Healing the Past in the Present: Giving Voice to Pain Through Film and Psychoanalysis

The Detroit Film Theatre is the marvelous venue for this year’s Symposium, which will explore the rich relationship between psychoanalysis and film and feature a screening of Terence Davies’ “Distant Voices, Still Lives.” Noted psychoanalyst, Glen Gabbard, editor of “Psychoanalysis and Film,” will present his discussion of the various psychoanalytic ways to approach a film, enriching film spectatorship. Elliot Wilhelm, curator of the Detroit Film Theatre, will discuss “Distance Voices, Still Lives” through the eyes of a film theorist/historian, providing additional depth to the experience of the Davies film. Marc Rosen, a local psychoanalyst who has written on film and taught classes about the interconnectedness of film and psychoanalysis, will provide a clinical discussion of aspects of the film.

There will be a panel discussion moderated by Jolyn Wagner, with ample time for audience Q and A.

Grosfeld Family Fund for Analysis
Established to Help Patients Enter Analysis

Deanna Holtzman, Ph.D.
Chair, Grosfeld Family Fund

A momentous $2.1 million gift has been pledged by the Grosfeld Family Fund to the Michigan Psychoanalytic Institute to help patients—children, adolescents and adults—who would benefit from psychoanalysis but cannot afford it financially. To this end, the fund will disburse $300,000 each year for the next seven years. The donor, James Grosfeld, stated the Fund's mission as follows:

"We felt that it was a problem that many potential analysands cannot have a full psychoanalytic experience with competent and experienced psychoanalysts because they cannot afford it. Our goal with the Grosfeld Family Fund for Psychoanalysis is to make it possible for these people to have the help they need. As a result of effective treatment, the quality of life for these individuals will be improved and they can be helped to reach their full potential. Their future contributions will enrich our entire community and allow us all to reap the positive benefits that psychoanalysis can produce."
MPS President’s Column

Society News
By Sally Rosenberg, D.O.

Congratulations to the members of our Society, our past president, Nancy Blieden, Ph.D., and our previous presidents, Steve Nickeloff, M.D. and James Hansell, Ph.D., who have worked toward updating our membership categories to make MPS one of the most progressive and inclusive societies in the country. Our recent bylaw changes introduced two new categories:

1) Psychotherapy Program Affiliate Member, which includes all of the students in our psychotherapy programs, 2) Community Member, which includes those individuals interested in psychoanalysis and the arts, humanities and academically related fields who are not mental health practitioners. The Psychotherapist Membership category was also broadened to include psychotherapists interested in engaging with psychoanalytic ideas, taking classes, and obtaining supervision and psychoanalytic treatment; it is not limited to those who have completed the 2-3 year psychotherapy program or its equivalent.

Kudos to APT, whose recent program, "Melodies of the Mind," with Dr. Julie Nagel and Professor Louis Nagel, was inspirational. Dr Nagel constructed a dialogue between a concert pianist and a psychoanalyst in a creative fusion of minds. An evocative dialogue between Sigmund Freud and Wolfgang Mozart kicked off the day’s conference and highlighted Freud’s valuing of words yet dismissing music, in contrast to Mozart’s expressing himself through music.

A round of applause to APT’s Film Committee, chaired by Dave Lundin, M.A., Robert MacDonell, M.A. and Jolyn Wagner, M.D. for the fantastic job they did on this year’s Reel Deal film series, with a special thank you to Dr. Wagner for her amazing efforts on the committee and her creation and continuance of the Reel Deal blog. Make sure to check in regularly and join in the discussion at www.reeldealmind.org.

Congratulations are due to Dr. Julie Nagel on her new book, "Melodies of the Mind," and to Drs. Nancy Kulish and Deanna Holtzman on their new book, "The Clinical Problem of Masochism." We are proud of these accomplished colleagues and indeed of many other members who participated in various programs at the recent meetings of the American Psychoanalytic Association, too numerous to mention here.

We need your help in completing your questionnaires so that work can progress on setting up our individual pages within the developing Society website. We also need volunteers to write short articles on psychoanalytic topics for the new site.

If you are not already a member of the Society, please join us! We offer the following benefits:
- Discounted tickets to the annual Symposium
- Individual website within the Society's website to advertise your practice,
- Free ongoing CME programs
- Pep-web subscription
- A vital community of therapists and analysts who will challenge you and reward you
- Continuing education, peer support, networking and practice opportunities

We have fun events too! This year, we arranged a "Society Goes to the Theater" event at the Meadowbrook Theater at Oakland University, where we saw "Next to Normal," a rock musical about trauma, family in crisis, and therapy. Dr. Paula Kliger, an expert on trauma, agreed to discuss the play over dessert afterwards.

It has been a great pleasure to serve in the capacity of MPS President during these exciting times. Please join the Society and sign up for a committee or an event. We need your help and value your ideas.

FREE ASSOCIATIONS 
Newsletter of the Michigan Psychoanalytic Institute and Society 
March 2013

The Walnut Lake Preschool Website
is a generous and deeply appreciated gift donated by
Dr. Marvin and Tami Margolis

Website Development and Design: Tami Margolis
Website Committee: Mary Alhermizi Dr. Nancy Blieden Cathy Rozenberg Dr. Don Spivak
Final Text Editing: Audrey Bornstein Karen Conner Tami Margolis
http://www.walnutlakepreschool.org
GROSFELD from cover

To our knowledge this gift is unique and has never been available in any psychoanalytic institute in the world. This fund is a gift that will "keep on giving" for years to come as the recipients of these grants will in time undoubtedly make their own contributions to the welfare of their families and their communities.

Most of the eligible applicants with demonstrable financial need will already be in psychotherapy with a Michigan Psychoanalytic Institute graduate analyst in good standing. Patients in an existing analysis are not eligible for this fund. The fund is not available for candidate analyses or for control analyses. MPI will accept an initial group of applications for this fund from January 28 to February 15. If in that 3-week period, MPI receives more requests than can be accommodated, a fair and transparent lottery will be held to determine which applicants will be selected. MPI will keep a list of applicants not selected who will be considered when places become available. The process will be completely confidential.

