

Michigan Psychoanalytic Institute Educational Programs

2023 - 2024

- Clinical Moments
- Psychoanalytic Fellowships
- Adult and Child/Adolescent Advanced
 Psychodynamic Psychotherapy (ACAPP)
- Early Admission
- Adult and Child/Adolescent Analytic Training
- Opportunities for Academics

MICHIGAN PSYCHOANALYTIC INSTITUTE Michigan's premier training center for psychoanalytic therapies (248) 851-3380

Learn more about us at mpi-mps.org

2023 OPEN HOUSE Saturday, March 25, 2023

Join professionals, students, faculty and MPI/MPS members to meet the program directors and learn about our clinical training programs.

11:30 a.m. Presentation of MPI/MPS programs and

course offerings. HYBRID in-person/online

12:45—1:30 p.m. Breakout Room conversations with

program directors

2:00—4:00 p.m. 2023 Visiting Professor Howard Levine,

M.D. (Boston) - ONLINE In person Open

House attendees can stay to watch the

presentation together.

In person: 32841 Middle Belt Rd. Suite 411, Farmington

Hills, MI.

Online: https://zoom.us/my/michiganpsychoanalysis

Register at mpi-mps.org or call (248) 851-3380

Our Program Directors:

















Introduction

The Michigan Psychoanalytic Institute offers a wide variety of educational opportunities for clinicians. We have programs for every level of experience, from graduate school to training as a psychoanalyst, and also welcome academic professionals from other fields who would like to relate psychoanalysis to their work. We cover both Adult and Child/Adolescent topics, and emphasize modern psychoanalytic theories and techniques without losing with the basic tenets that touch have characterized psychoanalytic thought from the beginning—that we have unconscious thoughts, feelings and fantasies, that experiences from early in life stay with us into adulthood, and that talking is the best cure we know for many psychological problems.

Partial **scholarships** are available for all MPI programs (p. 16). The Michigan Psychoanalytic Institute does not discriminate against applicants on the basis of race, creed, color, gender, age, sexual orientation, handicap or national or ethnic origin in admissions or in administration of its educational programs.

The five clinical programs are listed here in increasing order of the experience level of typical participants. Feel free to contact any director about what program would be best for you. Also take a look at the programs you can be working towards and programs that you could recommend to others!

The Fellowships, ACAPP, Early Admission, and Psychoanalytic Training all met remotely in 2022-2023. **Remote attendance** will continue to be available in 2023-2024 if needed. There are fees associated with distance learning, divided over the number of distance students. Contact the office (248) 851-3380 or the program director to ask about the details of how distance learning works for the particular program you wish to attend. §

Clinical Moments

Sara Dumas, M.D. and Elisabeth Weinstein, M.D. Co-Directors

The Clinical Moment program is intended for mental health care providers and trainees (psychiatric residents, social workers, psychologists) interested in an introduction to psychoanalytic ideas in a warm setting hosted at a local analyst's home. The evening includes an opportunity to meet and network with other participants over a light meal followed by an hour's discussion of a "clinical moment" where our goal is to invite a lively and respectful exploration of the dynamics at play at a key point in the analytic process. **Tuition**: There is no fee for these events.

Contact: MPI Office (248) 851-3380 ♦

You are welcome to contact any program director for guidance about what program is best for you.

Psychoanalytic Psychotherapy Fellowship

Giovanni Minonne, Ph.D., Director

The Psychoanalytic Psychotherapy Fellowship is a program designed for student and graduate clinicians who wish to gain more exposure to psychoanalytic approaches to clinical work. When in person, there have been two separate groups, one in Ann Arbor and one in Farmington Hills. Online has been combined. Currently the plan is to remain in the online format.

