and adults in her psychoanalysis and psychotherapy practice in Ann Arbor. She enjoys teaching, supervising, and writing, and is excited to be presenting her paper, "The Internal Development Experience of Parents Who Have a Gender Variant Child" at MPS this fall and for its upcoming publication in *Psychoanalytic Inquiry*.

Barb majored in Psychobiology at Oberlin College, with an emerging interest in mind/brain connections. After college, she taught special needs children, studied endorphins as a research assistant, and worked as a neuropsychology technician before earning her MS in Educational Psychology from the University of Wisconsin—Madison. She was a stay-at-home mom for ten years, teaching Lamaze Childbirth classes, volunteering in her children's schools and neighborhood, and immersing herself at Allen Creek Preschool in Ann Arbor—as a parent, teacher, family consultant, and executive director—discovering a profound interest in psychoanalytic perspectives on child and parent development. This inspired her to pursue an MS in Clinical Psychology from Madonna University and to begin psychoanalytic training. Barb deeply appreciates her village of family, friends, colleagues, and her analyst as she has established the foundations of her career in psychotherapy and psychoanalysis.



**Nancy Dolan Dietrich,
Ph.D., M.S.W.**

As she began reading different foundational, "classic" books in the psychoanalytic literature, such as Lindner's "The Fifty Minute Hour," Ralph Greenson's book on psychoanalytic

technique, and Anna Freud's writing on defenses and child development, she became increasingly aware that the therapeutic relationship and the uncovering of unconscious motivation was profoundly important and where she wanted to devote her professional work. She returned to graduate school and completed the doctoral program in Clinical Psychology at the University of Michigan Department of Psychology. Raising her children while finishing up her doctoral program inspired her dissertation work on the transition to motherhood and career choices.

Her training and experience include positions as a therapist and supervisor at the University of Michigan Department of Psychiatry, Outpatient Child and Adolescent Service, University of Michigan Psychological Clinic, Hawthorn Center, clinical supervisor in the University of Detroit Psychology Doctoral Program Psychological Clinic and many years in private practice.

Currently, Dr. Dietrich continues working with patients in psychoanalysis and analytic psychotherapy in a solo private practice in Birmingham. Along with her husband, David Dietrich, a psychoanalyst, she enjoys visiting their adult daughters, and their families on the East Coast, hiking in scenic wilderness areas, reading, good science fiction, and discovering new hobbies.



Carole West, Ph.D.

Carole West Ph.D. is a Clinical Psychologist with a private practice in Chicago, IL. She first earned her degree in Electrical Engineering from MSU in 1982 and worked as a computer programmer for 10 years at Unisys Corporation until the demands and challenges of her young children led her to focus her energy at home. From these experiences and many more, Carole made the decision to return to school and received her Ph.D. in Clinical Psychology in 2009 from EMU.

Carole's graduate studies were primarily cognitive-behavioral in both conceptualization and intervention, but she began exploring psychodynamic components of her clinical work while on internship at the Detroit VA as well as her postdoctoral work at the Ann Arbor VA. But it was Carole's experience in her own personal analysis that led her to pursue training at MPI. She completed the Advanced Psychotherapy Program in 2014 and is very pleased and proud to have graduated as an Adult Psychoanalyst from MPI this year.

Although she recently moved to Chicago to be closer to family and will miss seeing her friends and colleagues as frequently, she remains licensed in Michigan, a member of MPI, and will teach the trauma course in the ACAPP program this academic year.



Sylvia Delgado, M.S.

Sylvia Delgado, MS was born in Lima, Peru and immigrated to the United States in 1982. She received her BS in Psychology at Universidad Femenina de Sagrado Corazón in Lima, Peru and her MS in Psychology at Eastern Michigan University. Her vibrant practice currently consists of 50% Spanish-speaking patients and she takes pride in her role as one of the only Spanish-speaking psychoanalysts in Michigan. Having entered the Michigan

Psychoanalytic Institute in 2007, Sylvia has completed all of the programs offered, culminating in her recent graduation as an adult analyst. She enjoys participating in FEPAL conferences, a non-profit organization that brings together all Latin American psychoanalytic institutions recognized by the International Psychoanalytic Association. When she is not working, she loves to travel with her husband and spend time with her newborn grandson.

New Graduate in Academic Psychoanalytic Training



Peggy D. Elson, Ph.D.

