MICHIGAN PSYCHOANALYTIC FOUNDATION
26TH ANNUAL BENEFIT

HEAL A MIND
HEAL A LIFE

HONORING DAVID L. HARON, JD
Music for the evening by Oakland Jazz Quartet

26th Annual Foundation Benefit
Nancy Blake
Benefit Committee Chair

The Michigan Psychoanalytic Foundation will hold its 2010 Annual Benefit, celebrating its 26th year and honoring David L. Haron, J.D., at the Inn at St. John’s, in Plymouth, on Friday evening, November 19.

The theme this year is “Heal a Mind, Heal a Life...Strengthen a Community.”

A wine reception will be followed by a buffet dinner and entertainment featuring The Oakland Jazz Quartet.

Information about the venue, as well as maps and driving directions, can be obtained from the website of the Inn at St. John’s, www.stjohnsgolfconference.com. Please join us for what we expect to be a wonderful event.

Tickets are available for $150 ($75 for students and residents) through the Institute office (248-851-3380).

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Your Gifts Make a Difference in Our Community!

Celebrate the memory of a loved one or recognize special events—birthdays, graduations, and achievements—in the lives of those important to you by making a contribution "in memory of" or "in honor of" to the Michigan Psychoanalytic Foundation. A personalized card will be sent to the individual or family specified by you.

Your support makes it possible for us to continue and expand our outreach activities in the metropolitan Detroit and Ann Arbor communities such as:

• affordable therapy for adults, adolescents and children through our Treatment Clinics in Farmington Hills and Ann Arbor.
• free mental health services for the families of military reservists
• our therapeutic preschool for special needs children

Please send your tax deductible contribution payable to the Michigan Psychoanalytic Foundation, a 501(c)3 organization, or call Jean at 248-851-3380 (jeanlewis@x.netcom.com).

Thank you for your generous support!
An Evening of Tribute for David L. Haron, J.D.
Nancy Kulish, Ph.D.

David Haron, the 2010 honoree of the Michigan Psychoanalytic Foundation’s annual benefit, gets pleasure from helping people and solving problems—“just like you psychoanalysts do.” To explain his outlook, somewhat diffidently, he quotes the adage, “Save the world by helping one person at a time.”

This attitude is evident in his work. As senior partner in the Troy law firm, Frank, Haron, Weiner and Navarro, Dave is a litigator and mediator, but has come to specialize more and more in health care law. This specialization began almost by accident in 1993. A woman, who happened to have Dave’s name, came to him because she was troubled that her employer, a lab company, was charging the government too much. Haron brought the case to the court under a “whistle-blower” provision of the federal False Claims Act and recovered $119 million for the United States government. Now Dave has become known as an expert in the area of other false claims, including Medicare and Medicaid fraud, and his firm helps medical institutions and physicians with credentialing, regulations, documentation, and bioethical issues.

Dave brought his zeal for public causes and legal expertise to help the Michigan Psychoanalytic Institute and Foundation during his term as treasurer of the Foundation from 2002 to 2004 and then its president from 2004 to 2007. Dave says he was deeply impressed by how much time the members of MPI donate to outreach and felt an affinity with the cause of improving mental health in the community. During his tenure, he promoted the importance of organizational outreach and of MPI/MPF becoming known to the public and facilitated the center’s new website. Behind the scenes, he helped the Institute with its important legal issues, including documentation and organizational/structural matters.

Dave’s mission goes beyond helping one person at a time in his work for the larger good. He currently is on the board of JARC and its legal committee, and, especially dear to his heart, a trustee of CATCH, the Sparky Anderson Charity for Children. CATCH raises money for needed supplies and equipment for sick children. He and his wife and family established a library and computers for the use of young patients at Children’s hospital. He has been on the Temple Israel Board of Trustees, the Farmington Hills Planning Commission, where he served as chair, and the Salvation Army Advisory Board. He has been president of the Oakland Bar and is now a trustee, and participated in numerous committees in the community on such projects as increasing voter participation, adult education, etc.
In all of this, Dave becomes a leader. “I can’t stand it,” he said, “if I see something wrong, I’ve got to do something.” To make a difference, he thinks, “You have to step forward.”

His awards are many. He was named one of the “Leaders in the Law” By Michigan Law Weekly 2010, one of “Michigan Super Lawyers” from 2007 to 2010, and was given a Citizen’s Appreciation Award from the City of Farmington Hills.

Dave loves to mentor younger colleagues. With his wife, Pam, he has established a scholarship at the University of Michigan for law students who do community service. He serves as a mentor for the bar association and teaches health law at Cooley Law School. In addition, and without trumpeting the fact, Dave and his firm do much pro bono work. Currently, the firm helps individuals caught up in real estate foreclosure and victimized by predatory lending. Dave has authored many legal publications focusing, not surprisingly, on advice to individuals about real estate, on fraud and abuse in the health care industry, and to health care professionals.

Dave is direct and down-to earth. Those who know him personally know that it is his family that grounds him and means the most to him—his wife Pam of 41 years, his two children, Eric and Andrea, and his four grandchildren.