"In this world of ours, efforts that help to reduce emotional problems, symptoms and other difficulties need to be celebrated," said David Dietrich, President of MPI. "The Grosfeld Family Fund for Psychoanalysis is an extremely generous gift that will provide for powerfully beneficial clinical analyses for many individuals, and will significantly reduce human suffering. It is enormously appreciated and is to be celebrated."

We deeply appreciate this groundbreaking gift from the Grosfeld family to support psychoanalytic treatment. We are grateful for their vision and financial support for patients who cannot afford psychoanalysis. We hope that this gift will inspire other benefactors in Michigan and throughout the United States to establish similar funds.

News From Walnut Lake Preschool
Nancy Blieden, Ph.D. and Don Spivak, M.D., Clinical Co-Directors
Cathy Rozenberg, M.A., Educational Director

Stopping by Walnut Lake Preschool on a snowy morning, you might see ice sculptures using frozen shapes molded from different plastic containers, hear stories about the arctic polar bears or be offered a Friendship bracelet; you might enjoy some jazz as the children focus on Martin Luther King's "I Have a Dream" speech. As you listen to the cacophony of voices coming from the wee whirling dervishes, you will realize that most of our children come to us with challenges in regulating their excitement, their love and hate, and their deep desire to connect meaningfully with others. Thanks to the work of the excellent staff at WLP—Cathy

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INTRODUCTION

Psychoanalysis and the cinema were born at the end of the last century and have remained inter-related for over 100 years. Both disciplines have repeatedly been reported as "dead," yet they somehow remain essential forces in the evolution and interpretation of current culture and its meaning. Our symposium aims to highlight the rich connections of these two disciplines, especially the unwavering attempt to explore the complex emotional impact of human experience. By "giving voice to pain," both film and psychoanalysis create an opportunity for healing and growth. Those who attend will develop an appreciation of the way that a film approaches difficult themes such as severe childhood trauma and with the opportunity to view and discuss the full length film Distant Voices, Still Lives, participants can deepen their understanding of the complex ways patients communicate their pain in the therapeutic setting. There will be a panel discussion with the speakers, along with ample time for audience Q and A.

PSYCHOANALYTIC APPROACHES TO FILM

Psychoanalysis and the cinema grew up together. When Freud was studying hysteria in Fin de Siecle Vienna, at the same time the Lumiere brothers were inventing motion pictures. The interrelationship of these two disciplines has been of considerable interest for over 100 years. During that time period there have been a variety of psychoanalytic methodological approaches to the understanding of film. In this presentation, Dr. Gabbard will provide an overview of those methodologies and use contemporary and historical films to illustrate these diverse approaches.

A CINEMATIC VIEW OF DISTANT VOICES, STILL LIVES

Distant Voices, Still Lives, Terence Davies masterwork, has been described as “therapeutic cinematic poetry,” (Claus Christensen). Since Davies’ cyclical style is not in the tradition of linear narrative structure, his impressionistic approach may confuse unprepared viewers. Elliot Wilhelm’s analysis will provide a cinematic perspective that increases one’s understanding of Davies’ innovative film method and, more importantly, deepens the capacity to experience the emotional richness of the film.
SPEAKERS

Glen O. Gabbard, M.D. is Professor of Psychiatry at SUNY Upstate Medical University in Syracuse, NY and Clinical Professor of Psychiatry at Baylor College of Medicine in Houston. He is Training and Supervising Analyst at the Center for Psychoanalytic Studies in Houston. He is also in private practice at The Gabbard Center in Houston.

From 2001 to 2007 he was Joint Editor-in-Chief of the International Journal of Psychoanalysis, the first American to hold that position. He is also recipient of the 2000 Sigourney Award for outstanding contributions to psychoanalysis. He is the author of 330 papers and book chapters and is the author or editor of 27 books, including “Love and Hate in the Analytic Setting,” “Boundaries and Boundary Violations in Psychoanalysis,” “Textbook of Psychoanalysis,” “Psychiatry and the Cinema,” “The Psychology of the Sopranos,” and “Psychoanalysis and Film.”

Elliot Wilhelm is the Curator of Film at the Detroit Institute of Arts, a post he has held since 1984. He is director of one of the largest and most successful film series in the nation. He is the weekly host of “Film Festival” on Detroit Public Television. He is the author of “VideoHound’s World Cinema: the Adventurer’s Guide to Movie Watching.”

Marc Rosen, Ph.D. is a graduate of the Michigan Psychoanalytic Institute in Adult Psychoanalysis. He has written and presented on several films, including “Being John Malkovich,” “Closer,” “No Country for Old Men,” and “Fantastic Mr. Fox.” A member of the APT’s Reel Deal committee for several years, he has also taught courses on film in MPI’s Continuing Education Division. He maintains a practice in Southfield, treating adults, adolescents and couples. He also serves as a family business consultant.

Jolyn Welsh Wagner M.D. is an adult psychoanalyst in private practice and a faculty member of the Michigan Psychoanalytic Institute. She is the Co-Chair of the Reel Deal Film Series, which provides a variety of programs each year to enhance the experience of film and to offer a greater psychoanalytic understanding of the year’s most compelling movies. She has taught classes on film and psychoanalysis to analytic candidates and through the MPI continuing education series. She is the administrator of the Reel Deal Film Website (www.reeldealmind.org), which offers an interactive opportunity to learn and discuss film. She has published a paper on psychoanalytic biases in treating elderly patients and remains interested in issues related to aging and gender and, of course, exploration of the way that film theory can enhance our psychoanalytic knowledge.

FREE SEMINAR

A Pre-symposium seminar, free of charge, will be available for those who register early and wish to participate. Jolyn Welsh Wagner, M.D. and Charles A. Burch, Ph.D. will offer an overview of film theory and technique as an introduction to the symposium. Excerpts from “Distant Voices, Still Lives” will be used to illustrate these concepts.