Peggy D. Elson earned her Ph.D. in Reading Education from Oakland University. She worked as a literacy consultant, reading coach, Reading Recovery teacher and classroom teacher in the Utica Community Schools. During her career as an educator, she wrote several grants supporting literacy and technology in the classroom. Dr. Elson co-authored a series of books aimed at teaching writing to elementary school students. She also taught numerous

writing workshops for students and teachers ranging from preschool through graduate school and conducted a summer writing clinic at Oakland University.

Dr. Elson served as the MPI Candidates Organization Treasurer and the Finance Committee Candidate Representative for three years. During her training as an MPI academic candidate, she experienced many highlights and learned important life lessons including: the transformative power of psychoanalysis both personally and professionally; the value of belonging to an international cohort of clinical and academic candidates; the powerful connection between writing and psychoanalysis; and the opportunity to rediscover her love of writing culminating in writing a book entitled *No Room For David* as a result of her training and course work. Peggy enjoys reading, writing, book clubs, meditation, walking, classical and pop concerts, gardening, cooking classes, psychoanalytic study groups and time with her cats Zoë and Noah.

A poster for Tuition Support for Academics. It features a dark purple background with colorful book spines and a globe. The text reads: "Tuition Support for Academics", "Grants are awarded to take courses at APsA-approved institutes. Amounts have ranges from \$100 to \$750 and are paid directly to the institute.", "DUE SEPTEMBER 30, 2023", "WWW.APSA.ORG/FELLOWSHIPS-AWARDS/TUITION-SUPPORT-FOR-ACADEMICS", and the APsA logo (American Psychoanalytic Association).

Graduates of Adult and Child/Adolescent Advanced Psychodynamic Psychotherapy (ACAPP)

ACAPP is a one- or two-year program, designed to improve therapists' clinical skills and to demonstrate the usefulness of applying contemporary analytic thinking in a wide variety of situations. Gail van Langen, Ph.D. and Deborah Harms, Ph.D. are Co-Directors of the program. Certificates for completing the full two years were awarded to America Gasca, L.M.S.W., Zalman Pollack, L.M.S.W., Anna Wellemeyer, L. M.S.W., Michael Carroll, L.M.S.W., Takako Benn, M.D., and Angela C. Eke-Usim, M.D.

Teaching, Society, and Service Awards

This year's Annual Dinner was held on June 4, 2023 at the Michigan Union Ballroom in Ann Arbor. Three faculty members were recognized by candidates for excellence in teaching. Several Michigan Psychoanalytic Society Awards were presented. Many faculty members were recognized for their years of service.

Teaching Awards

First year candidates recognized **Nancy Kulish, Ph.D.** for her teaching of the course, "The Beginning of an Analysis."

Third year candidates recognized **Mel Bornstein, M.D.** for his teaching of the course, "Clinical Process & Six-Month Summaries."

Fourth year candidates recognized **Hannah Wallerstein, Ph.D.** for her teaching of the course, "Clinical Perspectives on Severe Psychopathological Cases."

Society Awards



Kerry Novick and Jack Novick, Ph.D.
The Marvin Margolis, M.D., Ph.D.
Community Service Award.



Richard Balon, M.D. (with MPS President, Susan Flinders).
Distinguished Friend of Psychoanalysis.



Michael Singer, Ph.D. (with MPS President, Susan Flinders).
The Harold Taylor, M.D. Award

Service Awards

The Michigan Psychoanalytic Institute Award of Distinction was given to **John Gilkey, M.D.**, President of the Institute and Chair of the Educational Committee 2020-2023 in recognition of the highest level of leadership in the promotion of the Institute's goals.

The Michigan Psychoanalytic Foundation and Institute recognize **Jane Miller, J.D.** with grateful appreciation for your dedication and guidance as MPF Treasurer 2011-2023, and many years of service as Building Committee Co-Chair and member of the Ethics and Holtzman Scholarship Committees.

The Michigan Psychoanalytic Institute recognizes **Deborah Harms, Ph.D.** with great appreciation for your willingness to serve as Secretary of MPI's Educational Committee 2020-2023.

The Michigan Psychoanalytic Institute honors **Miriam Medow, M.D.** for your dedicated and outstanding service to our Adult Candidate Progression Committee 2018-2023.