Heal a Mind, Heal a Life

The story of one soldier and the internal war that nearly incapacitated him beautifully illustrates this year’s benefit theme. Lt. R., a dedicated, well-respected officer, became listless, anxious, and avoidant of assignments as he became increasingly preoccupied with painful memories of his tour of duty in Iraq. Attention and concentration were impaired by these nagging thoughts of the men and women under his command who had died unexpectedly. Lt. R. was uncomfortable speaking aloud about these memories. Unable to find relief from his burden, he had almost decided to leave the service when a wise and understanding commanding officer—a thirty-year veteran of both education and military service—referred him to SOFAR-MPI (Strategic Outreach to Families of All Reservists). Two volunteer psychoanalytically-trained clinicians responded quickly to his urgent call for help. Although at first reticent and guarded, Lt. R. gradually warmed up and accepted the invitation to talk, privately and unhurriedly, about the events of his Iraq tour, uncovering as he did so the personal reasons for his difficulty moving on. In his mind, the death of a particular young person in his charge was connected with the earlier death of another young person—a beloved family member. Once he understood that this old grief was absorbing his attention, he was able to talk about that earlier experience and examine the ways that he had been haunted by the trauma, holding himself irrationally responsible for his loved one’s death. Through this psychoanalytically informed psychotherapy he was able to free his mind from the anguished memories. It took several months for him to confront his fears and pain, but once he had done so, his feelings of confidence and competence returned, and he was able to return to duty. He was asked to take on a coveted assignment which he had previously wanted to turn down. Within a year he was promoted. Lt. R. said, upon reflection, that SOFAR-MPI was the single most important factor in turning his life around. He was appreciative of the confidentiality, the understanding and the opportunity to learn about himself and “to hope again.” His mind healed, he returned to his life, assuming once more his role of service to his country and his countrymen.

Heal a mind... Heal a life... Strengthen a community. The vision is as simple as that.
Institute President's Remarks

Why Psychoanalysis Now?
Dwarakanath G. Rao, M.D.

A heartening fact: 22 young people registered for the Psychoanalytic Psychotherapy Fellowship this year. They signed up to meet weekly to hear about what it is like for two people to be in extended conversation over a period of time in an effort to listen and comprehend. Many of them were encouraged by those who took the course in prior years. They came from many disciplines, including large numbers from psychiatric residencies.

Why this renewed interest in psychoanalysis? A growing sense among experts is that implicit mental functioning is as important as explicit mental functioning. Not surprising to psychodynamically-informed clinicians, this emphasis on the dual aspects of mentation is being rediscovered and put to the test in laboratories and consulting rooms worldwide. Implicit and explicit are bridging terms that convey the developmental and adaptational tensions that exist between familiar concepts: unconscious and conscious, non-verbal and verbal, body- and evolution-specific and culture- and language-specific, unmentalized and mentalized, primary and secondary process. Words have meaning, but so does silence. Turf wars among rigid schools of thought are waning. Psychoanalysis is no longer just one school of thought, but increasingly is recognized as a range of approaches to the subjective mind.

Neuroscience is rediscovering and shining a new light on psychoanalysis. Biological treatment protocols are becoming nuanced and informed by the expectable truths of subjectivity, transference and countertransference. Our colleagues and the public at large are becoming similarly informed, and want to know what psychoanalysis has to offer in settling questions about human distress.

MPI Moves Forward

MPI is glad to provide a setting and an opportunity for those who wish to explore this frontier land of subjective experience with like-minded colleagues. This fall, MPI is poised to showcase new courses and will continue to offer flexible new pathways to analytic training. These include half-time candidacy for clinicians and academics, and early admission candidacy for busy residents, graduate students in mental health and other academic disciplines. We invite you to go to our website at www.mpi-mps.org for more details.

We re-imagined the Psychotherapy Program to be more flexible (classes once a week rather than twice a week), and more relevant to contemporary clinical work (details in this issue of the Newsletter). We welcome our new candidates, who come to us with diverse interests and training backgrounds. We continue to brainstorm on new ways to balance a principled and rigorous training program with flexibility and innovation.

Site visits

Our site visits concluded in the spring. MPI is regarded as providing excellent training overall and accreditation is certain. However, in the tradition of collaboration and consultation on ways to improve and enhance our programs, we are in dialogue with the site visit team about their views, findings, and suggestions.

Annual Benefit

We are again at that time of year—the Annual Benefit. Our motto this year is “Heal a Mind, Heal a Life,” to highlight the life-enhancing effects of attending on an individual's mind. This year we honor a stalwart supporter of MPI, David L. Haron, J.D.

I personally invite you to join us in celebrating our accomplishments and raising essential funds this year—our good causes are many. I will only mention some: MPI Treatment Clinic offering affordable treatment, our scholarship funds, SOFAR-MPI, which offers consultation, education, and referrals for soldiers and their families, and our newest project, the Walnut Lake Preschool, one of only ten psychoanalytically-informed schools in the nation.

We warmly invite you to the Benefit on Friday, November 19, 2010 at the Inn at St. John's in Plymouth. Please consider making a generous donation to our Foundation to promote the cause of comprehensive mental health treatment in our community.

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Society President's Remarks

Society Re-energized by Members
Nancy Blieden, Ph.D.

I write this just after attending the first fall meeting where the Novicks spoke to a record number of attendees coming from all over the metro Detroit area. It was a great opening forum with a wonderful brunch and a rich intellectual repast. Our thanks go to our
presenters, whose many contributions to our community are renowned, and to Patricia Plopa, Program Chair, who carried out the afternoon so flawlessly and welcomed everyone so warmly.

Warmly... that's what the Society means to me and I hope to you. We are very excited about being able to offer PEP-WEB subscriptions to new members, which will be highlighted in our psychotherapist membership drive this year under Sue Orbach’s energetic direction. Because we now represent a broader member base, along with our APT colleagues, we feel that we can address issues that affect the whole community of therapists with psychodynamic practices. The more voices among our members, the more informed and effective we will be.