BEHIND THE SCENES

MPS Program Committee co-chairs, Charles Burch and Jolyn Wagner, met with the editor to talk about the evolution of this unique program and to share their ideas about the value of movies for the enrichment of psychoanalysis.

KM: This program really is different from other symposia offered by the MPS. How did it come about?

JW: I’ve been the co-chair of the Reel Deal Film Series for about five years and have been very involved in the programming—choosing films for discussion by psychoanalysts/film theorists and organizing the events. The interplay of psychoanalytic ideas and film theory really intrigues me, and the more Reel Deal programs we did, the more I thought of how really great it would be to have a chance to do an all day event. I talked with

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SYMPOSIUM from 5
Chuck about it and he agreed. When we spoke to Elliot Wilhelm, whom I have gotten to know through the Toronto Film Festival trips and our “Reel Deal Goes to the Movies” held occasionally at the DFT, he agreed to participate and has been wonderful and enthusiastic about it. Glen Gabbard is a very busy psychoanalyst, but when we pitched the idea to him, he also agreed right away. There is obviously a lot of interest and excitement about the concept, which has been really exciting.

KM: Why do you think that is?
CB: Film has long been associated with psychoanalysis. The influence of psychoanalytic ideas goes back to some of the earliest films that dealt with taboo subjects, like ‘M’ (a Fritz Lang film about a child killer) and the whole film noir genre in which there are psychological struggles between good and evil, with difficult moral choices. Things don't always work out happily in film, which reflects the complexity of the human condition. Psychoanalysis is also about the centrality of how people struggle within themselves. The resolution of conflicts/relationships is the staple of everyday work with patients.

JW: Yeah, exactly. I think that film offers a unique perspective by providing a way to look, understand and feel a range of experience that is, of course, helpful in the therapeutic work, but also in the experience of being a person.

CB: There's an interesting parallel. Some filmmakers have been influenced by psychoanalytic ideas, which shows in the depth of their films and even in the content. Filmmakers such as Hitchcock, Bergman and even Woody Allen. We are interested in focusing on the way that film can inform psychoanalysis and psychotherapy.

JW: I don't know if that will be a harder sell. I did worry that people might leave the symposium wondering how a movie is going to make them better therapists. Which of course, it will! We just have to be clear in demonstrating how that is so. When I started to read early film theorists, such as Sergei Eisenstein, I was amazed how film theory was so helpful clinically. Eisenstein talks about “montage” or editing in a film, meaning that when two separate frames are joined together, something completely different is created, beyond the sum of the parts. When I think about how and why a patient stitches two thoughts together, it feels to me like montage and prepares me to expect something more than just two ideas put together. Very cool. The whole literature on spectatorship, put forward by Laura Mulvey, sounds a lot like our own discussions on intersubjectivity.

CB: It's clear that psychoanalysis has also changed. The patient's influence on the therapist is now acknowledged differently.

JW: Like the spectator's influence on the film.

KM: How and why did you pick the film “Distant Voices, Still Lives”?
JW: Well, we considered and watched a lot of movies! CB: Yes, a lot of movies, from classics like Michael Powell's “Black Narcissus” (a favorite of Elliot Wilhelm) and Kieslowski's “A Short Film About Love” to very contemporary films like “Dogtooth” and “Uncle Boonmee Who Can Recall His Past Lives.”

JW: We went back and forth about how accessible a movie needed to be. I really wanted to choose something that was unique and not as linear or transparent as a more typical narrative fiction film. I really loved Terence Davies' latest film, "The Deep Blue Sea," and Chuck suggested "DVSL," which completely bowled me over. Completely. I felt like it had to be DVSL. The more I read about it (it is considered a masterpiece and one of the best films ever made by many top critics), the more I fell in love with it. The story, the music, the visually unfolding story. Chuck had more concerns (rightly so, perhaps) about our audience's reaction and ability to process the film, although he agreed about the nature of the film itself, I think.

CB: Once we knew that Glen Gabbard was going to present a very comprehensive and accessible discus-
sion about ways to psychoanalytically approach a film, we felt more comfortable choosing something that required a more careful viewing. And Elliot was very enthusiastic about DVSL as well. Marc Rosen, our local psychoanalytic discussant, is so excited about discussing the film that he searched out a copy of the screenplay. He told me recently that each time he watches DVSL, he likes it even more.

JW: We also had the opportunity to obtain a really wonderful 35mm print from the UCLA archival library, which adds to the viewing experience, especially in this digital age. A great film in a truly unique theatre like the DFT.

KM: What can you tell us about the Detroit Film Theatre?

JW: We are so fortunate to have such a special venue. The theatre is newly remodeled and immediately takes one back to the "Golden Age," when going to the cinema was an event. The theatre seats over 1,000 people and has a wonderful balcony. Elliot Wilhelm does a remarkable job of bringing unique films which rarely screen outside LA or New York, world cinema and classic movies to Detroit. Part of the excitement of planning this symposium is to bring more people to the DFT.

KM: And they'll be so glad you brought them! Thanks, Chuck and Jolyn. This promises to be a wonderful and very different kind of symposium for us.

JW: See you at the movies!

LOCATION

Detroit Film Theatre of
The Detroit Institute of Arts
5200 Woodward Avenue
Detroit, MI 48202

Map and driving directions can be obtained from the Film Theater website at: www.dia.org/detroitfilmtheatre/14/DFT.aspx

REGISTRATION

Saturday, April 13, 2013
8 a.m. - 3:30 p.m.
5 CME/CE Credits

Early registration is recommended, and a lower registration fee will be offered for those who register by March 26th. Complimentary continental breakfast will be provided.

Detailed information may be obtained from our website, www.mpi-mps.org or by calling Monica Simmons at (248) 851-3380.

Volunteer Needed for Film Archives

Marc D. Rosen, Ph.D.