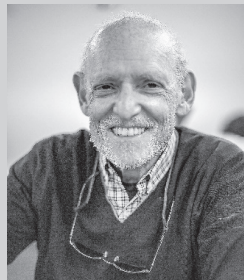
The Michigan Psychoanalytic Institute honors **Erika Homann, Ph.D.** in appreciation of your leadership of the Faculty Executive Committee 2020-2023, and dedication to the success of the Institute including your ongoing efforts with the website.

The Michigan Psychoanalytic Institute and Foundation recognize The Mel Bornstein Clinic (**Kristen Beesley, Ph.D., Clinic Director; Lorrie Chopra, M.S., and Marc Rosen, Ph.D., Co-Executive Directors**) formed by the Clinicians and Administrators who are an integral part of our educational and clinical community.

The Michigan Psychoanalytic Institute recognizes **Ronald M. Benson, M.D.** with deep appreciation for your thoughtful and dedicated leadership of the Faculty Selection Committee 2011-2023.

Susan Flinders, Ph.D., President of the Michigan Psychoanalytic Society thanks members of the MPS Executive Committee: **Elizabeth Weinstein, M.D., Kathy Moore, Ph.D., Margaret Walsh, Ph.D., and Rebecca Mair, Ph.D.**

Tribute to Dr. Levine



After a lively week of inspiring teaching, our 2023 Visiting Professor of Psychoanalysis Howard Levine, extended his generosity yet again in gifting the Kulish Psychoanalytic Library with four works. They arrived personalized, and I will take the liberty of sharing his

lovely inscription in his own Affect, Representation, and Language: "In honor of the memory of Mayer Subrin, Colleague, Friend & Psychoanalyst! With Warm Regards, Howard B. Levine, MD."

With appreciation, Sara Dumas, MD, Chair of MPI's Visiting Professor of Psychoanalysis Committee



Kulish Psychoanalytic Library

American Association of Psychoanalytic Education News

President Dwarakanath Rao, M.D.

Fall AAPE Webinar

Sociocultural shapers of internalization and identification:

The kaleidoscopic experience in the consulting room

Sunday October 29, 2023 • 12:30 pm to 3:00 pm EDT via ZOOM

This webinar will focus on the concepts of internalization and identity, integrating the sociocultural with the intrapsychic. One thread of the discussion will involve the inevitable tensions between sociocultural determinants and individuality in the context of an individual psychoanalysis. Clinical vignettes will be interwoven with a review of the relevant literature.

Presenters: Aneil Shirke, MD & Lee Ascherman, MD

Discussants: Dionne Powell, MD & Ira Moses, PhD

Moderator: Dwarakanath Rao, MD

2.5 CMEs/CEUs available

Registration fee is \$75.00 for those wishing to receive CEUs/CMEs

No registration fee for those not wishing to receive CEUs/CMEs

To register: go to AAPE-online.org and click on webinars.

Your registration and continuing education credits will be managed through the Cincinnati Psychoanalytic Institute (CPI). When you register, you will be taken to the CPI website in order to complete the registration process.

Our Diving-In Series: Launching Fall 2023!

The *Diving-In* Series is AAPE's newest on-line learning initiative. *Diving-In* offers participants in-depth psychoanalytic learning in an intimate and interactive atmosphere.

SAVE the DATES

Registration Information Forthcoming

Saturday November 4, 2023 -- 10 am -12:15 pm, EDT:

**Introducing IPA's Inter-regional Encyclopedic Dictionary of
Psychoanalysis (IRED):**

A Unique Fit for the Contemporary Pluralism of Psychoanalysis

Saturday November 11, 2023 -- 9:30-11:30 am EST:

INTRODUCTION TO PEP-WEB

Presenters

Orazio Cappello, Managing Director, Psychoanalytic Electronic
Publishing

Sophie Bennett, Research Editor, Psychoanalytic Electronic
Publishing

Content of Session: Signing into PEP-Web, Tour of Website,
Personalization, Q&A

**And STAY TUNED for additional on-line offerings including
classes and workshops.**

We welcome inquiries. Please email Elizabeth Wilson at elizabeth.wilson@yale.edu with any questions regarding participation, content, teaching.

Thank you, The *Diving-In* Series Committee

Chair: Elizabeth Wilson, M.D.

