



# Michigan Psychoanalytic Institute

## **Educational Programs**

### **2021 - 2022**

- ◆ **Clinical Moments**
- ◆ **Psychoanalytic Fellowships**
- ◆ **Adult and Child/Adolescent Advanced Psychodynamic Psychotherapy (ACAPP)**
- ◆ **Early Admission**
- ◆ **Adult and Child/Adolescent Analytic Training**
- ◆ **Opportunities for Academics**

**MICHIGAN PSYCHOANALYTIC INSTITUTE**  
*Michigan's premier training center for  
psychoanalytic therapies*  
**(248) 851-3380**

Learn more about us at [mpi-mps.org](http://mpi-mps.org)

# Introduction

The Michigan Psychoanalytic Institute offers a wide variety of educational opportunities for clinicians. We have programs for every level of experience, from graduate school to training as a psychoanalyst, and also welcome academic professionals from other fields who would like to relate psychoanalysis to their work. We cover both **Adult** and **Child/Adolescent** topics, and emphasize modern psychoanalytic theories and techniques without losing touch with the basic tenets that have characterized psychoanalytic thought from the beginning—that we have unconscious thoughts, feelings and fantasies, that experiences from early in life stay with us into adulthood, and that talking is the best cure we know for many psychological problems.

Partial scholarships are available for all MPI programs (p. 14). The Michigan Psychoanalytic Institute does not discriminate against applicants on the basis of race, creed, color, sex, age, sexual orientation, handicap or national or ethnic origin in admissions or in administration of its educational programs.

The five clinical programs are listed here in increasing order of the experience level of typical participants. Feel free to contact any director about what program would be best for you. Also take a look at the programs you can be working towards and programs that you could recommend to others!

The Fellowships, ACAPP, Early Admission, and Psychoanalytic Training all met remotely in 2020-2021. Remote attendance will continue to be available in 2021-2022 as needed because of the pandemic. There are fees associated with distance learning, divided over the number of distance students. Contact the office (248) 851-3380 or the program director to ask about the details of how distance learning works for the particular program you wish to attend. ◆

# 2021 MPI/MPS OPEN HOUSE

**Saturday, April 10, 2021**

Join professionals, students, faculty and MPI/MPS members to learn about our clinical training programs.

## Schedule

- |                 |   |
|-----------------|---|
| 11:30 a.m.      | Presentation of MPI/MPS programs and course offerings |
| 12:45—1:30 p.m. | Breakout Room conversations with program directors    |
| 2:00—4:00 p.m.  | 2021 Visiting Jack Drescher, M.D. (New York)          |

<https://zoom.us/my/michiganpsychoanalysis> ♦ (248) 851-3380

## Clinical Moments

*Kehinde Ayeni, M.D. — Farmington Hills*

*Sara Dumas M.D. — Ann Arbor*

*This program is suspended until it is safe to meet in person.*

The Clinical Moment program is intended for mental health care providers and trainees (psychiatric residents, social workers, psychologists) interested in an introduction to psychoanalytic ideas in a warm setting hosted at a local analyst's home. We meet on a roughly monthly basis alternating between Farmington Hills and Ann Arbor on a weeknight from about 7:30 — 9:30 p.m. The evening includes an opportunity to meet and network with other participants over a light meal followed by an hour's discussion of a "clinical moment" where our goal is to invite a lively and respectful exploration of the dynamics at play at a key point in the analytic process. **Tuition:** There is no fee for these events.

**Contact:** [kehindeayeni26@gmail.com](mailto:kehindeayeni26@gmail.com), [smd@saradumas.com](mailto:smd@saradumas.com). ♦

# Psychoanalytic Psychotherapy Fellowship

*Giovanni Minonne, Ph.D. — Ann Arbor Director*

*Suzanne Thomas, L.M.S.W. — Detroit Area Director*

The Psychoanalytic Psychotherapy Fellowship is a program designed for student and graduate clinicians who wish to gain more exposure to psychoanalytic approaches to clinical work. There are two separate groups, one in Ann Arbor and one in Farmington Hills.