The Michigan Psychoanalytic Institute and Society Film Archive contains a number of interviews collected over the years, many conducted by Frank Parcells, M.D., when he initiated this project some time in the 60’s. I have continued it, taping interviews with Visiting Professors and senior members of our Society and Institute. All the interviews have been transferred to DVD and are stored in my office. I am looking for someone to help me convert the DVDs to a file format that would enable us to upload them to our website, thereby enabling access to them online. If anyone is interested in assisting in this project, please contact me at 248-353-7310 or via email at psymarc@aol.com.

Also, if anyone is interested in viewing any of these interviews, by all means call me to make arrangements.

AVAILABLE SPACE

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Our Visiting Professor this year is Salman Akhtar: writer, poet, clinician, and cultural ambassador, a man with a unique combination of talents, energies, and viewpoints. He is known for being fully present on stage, where he can be scholarly, astute, and irreverent when necessary. Quoting poetry, or reeling off the ten kinds of silences in the consulting room, or tracing the detailed history of a psychoanalytic concept ex tempore are hallmarks of a Salman Akhtar talk.

Salman Akhtar, M.D., was born in India where he completed his medical and psychiatric education. Upon arriving in the USA in 1973, he repeated his psychiatric training at the University of Virginia School of Medicine, and then obtained psychoanalytic training from the Philadelphia Psychoanalytic Institute. Currently, he is Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia. He is a Fellow of the American Psychiatric Association and the American College of Psychoanalysts. His more than 300 publications include nine books as well as twenty-six edited or co-edited volumes in psychiatry and psychoanalysis and six collections of poetry. He is also a Scholar-in-Residence at the Inter-Act Theatre Company in Philadelphia.

It is difficult to briefly survey Dr. Akhtar’s prolific writings. He has written commentaries on Freud’s core writings: for example, "On Freud’s 'The Future of an Illusion.'" Over the course of his career, he has written or edited books on the topics of separation-individuation, psychosis, fatherhood, siblings, betrayal, intimacy, animals, unusual interventions, and technology. Examples include "The Electrified Mind: Development, Psychopathology, and Treatment in the Era of Cell Phones and the Internet," "Mental Zoo: Animals in the Human Mind and Its Pathology," "Unusual Interventions: Alterations of the Frame, Method, and Relationship in Psychotherapy and Psychoanalysis," "The Damaged Core: Origins, Dynamics, Manifestations, and Treatment."

An unusual and welcome addition to the literature has been Dr. Akhtar’s pioneering efforts in examining cultural and social issues within a psychoanalytic context. He is the author of the acclaimed "Immigration and Acculturation: Mourning, Adaptation, and the Next Generation." He also extended the frontiers even further with four books on national, religious, and ethnic issues, which offer sweeping and often surprising insights into an often neglected subject. The books are: "Freud and the Far East: Psychoanalytic Perspectives on the People and Culture of China, Japan, and Korea," "Freud Along the Ganges: Psychoanalytic Reflections on the People and Culture of India," "The Crescent and the Couch: Cross-Currents Between Islam and Psychoanalysis," and "The African American Experience: Psychoanalytic Perspectives."

Dr. Akhtar has published poetry in Urdu and English. An example of the latter is his editorship of "Between Hours: A Collection of Poems by Psychoanalysts." Finally, Dr. Akhtar is the author of what has been described as a monumental work of love, his "Comprehensive Dictionary of Psychoanalysis," which is felt by reviewers to go beyond the usual terms and concepts to offer the reader esotericia, historical tidbits, and rarely noted coinage of new concepts and now-defunct ideas.

March Book Fare

Binocular Vision: New and Selected Stories by Edith Pearlman

Sunday, March 10, 2013, 1-3 pm
Farmington Hills
Discussant: Loretta Polish, Ph.D.

“Pearlman’s view of the world is large and compassionate, delivered through small, beautifully precise moments ….”

New York Times Book Review, Editor’s Choice

“Every word in every sentence is indispensable, every observation subtle and complex. An example of what happens when talent meets discipline and a stunning intelligence.”

Ann Patchett, Introduction

We will focus on a selection of stories: “Inbound,” “Self-Reliance,” “Home Schooling,” “Allog,” “Chance,” and “Hanging Fire.”

Beautiful two-office suite in Farmington Hills for lease or purchase

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David Haron Relocates to Ferndale

David Haron and Melinda Balian, as partners, and Mercedes Varasteh Dordeski and Maro Bush, as attorneys (formerly of Frank Haron Weiner) joined Foley & Mansfield, PLLP, effective January 1, 2013. David is a former President of the Foundation, and Melinda, Mercedes and Maro have all provided health care, employment, ethics, business, real estate and related legal advice to us. They will continue as previously to advise us and our members in those areas.

Foley & Mansfield is one of the nation’s leading mid-size full service law firms serving clients ranging from multi-national corporations to small businesses and individuals with offices in Minneapolis, Chicago, Detroit, Los Angeles, Miami, New York, Oakland, St. Louis and Seattle.

Foley & Mansfield’s Detroit office is located in a beautiful restored historic building at 130 East Nine Mile Road, Ferndale, Michigan, where you are all invited to visit and tour.

WALNUT LAKE from 3
Rozenberg, Educational Director, Kim Kucharski, developmental kindergarten teacher and Adam Walker, therapist— you will also see the children practicing flexible responses to frustration and transition, learning to express feelings appropriately and developing in so many ways. What kind of school are we? Specialized, unique, creative. A reflection of the community that created and sustains it.

The vision of an MPI therapeutic preschool is made possible by a growing number of supporters. Recently WLP was the fortunate recipient of an extraordinarily generous gift from Nancy and James Grosfeld.

Our Advisory Board Members, Dick Blieden (Chair), Helen Vlasic (Treasurer), Audrey Bornstein, Joan Horwitz, Jane Miller, and Sharon Pink, along with MPI members Dick Ruzumna and Barry Miller, are invaluable supporters. The following committed professionals donate hours weekly to work in the classroom, supervise graduate students, and consult with families: Marcy Broder, M.S.W. (Family Consultant Coordinator), Bette Glickfield, Ph.D. (Graduate Training Coordinator), Alison Cardew, M.A., Michele Cowley, Lori Chopra, M.A., Barbara Fried- man, M.S.W., Maxine Grumet, Ph.D., Marc Hirsch, Ph.D., Lakshmi Kaza, M.D., Sydney Newberg, M.A., Robin Rayford, M.A., Margo Siegel, M.S.W., and Susan Wainwright, M.D.