Participants include psychiatric residents and fellows, graduate students in social work and clinical psychology, and clinicians in practice. The format is simple: experienced psychoanalysts present detailed clinical material to the group for discussion. It is designed to be relaxed and informal. Participants ask questions, offer their own ideas, and work with the instructor to understand the important theoretical and clinical issues at hand. Most instructors assign some reading as a way to frame the particular issues they are focusing on. Each year the program includes a variety of clinical presentations, including, for example, the beginning of treatment, therapy with children and adolescents, treatment with a traumatized adult, and psychodynamic understanding of the use of medication in a treatment. \otimes

Where and When:

ONLINE, September to May Thursdays 7:30-9:00 p.m.

Application Deadline: June 30th

Contact:

<u>aminonne@umich.edu</u> (734) 883-6262

Tuition: \$1298

Adult and Child/Adolescent Advanced Psychodynamic Psychotherapy (ACAPP)

Gail van Langen, Ph.D. and Deborah Harms, Ph.D. — Co-Directors

ACAPP is a one- or two-year program, designed to improve therapists' clinical skills and to demonstrate the usefulness of applying contemporary analytic thinking in a wide variety of situations. ACAPP welcomes social workers, psychologists (including interns), psychiatrists (including residents), psychiatric nurses, and other qualified professionals. This program may also be of interest to non-mental health professionals who wish to apply the psychodynamic perspective to their own field of work. Certificates are given to students who complete the full two years. The program has run completely through video conferencing for the past two years and will continue virtually until further notice.

Curriculum

The ACAPP curriculum integrates theory with technique to explore how people think, make choices, adapt to inner conflicts, and relate to others. Courses are taught through the lens of multiple psychoanalytic perspectives with an eye towards treatment implications and application. The program includes classes on Assessment, The Beginning of Treatment, Developmental Studies, and various Clinical Topics.

The <u>Developmental Sequence</u> courses focus on key developmental features as manifested in both children and adults.

The <u>Assessment and Beginning Treatment Sequence</u> focuses on the beginning of the treatment relationship, building a therapeutic alliance, and psychoanalytic assessment and diagnosis.

Each class has both a theoretical and a clinical component and students are strongly encouraged to bring in their own clinical experiences and challenges. Each year there is a Continuous Case Conference where the focus is continuously on exploration of one case for the full five weeks.

<u>Clinical Topics</u> encompasses a wide range of clinical issues in psychodynamic treatment of children, adolescents, and adults. These include ethics, trauma, gender and sexuality, race and class, couples work, parenting, grief and mourning, money and the business of psychotherapy. Throughout the program all students will have opportunities to present their own clinical process material.

Clinical work and Consultation

Each clinician in the program is required to see at least one patient in psychodynamic treatment and to have weekly consultation with an MPI faculty member or candidate to discuss patients being seen in psychodynamic therapy. Times, locations and fees of consultations are negotiated individually.

Treatment

It is <u>strongly</u> recommended that each program participant be involved in their own personal psychodynamic psychotherapy or psychoanalysis concurrent with the program, in order to increase the sensitivity of the participant to the workings of unconscious forces and to enable them to engage most effectively in work with patients. Personal treatment increases immersion in the educational experience and provides a place to work on the many feelings inevitably stirred up when learning psychodynamic psychotherapy.

Michigan Psychoanalytic Society (MPS)

Membership in MPS is required for all ACAPP students. This includes access to PEP-Web for course readings, free CME/CE credits for classes and all MPS events, and the registration fee for the Annual Symposium.

Licensure

Where and When:

Online

September to May, Mondays 6:45 — 9:45 p.m.

Application Deadline: June 30th

Contact:

gailvanlangen@ameritech.net (734) 622-9885

deborah.harms@gmail.com (248) 258-5102

Tuition:

\$2,596 per year for 2 classes a night. Required MPS membership (includes access to PepWeb, Annual Symposium registration, and continuing education credits): \$200. Distance Learning Fee: \$196.