We plan to devote this year to presentations at our business meetings about the current realities of practice, including HIPAA, national health care, and parity. The list is long, but there are two underlying issues we will confront: 1) how to uphold standards of excellence while external exigencies require unfamiliar adaptations and 2) how to motivate our group to promote government actions that will protect our patients and our practices.

Thanks to Nancy Kulish, who spent countless hours working with the American Psychological Association, we are now able to offer Continuing Education credits to psychologists. Another colleague introduced us to an online voting tool (Survey Monkey), the use of which yielded an exceptionally large voter turnout. We plan to make continued use of this and other communications tools.

The Executive Council will continue to fine tune the Society’s mission with input from members. In addition we will continue exploring the role of the Society vis a vis the Institute with the goal of having more voting representation on matters concerning the broader community. We have much work to do this year and will need all to participate, so please plan to attend our next meeting on November 11.

The Society is made up of members who give selflessly of their time, energy and creativity to our community. This is the time of year to give financially to support the organization that means so much to all of us. In the speed-oriented video and texting culture of our age, it seems to me to be of exceptional importance that we support the values of our institution. MPS-MPI brings us together in unforgettable ways that could not be more enticing to the human mind and heart. Give and give generously! ✶
Ways to Give This Year

• Make a generous donation that can be paid in installments over the coming year and encourage a friend to do the same or make a monthly donation that is the cost of one therapy session
• Place a congratulatory message to David L. Haron, J.D. in the Ad/Tribute Book
• Double the contribution you made last year or increase the amount by some small increment
• Ask a friend of psychoanalysis to donate generously and agree to match their gift
• Donate the cost of your favorite Starbucks drink for one day a year - about $650.00
• Place your own ad or one solicited from a neighborhood business associate in our Ad Book
• Donate an amount that will fund a "Clinical Moment" supper, a Visiting Professor reception, or the administrative operations of the Treatment Clinic and Walnut Lake Preschool

Harold Blum Invited to Speak at Society
Patricia Plopa, Ph.D.

Harold Blum, M.D. will present "Oskar Kokoschka and Alma Mahler: Art as Diary and Therapy" on Saturday, November 13, 2010 at the Farmington Hills auditorium. Oskar Kokoschka, an Austrian artist, had an affair with Alma Mahler, widow of the composer Gustav Mahler, which profoundly influenced his life and his art. Dr. Blum's paper will illustrate and discuss the interconnections between the psychological, historical, and artistic processes. The presentation is historically, artistically, and clinically very rich, and it will be augmented by the use of visual materials—projections of Kokoschka's artwork. Dr. Blum is Clinical Professor of Psychiatry and Training Analyst at the New York University School of Medicine. He served for many years as Editor-in-Chief of the Journal of the American Psychoanalytic Association and is the Executive Director of the Sigmund Freud Archives.

APPEP Program Revised and Renamed

There have been a number of exciting changes in the adult psychotherapy program, the first being the name. The Adult Psychoanalytic Psychotherapy Educational Program (APPEP) has been changed to Advanced Training in Adult Psychodynamic Psychotherapy (ATAPP). This is reflective of ATAPP’s emphasis on providing a comprehensive and cohesive curriculum that integrates theory with technique in understanding how people think, make choices, adapt to inner conflicts and relate to others. Courses will be taught through the lens of multiple psychoanalytic perspectives and schools of thought with a focus on current controversies.

Additionally, the structure of the program has changed in an effort to accommodate the needs of participants. Rather than a two night per week program lasting two years, ATAPP will hold classes one night per week for three years. Many current as well as potential participants have found committing two nights a week untenable. The total amount of class hours will remain the same. We are happy to announce that this year we have a class of nine. Four of them were half-time students last year and will be full-time students this year; one of them was in the child program and has decided to join ATAPP. We have four new incoming students that will join them.

U of M Psychiatry - MPI Collaboration
Jonathan A. Sugar, M.D., Program Director

The psychodynamic psychotherapy training program at the University of Michigan’s Department of Psychiatry continues to evolve—there are more than 10 residents enrolled in the Ann Arbor Fellowship this fall. Many are involved in their own psychotherapies, and Assistant Director Peggy Walsh and I are continually impressed and excited by the residents’ curiosity, commitment to their patients, and interest in learning psychotherapy and working with their analytic supervisors.

The Department of Psychiatry has expressed new commitment to working collaboratively with the Institute, and is now the site for many of our programs, including the recent Open House and some of the MPS Saturday programs.

Congratulations APPEP Class of 2010!

The Michigan Psychoanalytic Institute hosted a graduation dinner and ceremony to honor this year’s graduates of the Adult Psychoanalytic Psychotherapy Program on Wednesday, June 2, 2010. Four colleagues completed the program: Ina Klingenberg, M.S., Mary Ellen Clifford, M.D., Cathy LaLonde, M.S., Pamela Bowers, M.S.
Are You Looking for a Study Group?

The Michigan Psychoanalytic Institute Continuing Education Division and the Association for Psychoanalytic Thought have formed a joint Seminar and Study Group Committee to organize ongoing study groups around topics of common interest.

Any member of the psychoanalytically-informed community who is interested in meeting with a like-minded group of people to informally explore psychoanalytic principles and ideas in clinical work, the arts and humanities, as well as everyday life, is welcome to participate.

Study groups may be peer-led around topics of common interest, in which case no fee will be assessed. For study groups wishing to have a facilitator, there will be a fee payable to MPI. Please note that CME/CE credits are not offered for study groups.

Current SATA students are welcome to join any of these, or they may arrange a student-only group facilitated by an analyst or advanced candidate in training. Interested students may contact Sue Cutler, Ph.D. at secutler@umich.edu to make arrangements.