Our hard-working advanced practicum students, Britney Devine, M.A. and Brian Peck, are joined by Hope Clayton and Priscilla Zoma in the classroom.

This year we are the proud recipient of a research grant from the Children’s Psychological Health Center in San Francisco to provide Reflective Network Therapy in the Preschool Classroom, a project using an applied psychoanalytic model that measures outcome variables.

We have established a business planning group chaired by Christina Ohar-Palo, an experienced executive from the automotive industry, to help with strategic and organizational planning. Our major fund-raiser to supplement tuition (which covers only 50% of operations) will take place this spring.

Please call Cathy Rozenberg at 248-339-6263 or write Nancy Blieden, Ph.D. at nbliedenphd@comcast.net or Don Spivak, M.D. at dspivakmd@comcast.net if you would like more information on how to participate. We need your help!

Michigan Psychoanalytic Institute
Treatment Clinic
Reduced-fee psychoanalysis and psychotherapy for adults, adolescents, children and families in Southeastern Michigan.

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Washtenaw and Livingston: 734 761-2727.
The Fil Strip

The Girl With the Dragon Tatoo
Loretta Polish, Ph.D.

A story arc as old as David and Goliath and as recent as this film plays on fantasies of triumphing over powerlessness and deficiency. Authors and screenwriters regularly exploit our vulnerabilities, replaying the rags-to-riches to great effect. Out of costume, for example, Superman is the most ineffec-tual of nerds, always in the wrong place at the wrong time; cooped up in his uncle’s attic, accused and despisep by his caretakers, Harry Potter begins his journey, the very essence of aloneness. And Jason Bourne literally can’t remember his own name.

Stieg Larson’s heroine, Lisbeth Salendar, debuting in “Girl With the Dragon Tatoo,” is similarly disenfran-chised. Without family, friends or resources, she is left, like her fellow heroes, to rely on the development of her internal resources. Like them, she remains alien-ated and wary.

The beginning of the film finds her working as a researcher for a security firm. She lurks outside an apartment building, shooting glances here and there, blending into the darkness. Stealing the building security code, she slips into the doorway like a ghost. Her boss is impressed by her abilities but puzzled at her Goth armor, pierced nose and eyebrows, tattoos, and “astonishing lack of emotional involvement.” Summoned to his office to meet a client, she skulks through the door, shoulders hunched, eyes down, shooting out staccato answers. What there is of her affect is defensive, resentful, cornered, superior, preoc-cupied and desperate to withdraw back into her inner world, where she is protected by a array of schizoid defenses, such as defensively dissociated, blocking out and denying from dangers lurking in relational involvements.

We understand her hiding behind a costume and alienating co-workers, as protecting herself from the slings and arrows of circumstances and the dangers of attachment. Having learned to hide in plain sight, she has perfected a defensive stance designed to protect herself from the helplessness and vulnerability she has experienced.

A virtuoso on the computer, she mobilizes its imper-sonal probing in the service of seeking information on others. Tenacious and resourceful, her ability to compartmentalize enables her to pursue her leads with laser-like focus, an ability she employs when gaining a remarkably multi-faceted revenge after her misogynistic government worker leaves her seem-ingly helpless. In one dramatic action, with some creative torture of her own, she neutralizes her tormentor, and gains financial autonomy. And she does one more thing: she carves into his chest a warning to other potential victims; in that action she is able to infuse her revenge with not just rage, but meaning. She resolves to avenge misogynistic crimes on women.

By mobilizing her resourcefulness into a meaningful pursuit, she takes a step toward healing from trauma, and in developing goals infused with empathic connection, she moves past her alienated disavowal of relationships toward post-traumatic growth.

When commandeered by journalist M. Blomkvost to assist in pursuing the missing Harriet and the crimes of the Vanger family, she gets her opportunity to pursue these goals, but now in the context of a relation-ship. Despite a rocky start, the facets of this relation-ship are instrumental in allowing Salander to regain the capacity for attachment and vulnerability.

Barging into her apartment, Blomkvost is aggres-sive, matter of fact, and dismissive of her glaring dislike of him. He is all business. “Lisbeth—may I call you Lisbeth—I want you to help me catch a killer of women.” Her eyes widen; she is engaged. Short on small talk, Blomkvist remains direct. His interest is clearly not in her as a sexual object, but as a skilled computer expert. His boundaries are clear: he tells her, as she uses his computer, “We’ll figure out what’s yours and what’s mine.” His attitude says, “We are equals here, pursuing the same end.” The demands of the situation supersede her angry edge.

As they collaborate, they are creating a potential relational space. They weigh hypotheses while their ideas reciprocally affect each other. In this milieu,
Salandar becomes able to create affectional bonds with Blomkvist; gradually they look more like a couple with a shared area of experience. She's able to tell him, “I like working with you.”

In finding Harriett, Salandar finds herself. Having transcended her alienated, detached protective stance through altruistic goals and a healing collaborative, empathic relationship, she, in her caring for Blomkvist, allows herself to become vulnerable. And, although at the film’s end, she is disappointed in that relationship, we trust that her growth will sustain and follow her into the next book.

Upcoming Continuing Education Classes

Understanding and Working with Addictions
Thomas Kane, D.O.
March 4 - April 22

Psychoanalytic Treatment of Couples
Glenn E. Good, Ph.D.
April 29 - June 3
[See website for details or call Monica Simmons at 248 851-3380]

New Clinical Service for Anxiety and Mood Disorders
Marvin Margolis, M.D.