Participants include psychiatric residents and fellows, graduate students in social work and clinical psychology, and clinicians in practice. The format is simple: experienced psychoanalysts present detailed clinical material to the group for discussion. It is designed to be relaxed and informal. Participants ask questions, offer their own ideas, and work with the instructor to understand the important theoretical and clinical issues at hand. Most instructors assign some reading as a way to frame the particular issues they are focusing on. Each year the program includes a variety of clinical presentations, including, for example, the beginning of treatment, therapy with children and adolescents, treatment with a traumatized adult, and psychodynamic understanding of the use of medication in a treatment . ♦

## **Where and When:**

September to May

*Ann Arbor:* Thursdays 7:30-9:00 p.m.

*Farmington Hills:* Mondays 7:30-9:00 p.m.

**Application Deadline:** June 30<sup>th</sup>

## **Contact:**

*Ann Arbor:* [gminonne@umich.edu](mailto:gminonne@umich.edu) (734) 883-6262

*Farmington Hills:* [srtmsw@gmail.com](mailto:srtmsw@gmail.com) (248) 356-6460

**Tuition:** \$1224.

# Adult and Child/Adolescent Advanced Psychodynamic Psychotherapy (ACAPP)

*Meryl Berlin, Ph.D., and  
Gail van Langen, Ph.D. — Co-Directors*

ACAPP is a one- to three-year program, designed to improve therapists' clinical skills and to demonstrate the usefulness of applying contemporary analytic thinking in a wide variety of situations. ACAPP welcomes social workers, psychologists (including interns), psychiatrists (including residents), psychiatric nurses, and other qualified professionals. This program may also be of interest to non-mental health professionals who wish to apply the psychodynamic perspective to their own field of work. Certificates are given to students completing at least two years. Distance learners can attend the program through video-conferencing.

## Curriculum

The ACAPP curriculum integrates theory with technique to explore how people think, make choices, adapt to inner conflicts, and relate to others. Courses are taught through the lens of multiple psychoanalytic perspectives with an eye towards treatment implications and application. There are four sequences of classes, the Developmental Sequence, the Assessment and Beginning Treatment Sequence, the Adult Topics Sequence and the Child Topics Sequence.

The Developmental Sequence courses focus on key developmental features as manifested in both children and adults.

The Assessment and Beginning Treatment Sequence provides an in-depth study of psychodynamic assessment and diagnosis and their importance in early therapeutic work. The complexities of the treatment relationship and how to engage the collaboration and curiosity of the patient are explored in a continuous case conference with the second year class. Each course attempts to address current controversies and includes rich clinical material.

Adult Topics focuses on the application of psychodynamic therapy to specific clinical issues such as ethics, dreams, trauma, termination, couples work and addictions. Throughout the program there are opportunities for students to present their own clinical process material.

Child Topics addresses many different aspects of working with children and adolescents, including topics such as parent work, play therapy, developmental traumas, and gender development. This sequence is only offered in years with sufficient interest.

Sequences	Timetables
Developmental	Six courses over one or two years
Assessment and Beginning Treatment	Nine courses in first year. Not offered as a stand-alone sequence.
Adult Topics	After the first year, most students take adult topics (12 courses). In years where there is sufficient interest, students might opt to take child topics (9 courses) instead. Whichever topics sequence is taken first, the other can be taken as a third year of classes.
Child Topics	

### **Clinical work and Consultation**

Each clinician in the program is required to see at least one patient in psychodynamic treatment and to have weekly consultation with an MPI faculty member or candidate to discuss patients being seen in psychodynamic therapy. Times, locations and fees of consultations are arranged individually. A typical fee has been \$50.

### **Treatment**

It is strongly recommended that each program participant be involved in their own personal psychodynamic psychotherapy or

psychoanalysis concurrent with the program, in order to increase the sensitivity of the participant to the workings of unconscious forces and to enable them to engage most effectively in work with patients. Personal treatment increases immersion in the educational experience and provides a place to work on the many feelings inevitably stirred up when learning psychodynamic psychotherapy.