See <u>page 16</u> for information about financial assistance for all MPI programs

Early Admission (EAP)

Sally Rosenberg, D.O. — Director

Early Admission Program (EAP) participants take this sequence for exposure to contemporary psychoanalysis with an eye toward full psychoanalytic training. For some this will be an experience that helps students decide to continue learning psychoanalytic psychotherapy; for others, this is an entrance into our early admissions program with the goal of taking full psychoanalytic training. Instructors are faculty members of the Michigan Psychoanalytic Institute. The seminars meet Saturday mornings from 9:00 a.m. to 11:00 a.m. (32841 Middlebelt Rd., Farmington Hills). Classes are regularly offered through videoconferencing for those unable to attend in person. During the pandemic, all classes have been virtual.

The program is open to both trainees and graduates in psychiatry, psychology, social work, and counseling, and to students and graduates of other academic disciplines. A potential student should contact the Program Director (sallyirosenberg@gmail.com) as a first step to express interest in EAP. An initial entry point of many students is as a "Guest." Guests may attend all or part of the first year without tuition requirements. During their 2nd year or before, they may formally apply to EAP by an application downloaded from the *mpi-mps.org* website. If accepted, one will be an "EAP Candidate" working toward eventual full candidacy over the next 1-3 years, with the long-term goal of becoming a psychoanalyst. It is recommended that EAP Candidates have an Advisor from MPI, and clinicians should have a psychoanalyst supervisor. During their time in EAP, some students take the Fellowship (p. 5) or ACAPP (p. 6) programs, as well, in order to further their academic preparation for full psychoanalytic training. Students in the EAP may continue as Guests, by arrangement of the Director, while they are either finishing their professional training and/or preparing for adult and/or child psychoanalytic training.

When ready to progress, the EAP candidate writes a letter of request to the Candidate Progression Committee for matriculation into the full training program. There is an interview process to confirm readiness to begin full training. If an EAP program participant is a Guest, they may apply for full training without going through the EAP candidacy program. Full psychoanalytic candidacy for a clinician requires knowledge of psychodynamic psychotherapy practice and experience seeing patients 2-3 times weekly with psychodynamic supervision.

EAP Guests and Candidates are not required to be in psychodynamic therapy or psychoanalysis. Nearing the time of beginning full psychoanalytic candidacy, however, it is necessary to start a psychoanalysis if one has not already done so. MPI requires a clinical candidate to be in psychoanalysis 4-5 times weekly with a Training Analyst beginning at least 6 months before the start of psychoanalytic training. For further information about psychoanalysis for academics, please see Opportunities for Academics (p. 15) or contact Nancy Kulish, Ph.D. (nkulish@aol.com). The MPI Bulletin has a list of training and supervising analysts. Further assistance and referrals can be provided by MPI Faculty, Executive Director Jean Lewis, one's Advisor, or the EAP Director. All questions are welcome. Please contact Sally Rosenberg, D.O., at sallyirosenberg@gmail.com or call or text (248) 752-7713.

Where and When:

Farmington Hills (Currently ONLINE)

September to May

Saturdays from 9:00 — 11:00 a.m.

Application Deadline: Students are admitted year-round.

Contact: Sally Rosenberg, D.O. sally irosenberg@gmail.com

Tuition: Guests: No charge for 1st academic year. Guests after first year: \$445. Candidates: \$635 per year.

Psychoanalytic Training

Barry Miller, M.D. — Adult Program Educational Committee Chair Bernadette Kovach, Ph.D. — Child and Adolescent Program Chair

MPI offers specialized advanced clinical training to experienced clinicians with graduate degrees in the fields of psychiatry, clinical psychology, clinical social work, or counseling who wish to graduate as adult or child psychoanalysts. Academic applicants from other university departments and non-clinical fields of study are eligible to apply for Academic candidacy (see Opportunities for Academics, p. 15).

The Michigan Psychoanalytic Society (MPS) is the professional membership organization of graduate psychoanalysts and psychoanalytic psychotherapists that is a member of the American Psychoanalytic Association (APsaA). MPI is in process of applying for accreditation to the Accreditation Council for Psychoanalytic Education (ACPEinc) and is a member of the American Association for Psychoanalytic Education (AAPE).