On January 1, the Treatment Clinic of the Michigan Psychoanalytic Institute inaugurated a new Clinical Service for children, adolescents and adult patients whose primary symptoms include severe anxiety and/or mood disorders. Often these patients are suicidal. This project is being undertaken jointly with the Andrew Kukes Foundation (AKF) for Social Anxiety. This Foundation approached MPI to help provide clinical services for this population. The diagnostic range of such cases would include dissociative disorders, panic attacks, social anxiety, major depression, and bipolar conditions. Most of these cases would have experienced significant loss and/or trauma in their past. Because of the complexity and severity of these conditions, many of these cases have been only minimally responsive to normally adequate mental health care; often the treatments have floundered and too many ended tragically. Currently this patient population rarely receives intensive comprehensive care by psychoanalysts. We feel that many of these patients could be significantly helped by psychoanalysts together with appropriate psychopharmacologic support. In some cases family counseling might also be indicated. An initial group of 14 colleagues with extensive experience with this clinical group have indicated their interest and availability. Our plan is to begin with a small number of patients (10) for the first year (2013). During this first year we hope to learn how we can best apply our psychoanalytic understandings to more adequately treat this challenging group of patients. We plan to utilize this experience as we expand this clinical service to 30 patients. The project will then continue for an additional 5 years at which time we will review our findings and be able to report some early clinical results. We will continue the treatment of these patients for as long as is clinically indicated.

We have a dedicated telephone answering service (248-539-2223) for this project. On-call analysts will answer each call on the day of the call. Each case will then be discussed with Dr. Dushyant Trivedi, Medical Director of the Clinical Service. Next, the case will be assigned to a psychoanalyst who will be immediately available to provide an in-depth evaluation which will subsequently be discussed with two analysts to consider the suitability of the patient for analysis or analytic psychotherapy. We will be particularly interested in the reasons for the failure or minimal effectiveness of previous treatment. The previous medication will also be reevaluated. Following this staff review, the analyst will then begin the treatment. The patients will be the private patients of the treating analysts and will be seen in his/her private office. The two review analysts will be available for consultation should this be indicated. All cases will be reviewed approximately midway through the first year. Dr. John Porcerelli has developed quantitative and qualitative measures of change which the patient and therapist will complete pre- and post-treatment.

It is anticipated that some patients may not match the criteria for severity of symptoms and/or suitability for psychoanalytic treatment. In that case referral will be made to more appropriate therapists in our community.

Our hope is that we will provide a much needed service in our community. At the very least, we will demonstrate that psychoanalysis has an important role in the treatment of these patients. Perhaps we may also improve our ability to treat this challenging clinical group.

For the past 8 months we have worked closely and collegially with Lori Blumenstein-Bott, M.S.W., the Executive Director of the Andrew Kukes Foundation, to plan this joint effort. The collaboration will continue as we attempt together through our separate websites and outreach efforts to inform patients of this new clinical service. We believe that this joint project is just the beginning of a broad range of educational and clinical projects that we will conduct together with the Andrew Kukes Foundation.

If you know of any patient that might profit from these services, please have them call (248) 539-2223. Spouses and family members are also encouraged to call the above number for further information.
Book Review

The Age of Insight
Robert MacDonell, M.A.

"Biology is truly a land of unlimited possibilities. We may expect it to give us the most surprising information, and we cannot guess what answers it will return in a few dozen years... They may be of a kind which will blow away the whole of our artificial structure of hypotheses." —Sigmund Freud, Beyond the Pleasure Principle

Eric Kandel is an international leader in the field of neuroscience. He is a professor of neuroscience at Columbia University, and founder of the Mind Brain Behavior Initiative there. Most notably, he is the 2000 recipient of the Nobel Prize for Medicine or Physiology for his pioneering work in the neurophysiology of memory. His most recent work, “The Age of Insight: The Quest to Understand the Unconscious in Art, Mind and Brain,” is a masterful work of intellectual history that not only encompasses the period of the early 1900s through the present, but spans the vast territory of medicine, science and the humanities in the process. Part memoir, part literature and art history, and part neuroscience, it is a thoroughly engaging and enjoyable quest to reconcile the mind-brain dichotomy.

When asked in a recent interview what Freud might make of neuroscience today, Kandel said: "I think Freud would have loved modern neuroscience." Freud had great respect for biology and its potential explanatory role for psychological functions, as can be seen in the quote above. Remarkably, as neuroscience is unfolding today, many of Freud's original ideas have stood the test of time and are being confirmed experimentally.

In 1895 Freud attempted to provide his own biological basis for psychological functions in his book titled "The Project for a Scientific Psychology." Freud makes clear reference there to what are now—a century later—experimentally confirmed theories about the function of neurons. In the second chapter, "The Theory of Neurons," Freud states, "An essential element of this new knowledge is that the nervous system consists of distinct neurons, which are in contact among themselves by means of an extraneous substance..."

Freud's insights did not stop there. In Chapter 3 he theorized about the possibility of representing memory in the brain as "a permanent [neurological] alteration following an event."

Freud's initial enthusiasm soon turned to frustration, however, as he realized science was not yet capable of testing these theories, though he held out hope for it as a distant call of the future.

Around the turn of the 20th century, Freud abandoned his career in neurology to turn his attention to the pursuit of a dynamic theory of the mind that eventually became the foundation for psychoanalysis. Although only a small portion of his career was spent in neurology, Freud's early contributions in this area were and remain remarkable for their time. Indeed, they were early precursors to today's new science of the mind.

Over 100 years later, Eric Kandel won the Nobel Prize for his pioneering work in the neurophysiology of memory, which serves as the foundation of a new science of the mind. Biological drives (instincts) have been identified and mapped as originating in, and being mediated by, the hypothalamus and the amygdala; and superego functions have been found to have a neurological correlate in the brain. It seems as if we may be on the verge of unraveling the mysteries of consciousness, the unconscious, and other paradoxes of the mind-brain dichotomy.