### **Michigan Psychoanalytic Society (MPS)**

Membership in MPS is required for all ACAPP students. This includes access to PEP-Web for course readings, free CME/CE credits for classes and all MPS events, and the registration fee for the Annual Symposium.

### **Licensure**

Each clinician in this program must be licensed to practice psychotherapy in the state(s) in which they practice and have professional liability insurance. 

#### **Where and When:**

*Ann Arbor/Farmington Hills as scheduled*

September to May, Mondays 6:45 — 9:45 p.m.

**Application Deadline:** June 30<sup>th</sup>

#### **Contact:**

*gailvanlangen@ameritech.net (734) 622-9885*

*mberlinphd@gmail.com*

#### **Tuition:**

\$2,448 per year for 2 classes a night (first year and Adult Topics).

Tuition is \$1,224 for Developmental Sequence and \$1,836 for Child Topics. Required MPS membership (*includes access to*

*PepWeb and Annual Symposium registration*): \$200.

# Early Admission (EAP)

*Sally Rosenberg, D.O. — Director*

Early Admission Program (EAP) participants take this sequence for exposure to contemporary psychoanalysis with an eye toward full psychoanalytic training. Instructors are faculty members of the Michigan Psychoanalytic Institute. The seminars meet Saturday mornings from 9:00 a.m. to 11:00 a.m. (32841 Middlebelt Rd., Farmington Hills). Classes are regularly offered through videoconferencing for those unable to attend in person. During the pandemic, all classes have been virtual.

The program is open to both trainees and graduates in psychiatry, psychology, social work, and counseling, and to students and graduates of other academic disciplines. A potential student should contact the Program Director ([sallyjrosenberg@gmail.com](mailto:sallyjrosenberg@gmail.com)) as a first step to express interest in EAP. An initial entry point of many students is as a “Guest.” Guests may attend all or part of the first year without tuition requirements. During their 2<sup>nd</sup> year or before, they may formally apply to EAP by an application downloaded from the [mpi-mps.org](http://mpi-mps.org) website. If accepted, one will be an “EAP Candidate” working toward eventual full candidacy over the next 1-3 years, with the long-term goal of becoming a psychoanalyst. It is recommended that EAP Candidates have an Advisor from MPI, and clinicians should have a psychoanalyst supervisor. During their time in EAP, some students take the Fellowship (p. 4) or ACAPP (p. 5) programs, as well, in order to further their academic preparation for full psychoanalytic training. Students in the EAP may continue as Guests, by arrangement of the Director, while they are either finishing their training and/or preparing for adult and/or child psychoanalytic training.

When ready to progress, the EAP candidate writes a letter of request to the Candidate Progression Committee for matriculation into the full training program. There is an interview process to

confirm readiness to begin full training. If an EAP program participant is a Guest, they may apply for full training without going through the EAP candidacy program. Full psychoanalytic candidacy for a clinician requires knowledge of psychodynamic psychotherapy practice and experience seeing patients 2-3 times weekly with psychodynamic supervision.

EAP Guests and Candidates are not required to be in psychodynamic therapy or psychoanalysis. Nearing the time of beginning full psychoanalytic candidacy, however, it is necessary to start a psychoanalysis if one has not already done so. MPI requires a clinical candidate to be in psychoanalysis 4-5 times weekly with a Training Analyst beginning at least 6 months before the start of psychoanalytic training. For further information about psychoanalysis for academics, please see *Opportunities for Academics* (p. 13) or contact Nancy Kulish, Ph.D. ([nkulish@aol.com](mailto:nkulish@aol.com)). The *MPI Bulletin* has a list of training and supervising analysts. Further assistance and referrals can be provided by MPI Faculty, Executive Director Jean Lewis, one's Advisor, or the EAP Director. All questions are welcome. Please contact Sally Rosenberg, D.O., at [sallyjrosenberg@gmail.com](mailto:sallyjrosenberg@gmail.com) or call or text (248)752-7713. ♦

**Where and When:**

*Farmington Hills*

September to May

Saturdays from 9:00 — 11:00 a.m.