Committee members: Lee Ascherman, M.D., Dhipthi Brundage, M.D.,
Navah Kaplan, Ph.D., Dionne Powell, M.D., Katherine Williams, Ph.D.

NEWS AND ANNOUNCEMENTS

Julie Jaffee Nagel, Ph.D. is the author of the book *Career Choices in Music Beyond the Pandemic: Musical and Psychological Perspectives* published by Rowman and Littlefield on March 1, 2023. She was interviewed on a Podcast by Harvey Schwartz, M.D. titled "From Piano to Couch: Music Sounds Like Emotion Feels" about her careers in music and psychoanalysis and how she has blended both areas in her writing and outreach activities (view on APSA Members List). She also was interviewed by musician Wendy Peterson for a Podcast and a radio interview with Dave Wagner on WRCJ-FM about her new book. Dr. Nagel gave an in-person presentation on her book at The Juilliard School in April 2023. She was awarded a grant from the American Psychoanalytic Foundation to assist with her work on the intersections between music and psychoanalysis.

Jorgelina Corbatta gave the following presentations:

"Dialogue Between Manuel Puig's Narrative and Ferenczi's Intersubjective Therapeutic Technique." Ferenczi 150th Anniversary. International Conference. Budapest, June 9-11, 2023.

"Los cruces en la vida y en la obra de Sylvia Molloy." XLIV Congreso del Instituto de Literatura Iberoamericana "Cruces disciplinarios." Jul. 5-8, 2023. Universidad Nacional y Kapodistriaca de Atenas. Facultad de Filosofía y Letras Hispánicas.

Dr. Corbatta also presented a seminar on "Personality Disorders." By Zoom, Winter Semester 2023. CAPA (Chinese American Psychoanalytic Association); and a seminar on "Unconscious Fantasy." By Zoom, Winter Semester 2023. American Psychoanalytic Association. Co-taught with Dr. Nancy Kulish.

On May 18, **Dr. Harvey Falit** delivered a paper to the Canadian Psychoanalytic Society - Quebec English Branch; the topic was "Teaching and Learning the Psychoanalytic Process."

Publications

Broder, R. M. (2023) Growing a psychoanalyst. *Psychoanalytic Inquiry*, 43(4), 275-282. DOI: 10.1080/07351690.2023.2193538

Corbatta, J. (2023). Manuel Puig: Between pop art and psychoanalysis. In: J. De Castro & I. Lopez Calvo (Eds.), *The Oxford Handbook of Latin American Novel* (Chapter IV, pp. 738-755). Oxford University Press.

Corbatta, J. (2023, Julio-Septiembre). Locura, intertextualidad y anti-psiquiatría. Roberto Bolaño /Sophie Podolski. *Revista Iberoamericana*, Volumen LXXXIX(Número 284), 795-812.

Corbatta, J. (2023, Abril). Evocación personal de Manuel Mejía Vallejo. *Agenda Cultural* No 307. Medellín: Universidad de Antioquia, pp. 3-9.

Pivnick, B. A., & Hassinger, J. A. (2023). The relational citizen as implicated subject: Emergent unconscious processes in the psychoanalytic community collaboratory. In R. Kabasakalian-McKay, & D. Mark (Eds.). *Inhabiting implication in racial oppression and in relational psychoanalysis*. Routledge.



MPS President

Susan Flinders, Ph.D.

Dear MPS members and anyone who is reading this letter.

I sit here in the woods trying to ready myself for the coming year while grappling with the immense loss of Marvin Margolis, M.D., Ph.D. I cannot imagine our psychoanalytic society without him. Throughout the past year he called me at various times after our scientific meetings to tell me how much he had enjoyed the program. I would not be here without him and all he did to try to make APsA and MPS and MPI more welcoming spaces to LGBTQ+ people. Words are not enough to thank and bid farewell to our dear friend and colleague and a real leader in propagating psychoanalysis. Hopefully, we will do something together to commemorate his contributions.