All others may contact Zieva Konvisser, Ph.D., APT Joint Seminar Chair, akonvisser@comcast.net, or Maxine Grumet, Ph.D. MPI Seminar Series Co-Chair, mgrumet@comcast.net.

2011 Visiting Professor

Nancy Chodorow, Ph.D. will be our Visiting Professor next spring. Dr. Chodorow is a Training and Supervising Analyst at the Boston Psychoanalytic Institute. She is on the faculty of the San Francisco Center for Psychoanalysis, Lecturer on Psychiatry at Harvard Medical School, and Professor of Sociology Emerita and Clinical Faculty in Psychology Emerita at the University of California, Berkeley. She will be in Michigan from March 13-19.

Please consider joining the Michigan Psychoanalytic Society as a Psychotherapy Member

Society membership now includes full access to the PEP-Web, an extensive online repository of the psychoanalytic literature.

For an application, a complete description of criteria for membership and benefits, please see our website at: www.mpi-mps.org or contact Susan Orbach, Ph.D., MPS Membership Chair, 248-399-1617.

2010 APT Annual Workshop

Religion & Spirituality: Challenges and Opportunities in the Patient/Therapist Relationship

Pilar Jennings, Ph.D.
Columbia University, New York

Dr. Jennings received her Ph.D. in Psychiatry and Religion from Union Theological Seminary, and received her analytic training from the Harlem Family Institute in New York. She earned a Masters in Medical Anthropology from Columbia University, and a Bachelors in Interdisciplinary Writing from Barnard College of Columbia University. Dr. Jennings is a long-term practitioner of Tibetan and Vipassana Buddhism, and has studied with senior teachers in both traditions.

Dr. Jennings will present an intimate look at how Eastern and Western healing modalities have begun to cross-pollinate for contemporary spiritual practitioners and clinicians attuned to the mutually-informing worlds of psychotherapy and spirituality.

Saturday, October 23, 2010
8:30 a.m. - 4:00 p.m.
Oakland campus of Wayne State University
Farmington Hills, MI

APT members $120.00; General Public $135.00; Students $35.00. Lunch is included.
5 CME/CE hours
Introducing the New Society Psychotherapy Members

Shelley Galasso Bonanno, M.A. received her Master’s Degree from Wayne State University in 1987. She has practiced as a Limited Licensed Psychologist for 23 years. She maintains private practices in Birmingham and Utica where she conducts psychotherapy and performs comprehensive psychological assessments of children, adolescents, and adults. She also works contractually for Macomb Family Services in Clinton Township. In addition, Ms. Bonanno is a court-approved mediator. She performs child custody and parenting time evaluations for The Wayne County Third Judicial Circuit Court’s Family Assessment, Mediation, and Education Unit in Detroit. Ms. Bonanno has a particular interest in relational theory. In 2010, she completed MPI’s Psychoanalytic Psychotherapy Fellowship program.

Ms. Bonanno resides in Macomb Township with her husband John and their son Dominic, 16. She enjoys riding with her husband on their Harley-Davidson, theater, music, photography, reading, and writing poetry. Ms. Bonanno’s poem, “The Time Machine,” has recently been accepted for publication in The American Psychoanalyst.

Jane Hassinger, M.S.W., D.C.S.W. is a psychotherapist/psychoanalyst in Ann Arbor where she has practiced for many years with adults, families, couples, and groups. She also consults with organizations and academic associations on issues related to gender inequality and diversity. Ms Hassinger completed her psychoanalytic training in New York City at the National Training Program in Contemporary Psychoanalysis.

She is a Senior Lecturer in Women’s Studies and Psychology and Research Scientist with the Institute for Research on Women and Gender at the University of Michigan. She is Co-Principal Investigator for “Danger Talk: Conflicting Values, Politics, and Discourse for Abortion Providers,” and “Women on Purpose: Stories of Resilience and Survival in South Africa.” Currently, Ms. Hassinger is working on a study of the UM/Ghana Collaboration--a Bill and Melinda Gates Foundation interdisciplinary project focused on increasing health care capacity in Ghana; a participatory-action research project in Ghana using Photovoice methodology to explore mental health challenges for young Ghanaiian women; and a project with traumatized women prisoners in Michigan. Her husband, Marvin Parnes, is Associate Vice President for Research and Executive Director for Research Administration at the University of Michigan. Their daughter Joanna is a third-year law student at UC Berkeley, looking forward to a career focused on poverty policy.

Karen Colby Weiner, Ph.D., J.D. recently joined MPS as a psychotherapist member. She practiced law prior to obtaining her doctoral degree in psychology and has held a number of leadership positions, including the presidencies of the Michigan Psychological Association, the Michigan Society for Psychoanalytic Psychology and the Women Lawyers Association of Michigan. She has served in a number of teaching and committee positions involving her particular interest in ethics, including eight years as a member and co-chair of the Michigan Board of Psychology.

David Lundin, M.A. was born in Detroit. He obtained his bachelor’s degree in English and his M.A. in American Studies from the University of Michigan. He spent 26 years as an executive in long-range product planning at General Motors, then returned to school in 2000 to get a second M.A. in Mental Health Counseling. He graduated from the Adult Psychoanalytic Psychotherapy Program in 2004. He has been a psychotherapist at Elm Street Clinic and at Eastwood Clinic, working with adults and adolescents. Mr. Lundin is married with two adult children. Mr. Lundin is the driving force behind the APT’s very successful Reel Deal and is a jazz pianist.
Update on Walnut Lake Preschool

MPI’s growing impact on our community is clearly seen by the heartfelt support of the increasing number of friends of Walnut Lake Preschool.