**Application Deadline:** Students are admitted year-round.

**Contact:** Sally Rosenberg, D.O. [sallyjrosenberg@gmail.com](mailto:sallyjrosenberg@gmail.com)

**Tuition:** Guests: No charge for 1<sup>st</sup> academic year. Guests after first year: \$419. Candidates: \$597 per year.

# Psychoanalytic Training

*John Gilkey, M.D. — Adult Program Educational Committee Chair*

*Bernadette Kovach, Ph.D. — Child and Adolescent Program Chair*

MPI offers specialized advanced clinical training to experienced clinicians with graduate degrees in the fields of psychiatry, clinical psychology, clinical social work, or counseling who wish to graduate as adult or child psychoanalysts. Academic applicants from other university departments and non-clinical fields of study are eligible to apply for Academic candidacy. (See [Opportunities for Academics](#), p. 13.)

The Michigan Psychoanalytic Society (MPS) is the professional membership organization of graduate psychoanalysts and psychoanalytic psychotherapists that is a member of the American Psychoanalytic Association (APsaA). MPI is in process of applying for accreditation to the Accreditation Council for Psychoanalytic Education (ACPEinc) and is a member of the American Association for Psychoanalytic Education (AAPE).

## **Adult and Child Training**

All candidates take the same didactic seminars as part of the integrated program, with child candidates attending a specialized child and adolescent seminar eight evenings per year. Clinical candidates can choose from three different types of analytic clinical programs: the adult only program, the child and adolescent focused program or the combined clinical child/adolescent and adult program.

### **Integrated Curriculum**

Psychoanalysis is a rich, complex, and evolving field. The five year curriculum provides candidates with a thorough familiarity with psychoanalytic theories of motivation, development, and technique. The curriculum reflects an awareness of psychoanalysis as an evolving theory and practice. Contemporary theory and technique are studied in light of both historical development and current controversies. Child development courses, including child and adolescent clinical analytic case material, are an integral part of the curriculum. The goal of the seminars is to facilitate lively and creative discussion among candidates and faculty.

### **Supervised Psychoanalytic Treatment of Patients**

Each candidate in the Adult Program is expected to analyze three adult patients, at least one male and one female, at a frequency of four or five times per week on separate days, with a different supervisor for each patient. Adult Program candidates who are also in the Child and Adolescent Program must additionally see three child cases at different developmental stages (preschool, latency, adolescence; the adolescent case may overlap

with one of the required adult cases). Candidates with a focus on Child and Adolescent training are required to see one adult case in addition to their three child cases. Any candidate may obtain cases through MPI's Treatment Clinic or their private practice and usually begin this supervised work as early as the midpoint of their first year of training.

### **Personal Psychoanalysis**

Coming to terms with their own emotional lives allows talented clinicians to take full advantage of their training and develop their full analytic capacities. Every candidate is required to undertake a personal analysis (preferably five, minimum four times per week) with a Training Analyst vetted by APsA to analyze candidates. It is required that the candidate be in this analysis at least six to eight months before taking seminars, though a year or more is usual.

### **Admissions Eligibility**

Licensed mental health clinicians with psychiatry training or at least masters' level degrees in clinical psychology, counseling, or clinical social work are eligible to apply. Masters' degree clinicians in psychology or counseling will be required to receive a waiver from the American Association for Psychoanalytic Education (AAPE) in order to proceed with full psychoanalytic training. The Admissions Committee of MPI will help the newly accepted masters' level candidate assemble the necessary documentation and will apply for the waiver on the candidate's behalf.