Born in Vienna in 1929, Kandel immigrated to Brooklyn, New York with his family in 1939 to escape the Nazi occupation of Austria. In later years as a student at Harvard he majored in European history and literature, and it was there that he met and fell in love with Anna Kris, daughter of Ernst and Marianne Kris, also immigrants from Vienna and prominent psychoanalysts from Freud's circle. Over time, the Kris's kindled in their Viennese compatriot an interest in psychoanalysis.

In his own words: "Psychoanalysis had developed a theory of the mind that gave me my first appreciation of the complexity of human behavior and of the motivations that underlie it. I read Freud's "Psychopathology of Everyday Life." Psychoanalysis held the promise of self-understanding and even of therapeutic change..."
based on an analysis of the unconscious motivations and defenses underlying individual actions. What made psychoanalysis so compelling to me while I was in college was that it was at once imaginative, comprehensive, and [for its time] empirically grounded. Psychoanalysis opened an unsurpassed view, not only of the rational and irrational aspects of motivation, and unconscious and conscious memory, but also the orderly nature of the development of perception and thought."

In 1951 Kandel entered Harvard Medical School with the intent of becoming first a psychiatrist, then psychoanalyst. But by the end of his senior year, he had decided to pursue a research opportunity in neurophysiology at Columbia, igniting his life-long career. Kandel might be said to have taken up where Freud left off in theorizing about the neurophysiology of the brain. In his 2006 memoir, “In Search of Memory,” Kandel chronicles his life and work in neuroscience, describing his journey to understand how memory is created in the brain. His seminal work in the area of memory now serves as the nexus of cognitive psychology, neuroscience and molecular biology in the new science of the mind.

“The Age of Insight” begins in the hotbed of culture in Vienna in 1900 that fed the intellectual appetites, insights and contributions of physicians, artists, writers and art historians. Wrapping us in Vienna’s version of the ‘neuroaesthetics’ of its time, Kandel enchant us with detailed descriptions and illustrations of the close knit community of intellectuals there—Freud (neurologist and founder of psychoanalysis), Carl Rokitansky (medicine), Arthur Schnitzler (physician), and Gustav Klimt, Egon Schiele & Oscar Kokoschka (Expressionist artists)—who were all influential voices in the integration and unification of knowledge of the time.

He then takes us on a long detour through the dense and sometimes mysterious forest of current neuroscience before eventually leaving us at the doorstep of an evolving dialogue between the new science of the mind and the humanities.

From Rokitansky, Freud, the Expressionist painters Klimt, Schiele & Kokoschka, and physician-turned-writer Arthur Schnitzler, a new view of the human mind emerged in Vienna in the salon of Berta Zukerkandl (wife of Emil Zukerkandel, anatomist in Rokitansky’s pathology department at the Vienna School of Medicine). Rokitansky encouraged his medical students, which included Freud and Schnitzler, to “look below the surface” of appearances to understand what was going on clinically with their patients (auscultation, percussion, x-rays, etc.). This Freud later did, plumbing the depths of the mind; and Schnitzler did through his newly evolving technique of the “inner monologue.” Using this technique, he exposed the inner thoughts, anxieties, aggression and sexuality of his characters. “What lies beneath the surface,” both physically and psychologically, was in essence the theme that cut across the work of everyone in the circle of Berta’s salon.

In their portraiture, Klimt, Schiele & Kokoschka exaggerated facial expressions and body gestures and contorted extremities, to lay bare the human psyche in ways that had never been done before. In doing so, they intentionally provoked in viewers the primal emotions of fear, aggression and sexuality. Today, aided by sophisticated imaging technologies (PET scans, MRIs, etc.), we understand such emotions to be mediated through neurons in the amygdala. In their era, the Expressionists understood well the beholder’s response. Today we understand well the physiology of synapses, whereas in Vienna they understood well how to evoke primal emotions through their images.

Like Freud and the Expressionists, Schnitzler explored the unconscious drives of aggression and sexuality. But unlike Freud (who, it is largely agreed, botched the case of Dora due to his poor understanding of female sexuality), Schnitzler understood well the erotic life of women from their own perspective. Schnitzler writes insightfully in “Fraulein Else” about Else’s emotionally conflicted and sexually charged states of mind by exposing to the reader her inner monologue.

In a philosophy course I had as an undergraduate a student once asked the professor this question: “Aren’t the mind and the brain the same thing?” His answer—one line without elaboration—was, “The brain is a necessary, but not sufficient condition for having a mind.”

“The Age of Insight” brought me closer to an understanding of what the professor meant than anything I’ve ever read. It is so rich in content that I could go on forever about all that lies within. But there’s not enough room here for that. So instead I will stop here and encourage you to run out and get your own copy. It is so well written and impeccably researched you deserve to have a copy of it on your bookshelf for ongoing reference; or on your coffee table because it is so beautifully illustrated. But most of all you deserve the pleasure of reading it.
Free Money for the Foundation
Hiller’s and Kroger Scrip Programs

The Michigan Psychoanalytic Foundation is enrolled with Hillers and Kroger grocery stores as a non-profit qualified to receive a portion of shoppers' purchases. To enroll is simple:

Hiller's: Simply come by the MPI offices and pick up a scrip card. When you shop at Hillers, give it to the cashier with your credit card. The scrip card will be credited with whatever amount you want. Then every time you make a Hiller's purchase, MPF will receive a small percentage.

Kroger: If you don't have a Kroger Plus Card, sign up at the customer service desk at any Kroger store. Then follow these steps:
1) With your Kroger Plus Card in hand, go to krogercommunityrewards.com.
2) Click “Create an Account” (unless you've already registered).
3) Sign up for a Kroger Reward Account by entering zip code, clicking on favorite store, entering your email address, creating a password, and agreeing to the terms and conditions.
4) Check your email inbox and click on link in the body of email.
5) Click “My Account,” and then enter email and password to proceed to next step.
6) Click on “Edit Kroger Community Rewards Information” and input your Kroger Plus card number (or phone number that's attached to your account).
7) Enter NPO number - ours is 91217.
8) Select Michigan Psychoanalytic Foundation

Eight easy steps for free money!!