Our colleagues are sending us more referrals. Our summer camp had a full enrollment and our fall enrollment—our third school season—is up to two-thirds capacity. We are still accepting applications for the two spaces we want to fill in the preschool class as well as three spaces in an early fives class.

Feature articles in the Jewish News (July) and Ambassador Magazine (August) are bringing a constant stream of new inquiries about the school. Fundraising efforts have yielded approximately $50,000 since our first of three events since April, halfway towards our goal. We are so grateful to Joy and Allan Nachman who graciously opened up their home to over 100 friends of WLP on two beautiful evenings, and Carrie and Eric Doelle, enthusiastic WLP parents, who invited friends to their restaurant, Quattro, for a smashing fundraising event in August.

We have a newly-formed WLP Advisory Board whose members’ dedication and enthusiasm support all our efforts. Co-Chairs Richard Blieden and Carrie Doelle are joined by: Dennis Archer, Jr., Audrey Bornstein, Denise Illitch, Lakshmi Kaza, Gayle Ellias Margolis and Helen Vlasic.

Our family consultants, a committed group of volunteer experienced therapists, are: Marcy Palmer Broder, Lorrie Chopra, Bette Glickfield, Marc Hirsch, Lakshmi Kaza, Rebecca Mair, Gayle Ellias Margolis, Robin Rayford, Victoria Schreiber, and Deborah Tucker. They provide a vital link between the families and the school, a unique aspect of our individualized program.

Our talented teachers, Cathy Rozenberg (Educational Director) and Melisa Sheys, are joined by graduate student interns, Adam Walker (Michigan School of Professional Psychology) and Jen Josefosky (Art Therapy Department, Wayne State University).

Stop in one morning to see the children looking at, sorting, tasting, graphing, reading about, cooking with, drying and learning about apples—another opportunity for science, math and language connections.

Learning first-hand what children and families struggle with in the school setting and translating these challenges into developmental understanding and intervention is what makes this project such an exciting and stimulating experience. Please call us if you are interested in joining the team and helping WLP grow.

Co-Clinical Directors: Nancy Blieden, Ph.D. (248-352-5999) and Don Spivak, M.D. (248-540-7775) ★

2010 Graduation

Susan Flinders, Ph.D.
Just a little background on Susan. She began her search for psychoanalytic understanding over two decades ago at the University of Detroit and could only dream of becoming a psychoanalyst. Her personal journey of self discovery, education and experience led her down diverse paths. She is the mother of two beautiful, artistic and sensitive daughters and a creative grandson. She has involved herself on many levels to explore and understand the dynamic issues related to gender and sexuality on a personal, group, cultural and professional level. She has traveled across Wayne County to interview severely mentally ill individuals in psychiatric facilities, AFC/RCA homes and private residences to understand the cost effectiveness, including quality of life issues, of the treatment being offered them. She then took to the highway, which led her to Jackson, Ionia and more, to prisons where she worked with offenders and the mentally ill for over 10 yrs. Here, in prison, but also throughout her life, she was faced with, and still ponders, how spirituality intersected with her life and work. While working in Corrections she also began work with the elderly in convalescent homes who were very much like the inmates in how they yearned and pleaded to go home and yet were often truly facing a death sentence. All along her personal journey she has taught, supervised and written so that she might share her stories, but also learn about them at a deeper level and teach others. Susan is presently reviewing the works of Neville Symington (which she highly recommends) and writing about and exploring the psychological construct of “intimacy.” She currently enjoys working with her patients and supervising students in private practice in Commerce and Chelsea. ★

SOFAR ★ MPI
Strategic Outreach to Families of All Reservists
Hotline: (248) 904-6776
Michigan Psychoanalytic Institute Chapter
A Community Outreach Program
Save the Date - April 16, 2011

36th Annual MPS Symposium: “Food, Drugs, and Desire: Understanding and Treating Addictive Behaviors and Disorders in Psychoanalysis and Psychotherapy” will be held on Saturday, April 16, 2011, at the Rock Financial Showcase in Novi.

Book Fare: A New Discussion Series Offered by APT

The Association for Psychoanalytic Thought of the Michigan Psychoanalytic Society announces a new discussion series—Book Fare—to complement its highly successful film series, Reel Deal. Book Fare will present psychoanalytic and academic perspectives on selected works of fiction, along with an ongoing discussion of the act of reading. Discussions will highlight extensive analyses of book passages. This series is designed for all those who enjoy reading and discussing books of psychodynamic interest.

The first book in the discussion series was “Olive Kitteridge” by Elizabeth Strout, the 2009 Pulitzer Prize in Fiction winner. Discussants were Loretta Polish, Ph.D., Psychologist, and Ilana Blumberg, Ph.D., Assistant Professor of English, James Madison College, Michigan State University, Author of “Houses of Study.”

If you are interested in suggesting and/or presenting a book for a future discussion program, please contact APT Book Fare Chair Zieva Konvisser, Ph.D., at zkonvisser@comcast.net.

In the following essay, “The Risks of Reading,” Loretta Polish, Ph.D. initiates our exploration into the act of reading by suggesting that plunging into a novel is a potentially powerful experience and not for the faint of heart.

The Risks of Reading

Loretta Polish, Ph.D.

I started reading “The Known World” by Edward P. Jones three times. Finally, the third time I gave up skimming to find the plot, and surrendered to the words. I gave up wanting to know what would happen. If, I told myself, I read one sentence a day, at least I will have read that sentence. At least, I will have been open to the magic of the words, slowly overtaking me, seducing me into wonder at how one tiny allusion could echo the poignancy, the immediacy of love. An allusion like, “…the smallest ridge of dirt on one of his children’s cheek….” The smallest ridge. A ridge, a curved infinitesimal spot of skin. I could see the cells. A ridge of dirt so common to a childhood then; a child playing in the mud, behind the slave shacks, maybe. That tiny image explodes in my mind juxtaposed with the epic of slavery. The pain, the humanity of it is too much to bear.