By the time this newsletter reaches you we likely will have completed our election for officers. This election is a first for over a decade. According to the bylaws we are supposed to be having these elections, so better late and imperfect than never. This time we are late and do not have slots for every Officer. A first, for our Society, we are electing a President Elect. Somehow this was missed in the past and I don't recall this happening in the Society but it is part of the bylaws. After two years, the President Elect becomes the President. This is also how MPI operates. The MPI President-Elect serves for three years and gets acclimated to being President. The MPS President-Elect serves for two years. This is why there is not a slot for President. I have agreed to stay on for two years to continue to reestablish the functioning of the Society along the lines of the bylaws and solidify the organization in general and develop a hybrid system that will meet the needs of our online and in-person audiences. We hope during this time to update our bylaws which has been recently requested by APsA. We also do not have a slot for Treasurer as Elisabeth Weinstein has agreed to stay on for the next two years also. I have searched to find someone who might like to shadow her for the next two years as a so-called Treasurer Elect (we do not presently have that as an official position), but alas I have been unsuccessful so please contact me or any of the officers if you are interested.

The slots that are being presented for election are President-Elect, Secretary, and Alternate Director Representative to APsA. Kathleen Moore will be stepping from her position as Alternate Director Representative to APsA to Director Representative to APsA, according to the Bylaws. Margaret (Peggy) Walsh is stepping down after serving us faithfully and effectively for over six years as Director Representative to APsA. Let us give her our heartfelt thanks for her devotion to this position. Votes for the open slots will be tallied after Tuesday, September 5.

This new Academic year has a very full lineup of programs and in-between, we will be planning some get-togethers as we did over the past year. Many of you have contacted me to say how much you enjoyed them and would like more opportunities to socialize. We will work on these times after the election and after our Executive Council gets a chance to meet and discuss scheduling.

Please remember that I have an open-door policy, so please contact me, if you have any ideas or concerns that you would like to express. Also, please know that it takes a whole community to keep our Society alive and vibrant and think of how you would like to contribute. You can join a committee, or merely bring more members onboard. All of it is important. We need to grow and function. My involvement in the Society over the years has helped me to have input into programming but most especially it has brought me closer to my colleagues and definitely helped me to grow more as a professional and as a person, and I assure you that it can do the same for you.

I have a few special words for our candidates. Please join the Society which will give you benefits over and over right now. You are the future of our psychoanalytic community and you deserve a voice and a presence now. When I was a candidate, the majority of us were members without the low fee MPS currently offers for which you have access to the perks of free admission to the Symposium, free continuing education credits for Scientific Meetings, ability to be on a committee, and membership on our listserv that often has referrals and interesting information about local psychoanalytic activities. Please spread the word to your fellow candidates too.

I wish to end this letter by thanking our Executive Officers from last year, Elisabeth Weinstein, Treasurer and Rebecca Mair, Past President, our Executive Officials, Director Representative to APsA, Margaret Walsh and Alternate Director Representative to APsA, Kathleen Moore and guests to our Executive Council on programming, Jane Hassinger and Marc Hirsch and guest candidate representative Susan Wainwright. I also wish to thank Marsha Lesley for taking on the role of Editor for our Society Newsletter. She has really successfully tackled an important and complicated role right out of the gates! It surely takes an entire society to succeed as we try to share the importance of psychoanalysis to the world.



Susan Flinders with Carole West and Sylvia Delgado

Notes from the 53rd IPA Congress in Cartagena, Colombia, “Mind in the Line of Fire.”

By Susan Flinders, Ph.D., MPS President

At first, this title was born clear to me as I was invited as Society President to attend a day long program for the Presidents of Societies from around the world, as part of a pre-congress. My mind went to what I had heard over the years about Colombia's drug cartel and the ensuing dangers. When I looked at the U.S. State department's travel advisories, it said to change one's travel plans if considering travel to Colombia. My mind was literally feeling on fire at this point. Then I contacted the IPA and colleagues to seek further information. Ultimately, I deemed that the trip would be safe enough and I was more than delighted regarding the Congress and Cartagena and the Colombian people themselves.

The daylong meeting of Society Presidents from around the world was very collegial and warm. Attendees ranged from Serbia, Ukraine, Russia, Western Europe, South America, North America and Australia. A big focus of our discussion was getting feedback regarding the ongoing usage of Teletherapy for teaching, supervision and training. It was an eye-opening experience with many opinions, as one could imagine. So many countries have many more serious obstacles to the propagation of psychoanalysis than we have here in Michigan.