Adult and Child Training

Clinical candidates can choose from three different types of analytic clinical programs: the adult only program, the child and adolescent program only or the combined clinical program which combines child/adolescent and adult clinical training. All candidates take the same didactic seminars as part of the integrated curriculum described below. In addition to the clinical seminars woven into the coursework, child and adolescent candidates take part in a once per month seminar that focuses on didactic and technical considerations when working with child and adolescent patients.

Integrated Curriculum

Psychoanalysis is a rich, complex, and evolving field. The five year curriculum provides candidates with a thorough familiarity with psychoanalytic theories of motivation, development, and technique. The curriculum reflects an awareness of psychoanalysis as an evolving the-

ory and practice. Contemporary theory and technique are studied in light of both historical development and current controversies. Child development courses, including child and adolescent clinical analytic case material, are an integral part of the curriculum. The goal of the seminars is to facilitate lively and creative discussion among candidates and faculty.

Supervised Psychoanalytic Treatment of Patients

Each candidate in the Adult Program only is expected to analyze three adult patients, of different genders, at a frequency of four or five times per week on separate days, with a different supervisor for each patient. Candidates in the Child and Adolescent or Combined Clinical Program also treat child cases at different developmental stages (preschool, latency, adolescence). The adolescent case may overlap with one of the required adult cases. Candidates with a focus on Child and Adolescent training are required to see one adult case in addition to their three child cases to aid in their understanding and work with parents. Any candidate may obtain cases through the Mel Bornstein Clinic (melbornsteinclinic.org) or their private practice and usually begin this supervised work as early as the midpoint of their first year of training.

Personal Psychoanalysis

Coming to terms with their own emotional lives allows talented clinicians to take full advantage of their training and develop their full analytic capacities. Every candidate is required to undertake a personal analysis (preferably five, minimum four times per week) with a Training Analyst vetted by AAPE to analyze candidates. It is required that the candidate be in this analysis at least six to eight months before taking seminars, though a year or more is usual.

Admissions Eligibility

Licensed mental health clinicians with psychiatry training or at least masters' level degrees in clinical psychology, counseling, or clinical social work are eligible to apply. Masters' degree clinicians in psychology or counseling will be required to receive a waiver from the American Asso-

<u>ciation for Psychoanalytic Education (AAPE)</u> in order to proceed with full psychoanalytic training. The Admissions Committee of MPI will help the newly accepted masters' level candidate assemble the necessary documentation and will apply for the waiver on the candidate's behalf.

Experienced licensed health professionals, outside of the mental health specialties, who wish to have clinical psychoanalytic training may contact members of the MPI Admissions Committee to discuss whether they have the professional credentials for psychoanalytic training. All clinicians are expected to have had some supervised psychodynamic psychotherapy experience before they begin psychoanalytic training. Psychodynamic courses or training programs in psychoanalytic psychotherapy can be helpful to supply missing theoretical and clinical background that is recommended before beginning analytic training (see <u>ACAPP</u>, p. 6). Members of the Admissions Committee will be happy to talk with clinicians interested in applying for analytic training to assist them in their individual professional path.

MPI has been approved by SEVIS to issue I-20 certificates to full-time clinical and academic candidates eligible for F1 visas. International clinical candidates are required to attend classes and be in analysis *in person* in Michigan for 2 years of training. Following returning to their country, analysis, classes, and supervision take place via distance videoconferencing, with periodic shorter returns to Michigan. There is no residency requirement for academic candidates.

Personal Suitability

MPI accepts applicants based on prior education and experience, interest in the workings of the human mind, and personal integrity, maturity, and a capacity to engage in and benefit from their own analyses. Applicants most suited to become psychoanalysts are psychologically-minded, empathic, tolerant, capable of academic rigor, and willing and able to learn through self-reflection.