APT Reel Deal 2010-2011 Season

Film Exploration and Discovery
Panel Discussion and Clips Utilizing Cinema Theory and Psychoanalysis

The Hurt Locker
Sunday, October 24, 2010, 1-3 pm
East Hall, 4044 Church St.
(just North of South University), Ann Arbor.
- Psychoanalyst: Richard Hertel, Ph.D. with SOFAR
- Military Veteran: Donald Behm, Vietnam veteran

Babies
Sunday, November 14, 2010; 1-3 pm
Bloomfield Township Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Jolyn Wagner, M.D.
- Academic: Jacalyn Harden, Ph.D.
- Psychoanalyst: Marcy Palmer Broder, L.M.S.W.

Precious
Sunday, February 2, 2011, 1-3 pm
Bloomfield Twp. Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Donna Learmont, Ph.D.
- Psychoanalysts: Carol Levin, M.D., Kathleen Moore, Ph.D.

Up in the Air
Sunday, April 17, 2011, 1-3 pm
Bloomfield Twp. Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Diane Geiger, MA
- Psychotherapist: Robert MacDonell, Ph.D.
- Academic: Bruce Russell, Ph.D.

General Public $15
APT Members and Students $5

Includes one CME and CE Credit
For information, call Dave Lundin, 248-229-5389
the university he took courses he couldn’t understand, humped back and forth without speaking to anybody, went home for weekends of excoriation.” Though acclaimed by critics, "The Shipping News" was the most misplaced novel ever written. Readers left it on airplanes, beneath comforters, in car trunks, because we could see that, by page five, Proulx’s relentless portrayal of aloneness would seep into our bones, penetrating our deepest fear, that alienation is contagious. But the die had been cast. We were compelled to begin again and yet again, while slowly, word by word we prepared to enter into the author’s world, rather than forcing her words to shape to our world. We surrendered into the hands of the author, understanding that we were in good hands, slowly trusting that the author would show us how to travel the journey she had created for us. We bargained with the writer: if you will take care of me on the path into your world, I will accept that, once in, I will never be the same.

As we read, we became open to revelations as commonplace. For instance, the realization that a thought we’ve had, from time to time, filling through our mind at odd moments, was a thought the author knew about, and if the author knew about it, we realized, others must have had the same thought. We recognized that if we were not alone, neither were we unique. And since comprehension of that recognition was instant and complete, like a door snapping shut behind us, we understand, yet again, the enormous power of the truth. We were reading along, our mind wandering, thinking of making a phone call or getting a snack, when a certain phrase or sentence grabbed us with the unmistakable ring of truth. A ring that, bypassing cerebral process, settled forever in our gut. And, as the story unfolded, as consequences flowed out of action and action flowed out of history, there was the reiteration that, as Faulkner said, “The past isn’t over. It isn’t really past.”

At a certain point in a novel, once we have committed to it, once we enjoy the magnetizing power to these particular words, once we are fully immersed in this novel, we realize that it is going to end. Suddenly, we need to estimate the number of pages remaining, dismayed to find them diminishing, startled by impending loss. We bargain, clutching at means of control, thinking, for instance, that after finishing the book we’ll begin again. Although we’ll know the story, at least we can stay in the world which has become our second home. Still, we know that, just as we can’t step into the same river twice, rereading a novel is entering a different world.

With all that process going on between reader and the novel, however, the pages of the novel are just pages. They stay put, one after another, safely bound between covers, unlike a relationship with a person in which anything can happen at any time. But, entering into a relationship with a person is something like entering into a relationship with a novel. As we get to know them, we attend to the kind of journey this is going to be, how much we trust this person to take us on this journey. And, like reading a novel, any relationship is optional. We don’t have to pick it up again.

Even with a person we come to love, the relationship is conflictual along the way. Ambivalence, like the pull of tides, yearns forward, pulls away. Every second we are calculating the ratio of risk to gain. When a novel strikes us as uninteresting, or we find it momentarily too much for us, we can pick it up another time. Harder to close the book on a person to whom we are compelled to respond. It is also harder to close the book on a painful relationship which lingers, like smog, in the recesses of our mind.

As with a great novel, just as we realize the book will someday end, the moment we start to love someone is the same moment we realize we could lose that love. Many readers can love the same book. A love relationship with a human being is so much more precious and singular, between this one person and that one person. Once we realize that we never felt truly understood before, we simultaneously begin to mourn the lack of it. We know with absolute certainty that people are not interchangeable, that gain and loss are two sides of the same coin. Vulnerability is an achievement. It requires certain conditions just as a cell membrane becomes permeable during a particular chemical mix. When conditions are right and the yearning strong enough, we have the ability to suspend disbelief, to overcome ambivalence just enough to enter into the world of another.

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Meet the Candidates

Anna Chung, Ph.D. is originally from the northwest of Russia, where she grew up in what was the Soviet Union. She came to the University of Michigan as an exchange student after graduating from the music school (classical piano) and pursuing a university diploma in foreign languages. Dr. Chung obtained her B.Sc. in Mathematics and Language Arts from Eastern Michigan University and received her M.A. and Ph.D. in Economics from Indiana University, Bloomington. Her specialization in the economics of higher education afforded her a research position with the University of Michigan, School of Education, where she served as a co-investigator on grant projects.