The first day of Programming began with work groups. I attended “Gender and Sexual Diversity in Psychoanalytic Training.” Then later, the Opening Ceremony began on stage with President Harriet Wolfe introducing Lord John Alderdice, a renowned psychoanalytic psychiatrist, with expertise in fundamentalist beliefs and political violence, who presented his thoughts on a stage with the colorful Cartagena IPA logo. This was followed by an opening celebration

in an enclosed square in the convention center with hors d'oeuvres and wine and music with a wonderful Colombian flair. One young man played an electric violin, and another one, a Saxophone, while attendees danced jubilantly eventually with members forming a line winding through the joyful throngs.

In many of the sessions the theme of violence and trauma of various sorts reflected the ongoing theme of “Mind in the Line of Fire.” I attended a luncheon workshop entitled “Why Not War?” We saw a very disturbing violent film clip to help discuss the etiology of violence. Many distinct views were shared. This was also interwoven with the hopeful and heartwarming multitudes of psychoanalysts from all corners of our world wanting to embrace a wider psychoanalytic understanding of these issues.

This is not to forget Cartagena, Colombia itself which, I can see why, it is said to be the jewel of Colombia. It too also reflects the theme of “Mind in the Line of Fire” sadly situated in its very inception back in the 1500's when the Spanish colonized Cartagena shipping African slaves to its shores and enslaving the native indigenous peoples also. This is part of its dark history lying between the ancient Spanish architecture adorning its colorful streets and churches.

Despite, this dark history, Cartagena sits almost literally in the waters of the Caribbean. It is a group of islands connected by bridges and is largely manmade with many skyscrapers and luxury apartment buildings. Palm trees and blue water are in abundance. From my experience at the Hilton, I was surrounded by multiple pools and fountains and kind, caring people. The people included all the new friends I met from around the world who are propagating psychoanalysis just as we are here in Michigan.

MPI/MPS Member presentations at the 53rd IPA Congress:

Nancy Kulish, Ph.D. was on a panel entitled: “Psychoanalytic Institutions: Containers or Hindrances for the Psychoanalyst's Mind?” She presented “Institutional Impingements on the Psychoanalytic Supervisor's Mind.” The other two participants were Bernard Reith from Switzerland and Abel Fainstein from Argentina.

Paula Kliger, Ph.D. was a presenter at a Pre-Congress workshop titled, “Collaborations for Working Under Fire: A Community Psychoanalysis International Working Group.” The other participants included Lee Slome, Paola Contreras, Lizbeth Moses, Jane Keat, Camila Gutierrez Cardoso, Silvia Rivera, and Maria Cecilia Sanchez.

Dwarakanath G. Rao, M.D. spoke on “The Role of Session Frequency in Analytic Education” at a Pre-Congress Working Party titled “Frequency of Sessions and Psychoanalytic Process.” Alicia Lisondo from Sao Paulo and Eike Hinze from Berlin presented clinical material. Marianne Leuzinger-Bohleber from Frankfurt presented outcome research. David Tuckett from London presented a model of assessment of depth in analysis.



Patricia Plopa, Ph.D. is with Cordelia Schmidt-Hellerau, Ph.D., a psychoanalyst from Massachusetts. Dr. Schmidt-Hellerau chaired the book launch meeting at the IPA conference. She also chaired the committee that sought essays from IPA members, and picked which ones would go into the book, MIND IN THE LINE OF FIRE. Psychoanalytic Voices to the Challenges of Our Times.

FROM THE MPI PRESIDENT Barry Miller, M.D.



I would like to introduce myself by way of the MPI President's column. As you can see by the byline, I am Barry Miller, the new President of MPI and Chair of our Educational Committee. As such, I hope and plan to facilitate expanding opportunities for those suffering emotionally to

obtain psychoanalysis and similar psychotherapeutic treatments. As well, we, at MPI, want to create pathways for psychotherapists to receive psychoanalytic and further psychotherapy training in order to provide the needed treatments, but, also, to be able to enjoy satisfying and meaningful careers.

Regarding the former, it has been during the years of the last administration that we have seen our affiliated Mel Bornstein Clinic expand its offices beyond Ann Arbor and Farmington Hills to downtown Detroit. This has been in addition to our longstanding referral system for psychotherapy and our providing opportunities for low-fee psychoanalysis.