Experienced licensed health professionals, outside of the mental health specialties, who wish to have clinical psychoanalytic training may contact members of the MPI Admissions Committee to discuss whether they have the professional credentials for psychoanalytic training. All clinicians are expected to have had some supervised psychodynamic psychotherapy experience before they begin psychoanalytic training. Psychodynamic courses or training programs in psychoanalytic psychotherapy can be helpful to supply missing theoretical and clinical background that is recommended before beginning analytic training (see ACAPP, p. 5). Members of the Admissions Committee will be happy to talk with clinicians interested in applying for analytic training to assist them in their individual professional path.

MPI has been approved by SEVIS to issue I-20 certificates to full-time clinical and academic candidates eligible for F1 visas. International clinical candidates are required to attend classes and be in analysis *in person* in Michigan for 2 years of training. Following returning to their country, analysis, classes, and supervision take place via distance videoconferencing, with periodic shorter returns to Michigan. There is no residency requirement for academic candidates.

## Personal Suitability

MPI accepts applicants based on prior education and experience, interest in the workings of the human mind, and personal integrity, maturity, and a capacity to engage in and benefit from their own analyses. Applicants most suited to become psychoanalysts are psychologically-minded, empathic, tolerant, capable of academic rigor, and willing and able to learn through self-reflection.

## Admissions Procedure

Suitability is determined by the Admissions Committee on the basis of the written application, letters of recommendation, transcripts of previous educational experience, and interviews by members of the faculty. The Admission Committee is committed to making the process of applying for full psychoanalytic training as easy as possible. The Chair and members of the Committee will be available to help at every step.

## Graduation Requirements

In addition to clinical cases, graduation requirements for the Adult or Child and Adolescent programs include: the satisfactory completion of the curriculum; the writing of a scholarly analytic paper on a topic of interest to the candidate; a 20-page written summary of one case; achievement of personal and professional maturity; demonstrated fundamental understanding of psychoanalytic theory and method; and demonstrated competence in functioning independently as a clinical psychoanalyst. *Refer to the Candidates' Manual for detailed requirements.* ◆

### Where and When:

Farmington Hills/Ann Arbor as scheduled.

Thurs. 9:00 a.m.-12:10 p.m. *A half-time schedule is possible.*

**Application Deadline:** April 1

### Contact:

**Adult analytic training:** Mel Bornstein, M.D. *melvinbornstein@gmail.com* (248) 642-3343; Gail van Langen *gailvanlangen@ameritech.net*

**Child and Adolescent analytic training:** Bernadette Kovach, Ph.D., *bkovachphd@gmail.com.*

**Tuition and fees:** \$4080 - \$9000 per year, depending on program and stage in training. *A Candidate Loan Fund has been established by supporters of analytic training.*

# Opportunities for Academics

**Nancy Kulish, Ph.D. — Academic Programs Committee Chair**

The Michigan Psychoanalytic Institute offers a number of programs for those interested in various levels of academic training in psychoanalysis. This collaboration contributes to the mutual enrichment of psychoanalysis and other scholarly fields.

Academics (non-mental health professionals who are scholars or faculty in another discipline in the liberal arts, social sciences, law, sciences, or other medical specialties) are welcome in all the MPI training programs. Two programs are tailored specifically for academics.

The **Academic Fellowship Program** offers a one-year (renewable to two) honorary opportunity for those established scholars interested in achieving a bridge between psychoanalysis and their own field of scholarship. The Fellow will have the opportunity to meet with a psychoanalyst mentor to further this goal. There are no fees for this program.

The **Academic Candidate Program** offers interested scientists, scholars, educators, administrators and other professionals in diverse areas the opportunity for systematic study of and immersion in psychoanalytic ideas (see Psychoanalytic Training, page 10). Academic candidates generally seek to use the psychoanalytic training to enrich their own fields of study. Academic candidates must be in a personal psychoanalysis with an analyst certified by the American Board of Psychoanalysis (some exceptions are allowed) and pursue the same sequence of courses as the clinical candidates. In addition, for graduation, they are expected to write a paper demonstrating the integration of their interest with the psychoanalytic knowledge derived from their studies.