Dr. Chung's current appointment is with the University of Michigan, Office of Financial Aid, where she conducts research for offices reporting to the provost. She has received several grants, written numerous policy reports, co-authored a book, and actively presented and published in her field.

Dr. Chung is married to Hess Chung, Ph.D., who holds an appointment as an economist with the Federal Reserve Board of Governors. The couple maintains residences in Ann Arbor and Washington, D.C. Dr. Chung dances Argentine tango, draws and paints, attends music school concerts and art shows, and loves books and films.

Jim Quinn, Ph.D. is a first year Academic Candidate. Jim obtained his undergraduate degree in Mathematics from the National University of Ireland in Galway, Ireland and subsequently master's degrees in Statistics and Industrial Engineering. After working for about a decade in process improvement in organizations, he came across the discipline of instructional design – the study and practice of designing instruction/training. Within this discipline, Jim's focus is on the education of adults in the workplace. Jim immigrated to the U.S. in 1988 and completed his Ph.D. degree in Instructional Design at The University of Iowa in 1992. He subsequently taught on the faculty at the University of Iowa for a number of years before moving to Oakland University, Rochester, Michigan in 1996. Jim initiated a Master of Training and Development degree in 1998 and coordinated the degree until 2008.

Jim's interests lie in the application of psychoanalytic principles to current principles of learning. In particular, Jim is interested in investigating the commonalities between the concept of intersubjectivity in psychoanalysis and the concept of constructivism in learning. Current thinking in constructivism accepts that the learner's learning is jointly constructed by the instructor/facilitator from what they both bring consciously to the learning situation. Jim believes strongly that also taking into account what both bring unconsciously to the learning situation will greatly increase the learning of both instructor and learner.

Jim is the only member of his family to emigrate from Ireland--highly unusual given that Ireland has a long history of emigration. Given that over 40 million United States residents claim some Irish ancestry, Jim also finds it surprising that he has yet to find one Irish-American relative. Jim lives in Sterling Heights, but he is on a campaign to rename the city The Upper East Side so that property prices will soar as people come to see The Upper East Side as “the place to live.”

Christina Mueller, M.D. completed her general psychiatry residency and child/adolescent psychiatry fellowship in June 2010 at the University of Michigan. She is originally from Cleveland, Ohio, and received her bachelor's degree in biochemistry and zoology from Ohio Wesleyan University prior to obtaining her M.D. at the University of Cincinnati’s College of Medicine. She currently lives in Ann Arbor with her husband, their infant son, and their golden retriever. She recently started a private practice in downtown Ann Arbor where she has begun to see children, adolescents, and adults for psychodynamic, as well as psychopharmacological therapy. She also works part-time at a clinic in the Ann Arbor area where she provides mostly psychopharmacological treatment to patients. She was accepted into the Michigan Psychoanalytic Institute's Early Admission Program in early 2010, which has been an enlightening addition to her career. In 2008-2009, she completed the Child Development and Clinical Issues Program's Developmental Sequence and Key Readings component, which greatly enriched her understanding of her
patients and clinical work, motivating her to pursue more psychoanalytically-oriented training. In her free time, she enjoys spending time with friends and family, especially her husband, son, and dog. She also enjoys reading, gardening, biking, running, hiking, yoga, and Ultimate Frisbee.

逃避现实

Sanford (Sandy) Koltonow, MD, Psy.S. is a first-year Academic Candidate again (half-time). He received his medical degree from Wayne State University. He completed a residency in Emergency Medicine (EM), with a focus on the administration of Emergency Medical Systems. Since 1983 Dr. Koltonow has been an attending physician and residency faculty in EM at Wm. Beaumont Hospital in Royal Oak, and has served many roles in Oakland County community. He is still active with the Crisis Response Team, which brings group supportive service to police, fire and EMS in their environment, following particularly traumatic encounters.


In 1998, Dr. Koltonow completed a Specialist Degree in Humanistic Education and Psychology. This degree led to an LLP and a part-time practice of psychotherapy, focusing on the emotional experience of health care delivery.

Dr. Koltonow also serves in the position of Corporate Director, Physician Health and Wellness Programs, William Beaumont Hospitals where he will also assist in programming for students at the Oakland University/ Wm. Beaumont School of Medicine.

Dr. Koltonow’s wife, Mary Schlaff, M.D., is also an emergency physician, practicing at the William Beaumont Hospital in Troy. They miss the daily presence of their two children, Elizabeth, who is a junior at Grand Valley in biomedicine and Andrew, who is a Ph.D. candidate at Northwestern in Material Science Engineering. They share an active interest in music, road bicycling, skiing and desert backpacking (she doesn’t really like the backpacking but occasionally puts up with it).

逃避现实

Sylvia Delgado, M.S. is a master’s-level clinical psychologist who received her Bachelor of Science degree in Clinical Psychology in Lima, Peru at the Universidad Femenina del Sagrado Corazon. She received her Master of Science degree in Clinical Psychology at Eastern Michigan University. Sylvia worked in the foster care system for a few years before becoming a full-time mother. Sylvia stayed home with her daughters until they turned 12 and 13 years old. In 2006, she started classes at the Institute, completing the Psychotherapy Fellowship that year. She completed the Adult Psychoanalytic Psychotherapy Program in 2009 and is currently enrolled in the Child Development and Clinical Issues Program. She will be starting the Early Admissions Program this fall. Sylvia has worked at Southwest Counseling Solutions in Detroit as an infant mental health therapist in addition to providing psychotherapy to Spanish-speaking adults. Currently, she is working at Common Ground as an access screener for Oakland County Community Mental Health. She has a small practice in Northville and also works at the Treatment Clinic with children, adolescents and adults. She is deeply interested in psychoanalytic thought and clinical process, and she is especially interested in understanding the influence of culture on the development of the human mind.