If you have any problems with either program, contact Marc Rosen at (248) 353-7310 or psymarc@aol.com.

We hope to introduce more scrip programs for a wider range of stores in the coming year.

Graduates

Al Garmo, M.D. recently graduated from the Adult Psychoanalytic Program at the Michigan Psychoanalytic Institute. He is in private practice in Birmingham providing psychiatric care, psychotherapy and psychoanalysis for adults.

Dr. Garmo earned his Bachelor of Science in Psychology with distinction (1997) at the University of Michigan. He earned his Medical Degree from Wayne State University (2001).

He completed his Psychiatric residency at Henry Ford Health System (2005). He is Board Certified in Psychiatry from The American Board of Psychiatry and Neurology.

Dr. Garmo served as an adult outpatient psychiatrist at Henry Ford Health System (2005 - 2011) while in private practice and training at MPI. He currently teaches and supervises psychiatry residents at Henry Ford Health System.

Dr. Garmo is married to Marla Garmo, L.M.S.W., who has a psychotherapy practice in Bloomfield Hills. They have two children, a son and a daughter. Dr. Garmo's interests include reading and travel. Most of all, he enjoys spending time with his wife and children.

Barbara Kilian, M.D. graduated from the Adult Psychoanalytic Program at the Michigan Psychoanalytic Institute in September, 2011. Dr. Kilian earned her medical degree at the Gdansk University of Medicine in Gdansk, Poland. After moving to the United States, she joined the psychiatry residency training program at Wayne State University where she received the Carol Burgoyne Outstanding Graduating Resident Award. During her residency, she completed a two year Adult Psychoanalytic Psychotherapy Program at the MPI. Following residency, she started working as Medical Director at the University Psychiatric Center in Livonia and began developing her private practice. She also worked at the Downriver Guidance Center providing general psychiatric care for adult patients as well as consultation to psychology interns.

Currently, Dr. Kilian has a full-time practice in adult psychoanalysis, psychoanalytic psychotherapy, and general psychiatry in Southfield. She is an instructor in the Adult Psychoanalytic Psychotherapy Program at MPI. Dr. Kilian is a recipient of the Nathan Segal Writing Award (2012) for her paper, "The Embracing of Love and Self as a Part of Transformation in Mourning."

Dr. Kilian takes great pleasure in sharing her professional experiences with her daughter, Dr. Eva Waineo, who is a psychiatrist at Wayne State University and a candidate at the MPI. She is proud of her son, Adam who is a fourth year medical student. In her spare time, Dr. Kilian enjoys reading, attending theater, jogging, cross-country skiing and traveling.
Meet the Candidate

Dr. Louis Feurino received his M.D. from Baylor College of Medicine in Houston, TX in 2007. He completed a residency in psychiatry at the University of Michigan in 2011. He has a B.A. in philosophy from Fordham University in New York City, and spent a year studying at Cambridge University in Cambridge, England. He is currently a full time candidate in psychoanalytic training at the Michigan Psychoanalytic Institute. He maintains a private practice in Ann Arbor, Michigan, where he works with adults in psychoanalytically-oriented psychotherapy.

Member News

Laura Huggler, Ph.D. published an article in the trade publication CUNA (Credit Union National Association), November 2012, entitled, "Embezzlement: The 'Hidden' Loss." The article discusses the psychodynamic impact (including loss, grief, anger and betrayal) of the embezzlement on employees and the organization-as-a-whole.

"Melodies of the Mind: Connections between Psychoanalysis and Music" by Julie Jaffee Nagel, Ph.D. has been published by Routledge Press.

On February 2, 2013, Drs. Louis and Julie Nagel were presenters at the APT annual conference at the Steinway Gallery in Commerce Township. The all-day program titled, "Melodies of the Mind," included a dialogue between S. Freud and W.A. Mozart as well as a performance of Mozart's piano sonata in A Minor. Clinical material was offered in addition to taking music and psychoanalysis beyond the concert hall and consulting room.

On February 17, Julie Jaffee Nagel will present a paper at the Michigan Psychoanalytic Council on "Ambiguity in Officer Krupke from West Side Story."><br>
At the APsaA meetings in New York in January 2013, Dr. Nagel chaired the Discussion Group, Psychoanalytic Perspectives on Music. The featured presenter was Sunil Iyengar, Director of Research and Analysis at the National Endowment of the Arts. The discussant was Stuart Twemlow, M.D.

Lena Ehrlich, Psy.D. was invited to chair the Candidates' Forum, a panel organized by the Candidates' Council and devoted to candidates' interests. This year's panel, entitled, "Challenges in Getting Control Cases: 'It Only Feels Impossible"' explored the many challenges, both internal and external, that candidates face in finding and engaging control patients. It took place at the January meeting of the American Psychoanalytic Association.


Dwarakanath G. Rao, M.D. was appointed member of the Committee on Institutes of the APsaA Board on Professional Standards.

Publications


CALENDAR

**March 3**  Bloomfield Township  
Reel Deal III - “Beasts of the Southern Wild”

**March 10**  Farmington Hills  
Book Fare: “Binocular Vision: New and Selected Stories”  
Loretta Polish, Ph.D.

**March 18-23**  Various locations  
Visiting Professor of Psychoanalysis  
Salman Ahktar, M.D. (Philadelphia)

**March 23**  Farmington Hills  
MPI Open House, 11:30-1:30  
“Human Goodness: Its Relationship to Psychoanalytic Theory and Technique”  
Salman Ahktar, M.D. (Philadelphia)

**April 13**  Detroit Film Theater  
“Healing the Past in the Present: Giving Voice to Pain Through Film and Psychoanalysis”  
Glen O. Gabbard, M.D. (Texas)  
Elliot Wilhelm (Detroit)

**May 4**  Farmington Hills  
“When the Old Neighborhood Changes: The Role of Mourning in Organizational Mergers”  
Laura Huggler, Ph.D.  
Alan Krohn, Ph.D.

**May 5**  Bloomfield Township  
Reel Deal IV - “The Sessions”