Admissions Procedure

Suitability is determined by the Admissions Committee on the basis of the written application, letters of recommendation, transcripts of previous educational experience, and interviews by members of the faculty. The Admission Committee is committed to making the process of applying for full psychoanalytic training as easy as possible. The Chair and members of the Committee will be available to help at every step.

Graduation Requirements

In addition to clinical cases, graduation requirements for the Adult or Child and Adolescent programs include: the satisfactory completion of the curriculum; the writing of a scholarly analytic paper on a topic of interest to the candidate; a 20-page written summary of one case; achievement of personal and professional maturity; demonstrated fundamental understanding of psychoanalytic theory and method; and demonstrated competence in functioning independently as a clinical psychoanalyst. *Refer to the Candidates' Manual for detailed requirements* (email *jlewis@mpi-mps.org*).

Where and When: In-Person/Online is not yet determined.

Farmington Hills/Ann Arbor as scheduled.

Thurs. 9:00 a.m.-12:10 p.m. A half-time schedule is possible.

Application Deadline: April 1

Contact:

Adult analytic training: Mel Bornstein, M.D. <u>melvinborn-stein@gmail.com</u> (248) 642-3343; Gail van Langen <u>gailvanlan-gen@ameritech.net</u>

Child and Adolescent analytic training: Bernadette Kovach, Ph.D., bkovachphd@gmail.com.

Tuition and fees: \$4300 - \$9300 per year, depending on program and stage in training. <u>See p. 16</u> for partial funding options.

Opportunities for Academics

Nancy Kulish, Ph.D. — Academic Programs Committee Chair

The Michigan Psychoanalytic Institute offers a number of programs for those interested in various levels of academic training in psychoanalysis. This collaboration contributes to the mutual enrichment of psychoanalysis and other scholarly fields.

Academics (non-mental health professionals who are scholars or faculty in another discipline in the liberal arts, social sciences, law, sciences, or other medical specialties) are welcome in all the MPI training programs. Two programs are tailored specifically for academics.

The **Academic Fellowship Program** offers a one-year (renewable to two) honorary opportunity for those established scholars interested in achieving a bridge between psychoanalysis and their own field of scholarship. The Fellow will have the opportunity to meet with a psychoanalyst mentor to further this goal. There are no fees for this program.

Contact: Nancy Kulish, Ph.D. (248) 258-0904, nkulish@aol.com.

2023-2024 Financial Assistance

Financial assistance recipients are chosen based on need and merit. Applications for the Klyman Scholarship, the MPI-MPF Scholarship, and the Reisman Scholarship funds need to be submitted <u>each year</u> no later than **June 30**th. Applications are available from the Institute office (248) 851-3380, or on the website (https://www.mpi-mps.org/educational-programs/scholarships/).

All Clinical Training Programs

Contact: Rochelle Broder, Ph.D. <u>rmbroder@icloud.com</u>
The Cassandra M. Klyman, M.D. Scholarship Fund for Psychiatrists' Psychoanalytic Training

This fund has been established to help medical students, residents and physicians, often financially burdened by medical school debt, to both deepen and expand their understanding of their patients' mental lives through psychoanalytic training. A total of \$5,000 is available to be awarded each year to eligible applicants.

The MPI-MPF Scholarship Fund

This fund was established to award partial scholarships for two clinical non-physician candidates in the psychoanalytic training program and two students in the Adult and Child/Adolescent Psychodynamic Psychotherapy (ACAPP) program. Additionally, as funds are available, there may be assistance for an academic candidate. A total of \$10,000 is available to be awarded each year to eligible applicants until June 2025.

The Drs. Samuel G. and Geraldine G. Reisman Scholarship

The Reisman Scholarship was established using a generous gift from the Reismans to the Michigan Psychoanalytic Foundation in December 2000 to fund partial scholarships for candidates in the psychoanalytic training program and students in other programs of the Institute.