The **Deanna Holtzman Fund** (see p. 15) for Academic Candidates provides limited financial assistance for tuition. Applications are reviewed throughout the year. ♦

**Contact:** Nancy Kulish, Ph.D. (248) 258-0904, [nkulish@aol.com](mailto:nkulish@aol.com).

## 2021-2022 Scholarships

❖ **The Drs. Samuel G. and Geraldine G. Reisman Scholarship** was established using a generous gift from the Reismans to the Michigan Psychoanalytic Foundation in December 2000. The Reisman Scholarships will be supplemented by additional funds as they become available. The total will be awarded to support students who are enrolled in or may wish to apply for clinical training in the following programs:

- ◆ Adult and Child/Adolescent Psychoanalytic Training
- ◆ Adult and Child/Adolescent Advanced Psychodynamic Psychotherapy (ACAPP)
- ◆ Psychoanalytic Psychotherapy Fellowship

❖ **The Cassandra M. Klyman, M.D. Scholarship Fund for Psychiatric Psychoanalytic Training** was established to help physicians, often financially burdened by medical school debt, to both deepen and expand their understanding of their patients' mental lives through any of our educational programs. Scholarship recipients will be chosen based on need and merit. Applications are available from the office (248) 851-3380 or [www.mpi-mps.org](http://www.mpi-mps.org).

**Reisman and Klyman Scholarships will be awarded by mid-August, 2021.**

❖ **The Deanna Holtzman Interdisciplinary Scholarship Award Fund** was originally established by Mr. James Grosfeld in memory and honor of Alexander Grinstein, M.D., and is now established by Mr. Grosfeld in honor and memory of Deanna Holtzman, Ph.D. It provides need-based grants to academic candidates who have been accepted for training at MPI. These grants are to help defray costs of tuition and occasionally other training-related costs. It is our hope that these grants will allow academics to obtain psychoanalytic training and make contributions to psychoanalysis and their core discipline. ◆

### **Reisman and Klyman Scholarships:**

Application Deadline: **June 30.**

Contact: Lori Boetsch [lboetsch@mpi-mps.org](mailto:lboetsch@mpi-mps.org) (248)851-3380

*Applications need to be submitted each year. Application forms are available from the Institute's website or by contacting the office.*

### **The Deanna Holtzman Interdisciplinary Scholarship Award Fund**

Aisha Abbasi, M.D., [abbasimd@sbcglobal.net](mailto:abbasimd@sbcglobal.net) (248) 910 -0315.

*These gifts were inspired by the wish to make the Institute's training efforts more accessible. Partial assistance for tuition will be awarded on the basis of merit and documented need.*

## **CME/CE Information**

**CONTINUING MEDICAL EDUCATION:** *This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Michigan Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.*

*The American Psychoanalytic Association designates these Live Activities for a maximum of 1 AMA PRA Category 1 Credit(s)<sup>™</sup> (1 credit equals 1 hour). Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** *None of the planners and presenters of this CME program have any relevant financial relationships to disclose.*

**PSYCHOLOGISTS:** *The Michigan Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Michigan Psychoanalytic Institute maintains responsibility for this program and its content. Psychologists may be awarded fewer credit hours.*

**SOCIAL WORKERS:** *The Michigan Psychoanalytic Institute is an approved provider with the Michigan Social Work Continuing Education Collaborative.*

## Michigan Psychoanalytic Institute

32841 Middlebelt Rd., Suite 411  
Farmington Hills, MI 48334

3300 Washtenaw Ave., Suite 270  
Ann Arbor, MI 48104

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### MPI OPEN HOUSE

**Saturday, April 10, 2021**

11:30 a.m.—1:30 p.m.

Learn about all our educational programs. Virtual meeting

Come back for the **MPS Scientific Meeting** at 2 p.m., with the 2021 Visiting Professor **Jack Drescher, M.D.**

(248)851-3380

<https://zoom.us/j/michiganpsychoanalysis>

[mpi-mps.org](https://michiganpsychoanalysis.org)