Regarding training, a 'silver lining' around the dark cloud of COVID, has been the realization of how effective psychotherapy and psychoanalysis can be when conducted virtually. This has implications for 'distance training'. For years, MPI has had trainees coming to us from abroad (especially, South Korea). And, now, there is yet further opportunity for psychoanalytic training beyond Southeastern Michigan, both nationally and internationally. MPI is striving to make psychoanalytic training more 'doable'; technically, personally, and in consideration of expense. Furthermore, our past president, Dr. Gilkey, has been instrumental in expanding our teaching of residents by having a number rotating through the Mel Bornstein Clinic where their formal education is being presided over by Dr. Beesley, the clinic's director.

The time has come, if addressed belatedly, to understand how implicit racial attitudes in America can, and have, affected both psychoanalytic training and the opportunity for such, as well as the psychotherapies of African Americans.

This is the job of each psychoanalytic institute as well as the national organization. Although some individuals have attended to this, we as a school and organization of clinicians are launching such efforts. This also extends to other groups who have been 'othered': for race, ethnicity, sexual orientation, gender and gender variability, religion, and nationality. Dr. Ayeni and Ms. Rayford and our Psychoanalytic Collective have been working on this locally, while Dr. Abbasi has addressed this on national panels and in her writings.

Most recently, our institute and national psychoanalysis has lost an exceptional leader, Dr. Marvin Margolis. He has changed the course of organized psychoanalysis toward inclusivity, democratization, independent thinking, and opening doors and pathways to psychoanalytic training, to name a few of his accomplishments. He was a creative innovator and a relentless force; pushing to make these progressive changes happen. It is hard to imagine our world without him. He will be missed both as an organization and personally.

We will continue to engage academics and professionals in other disciplines, so we can discover together what psychoanalytic perspectives can offer to their areas and be enriched, as analysts, from these other realms of knowledge and their perspectives.

And, so, we begin a new academic year at the Michigan Psychoanalytic Institute. We will preserve its strong, psychoanalytic teaching and its further growth.

And, let me welcome you all to the Michigan Psychoanalytic Foundation's annual benefit which pays for the 'infrastructure' of our institute (administrative staff and buildings). It allows our volunteer-teachers to provide all the teaching, training, and community consulting throughout the year. It will be held on Friday, November 10, from 6:30 'til 10:30 at the Hotel Baronette, in Novi.

SCENES FROM THE
June 4th, 2023
Annual Dinner



*Jeff Plopa, Peggy Elson,
and Patricia Plopa*



John Gilkey and Ronald Benson



Lou Feurino and wife, Xi Chen



*Passing the President's gavel:
John Gilkey to Barry Miller*



*Administrative Staff:
Monica Evans, Jean Lewis, and Lori Boetsch
with Bernadette Kovach*

A heartfelt thank you to Dr. Patricia Plopa who, for years, has selflessly photographed many of our Institution's events. Her skill behind the lens brings many happy moments to life!

FREE ASSOCIATIONS Newsletter of the Michigan Psychoanalytic Institute and Society
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FREE ASSOCIATIONS

Newsletter of the Michigan Psychoanalytic Society and Michigan Psychoanalytic Institute

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Thank you for your generous support!

Free associations

October 7, 2023 | 4 p.m. State Theater | Ann Arbor, Michigan FOR THE LEFT HAND A DOCUMENTARY FILM ABOUT RESILIENCE AND THE POWER OF MUSIC IN THE SHADOW OF TRAUMA

At age 5, Norman Malone discovered he was a natural at the piano. Tragically, when Norman turned 10, he was attacked, leaving him paralyzed on his right side. Undaunted, Malone began a lifelong quest to reclaim his place at the piano- mastering some of the most difficult music ever written for left hand alone – and never telling anyone of his deepening virtuosity. In 2015, at age 78, Malone revealed his story (to the Chicago Tribune), prompting belated invitations to perform across America. Nearly 70 years after his tragic attack, Malone launches a much-delayed, triumphant concert career.

FOR THE LEFT HAND aims to open discussion and spark positive action on disability, aging, race, and the overall importance of music and art.

Meet and Q & A with the Writer, Howard Reich, Producer, Gordon Quinn, and a Surprise Guest. Comments by Julie Jaffee Nagel, Ph.D. about the value of music in our lives. Reception following the film.

This program is provided by a Grant from the Ernst and Gertrude Ticho Charitable Foundation to the Michigan Psychoanalytic Institute/Foundation/Julie Jaffee Nagel.

There is no admission charge - ticket reservations required for seating purposes. Reserve seats online at www.michigantheater.org

No CME/CE credit hours will be given.



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