Academic Candidates

The Deanna Holtzman Interdisciplinary Scholarship Fund Contact: Jean Lewis (248) 851-3380 ilewis@mpi-mps.org

This fund was originally established by very generous gifts donated by Mr. James Grosfeld in memory and honor of Alexander Grinstein, M.D. and is now established in memory and honor of Deanna Holtzman, Ph.D. These need-based grants are to help defray tuition costs for academic candidates in analytic training. Occasionally, financial help may be available for analytic treatment, depending on funds available. When the Holtzman funds are exhausted, three reduced tuition slots will be reserved for academic candidates.

Reduced Tuition for Academic Candidates

Contact: Rochelle Broder, Ph.D. rmbroder@icloud.com

When the Holtzman fund has been exhausted, MPI will designate up to 3 low tuition slots a year for academic candidates with financial need. Some years, funding may be available to an academic candidate through the MPI-MPF Scholarship Fund.

Candidate Loan Fund

Contact: Jean Lewis (248) 851-3380 <u>ilewis@mpi-mps.org</u>

A Candidate Loan Fund has been established by supporters of analytic training. Further information and a loan application are available upon request to the Administrative Director of the Michigan Psychoanalytic Institute.

The Sterba Fund

Contact: Melanie Schwab (248) 851-3380 mschwab@mpi-mps.org

The Sterba Fund supports the personal psychoanalysis of carefully selected individuals who are providing or intend to provide services to the community. Potential grant recipients qualify for consideration if they need financial support to enter, continue or

increase the frequency of psychoanalysis. Efforts are made to renew grants to the extent deemed reasonable and necessary for grant recipients to complete their psychoanalysis.

The Grosfeld Family Fund for Psychoanalysis

Contact: Jean Lewis (248) 851-3380 jlewis@mpi-mps.org

A momentous gift has been pledged and donated by the Grosfeld Family to help patients who would benefit from psychoanalysis but cannot afford it financially. This fund may be used for individual psychoanalytic treatment for adults or for children. It is not intended to fund analyses of those in psychoanalytic training. Eligible applicants with demonstrable financial need will need to be in treatment or seek treatment with Michigan Psychoanalytic Institute graduate analysts in good standing. MPI will keep a waiting list of applicants who will be considered when and if additional places become

Application Information

available. 🔷

Application forms can be found at mpi-mps.org/ educational programs/. They can also be obtained by conat the office, (248) tacting Lori Boetsch 851-3380, Iboetsch@mpi-mps.org. Applications cannot be completed online at this time. You can scan them and email to Lori Boetsch, or mail to Michigan Psychoanalytic Institute, Attn: Lori Boetsch 32841 Middlebelt Rd., Suite 411 Farmington Hills, MI 48334. Application fees can be paid online or mailed

The Michigan Psychoanalytic Institute welcomes applicants of any race, creed, sex, gender, age, sexual orientation, disability, or national or ethnic origin to all of its educational programs.

CME/CE Information

CONTINUING MEDICAL EDUCATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and Michigan Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of AMA PRA Category 1 Credit(s) $^{\text{TM}}$ (1 credit equals 1 hour). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

Updated July 2021

PSYCHOLOGISTS: The Michigan Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Michigan Psychoanalytic Institute maintains responsibility for this program and its content.

SOCIAL WORKERS: The Michigan Psychoanalytic Institute is an approved provider with the Michigan Social Work Continuing Education Collaborative.



Michigan Psychoanalytic Institute

32841 Middlebelt Rd., Suite 411 Farmington Hills, MI 48334 3300 Washtenaw Ave., Suite 270 Ann Arbor, MI 48104

MPI OPEN HOUSE

Saturday, March 25, 2023

11:30 a.m.—1:30 p.m.

Learn about all our

educational programs.

HYBRID in-person/online in Farmington Hills

Stay for the MPS Scientific Meeting at 2 p.m., with the 2023 Visiting Professor

Howard Levine, M.D.

(248) 851-3380

https://zoom.us/my/michiganpsychoanalysis

mpi-mps.org