逃避现实

Giovanni Antonio Minonne, Ph.D. is an Italian clinical psychologist who works in Ann Arbor and Saline. He speaks Italian, English, and French. He graduated from the University of Michigan in 2008. He worked at the Psychological Clinic of the University of Michigan for the past five years. At the University of Michigan, he was trained in cognitive behavioral therapy, in psychodynamic therapy and in couples therapy, and worked with of adult patients with varied ethnic, cultural, and social backgrounds and with a range of clinical problems. Before coming to the United States in 2002, Giovanni was fully qualified as a clinical psychologist.
Rochelle Broder, Ph.D. is a psychologist who returned to school after a 15-year career as a graphic designer and art director. Dr. Broder obtained her doctorate from Wayne State University in Educational and Clinical Psychology in 2004 while working as a school psychologist. She has worked for the Troy School District’s Special Education department since 1999, evaluating children who are having learning problems and consulting with parents and teachers. In addition to her “day job,” she maintains a private practice in Huntington Woods, working primarily with adults. She completed the one-year Fellowship program in 2004, the two-year Adult Psychoanalytic Psychotherapy program in 2008 and was a psychotherapist at the Treatment Clinic of the Michigan Psychoanalytic Institute until she opened her private practice in April, 2009. Dr. Broder finds that her psychoanalytic training continually informs her work in the schools. She hopes to develop a full-time private practice in the near future.

Dr. Broder lives in Huntington Woods where she enjoys spending time with her husband, Morrey Weiner and their dog, Honey. Theatre, gardening and (lots of) cooking, when she can, are favorite pastimes.

Nancy Dolin Dietrich, Ph.D. began her professional psychotherapy career as a clinical social worker after receiving her MSW from the University of Michigan School of Social Work. She conducted diagnostic evaluations and practiced psychotherapy at the University of Michigan Department of Psychiatry, Child and Adolescent Outpatient Clinic for six years. Then she earned a Doctorate in Clinical Psychology from the University of Michigan. She completed predoctoral internships at the University of Michigan Psychological Clinic and Hawthorn Center in Northville, Michigan. Her doctoral research, which was psychoanalytically informed, focused on internalized mental representations women have of themselves as mothers. She has a private practice of psychotherapy at the Birmingham Maple Clinic in Troy, where she works with adults, children and adolescents.

Dr. Dietrich lives in Birmingham with her husband, David Dietrich, Ph.D. They have two grown daughters. Their older daughter is a graduate of Washington University in St. Louis and their younger daughter is a sophomore at Washington University in St. Louis. In her spare time, she enjoys hiking, skiing and reading.

Member News

Mayer Subrin, M.D. received the Ira Miller Award for his paper, “The Termination Phase and the Central Organizing Fantasy.” Dr. Subrin presented the paper to the Society in November of 2008.

Dale Boesky, M.D. will be the discussant of a paper by Dr. Howard Levine entitled, “Construction Then and Now: Revisiting Freud’s Construction Paper,” to be delivered at the meetings of The American Psychoanalytic Association in New York, January 2011.

Linda A.W. Brakel, M.D. had her second solo book published in August, 2010. It is titled, “Unconscious Knowing and Other Essays in Psycho-Philosophical Analysis,” and was published by Oxford University Press.

Lena Ehrlich, Psy.D. was the invited discussant of Arnold Rothstein’s latest paper entitled, "Psychoanalytic Technique and the Creation of Analytic Patients: An Addendum," given at the October Scientific
Meeting of the New York Psychoanalytic Society and Institute in New York City on October 12. Dr. Ehrlich discussed areas of convergence and divergence with Dr. Rothstein's approach to developing an analytic practice and offered a detailed clinical example to illustrate her adaptation of his "trusting" model of beginning analysis.

Jonathan A. Sugar, M.D. received the Irma Bland Award for resident teaching from the American Psychiatric Association last spring, and was awarded Fellowship status in the American Psychiatric Association in February.


Joshua Ehrlich, Ph.D. was invited to participate on the plenary panel of the Institute for Continuing Legal Education's annual Family Law Institute in November in Plymouth, Michigan. He will present a paper to an audience of judges and lawyers, "Lie to me 2: What IS the Truth?" which will offer a psychoanalytic perspective on the panel's topic of clients who lie.

Patricia L. Gibbs, Ph.D. was an invited keynote speaker at the 41st Annual Margaret S. Mahler Symposium at Thomas Jefferson University in Philadelphia, held April 10, 2010. Dr. Gibbs' paper: 'Reality in Cyber-space: Patients’ Use of the Internet and Ordinary Everyday Psychosis,' was a revised version of a paper originally published in the Psychoanalytic Review, (2007) 94 (1) 11-38. The Mahler version of the paper will be published in a collection of Symposium papers early in 2011 by Jason Aronson. Dr. Gibbs will present the Mahler version of this paper for the Michigan Psychoanalytic Society on October 30, 2010, in Ann Arbor.

Julie Jaffee Nagel, Ph.D. gave two presentations on Performance Anxiety in July at the International Piano Festival in New Orleans, Louisiana.

The Michigan Psychoanalytic Society presented the Ira Miller, M.D. Clinical Essay Award to Patricia Plopa, Ph.D. for her paper "Cancer, Candidacy, and the Couch." Dr. Plopa presented her paper at the MPS scientific meeting on September 24, 2009.

Publication Notices


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CALENDAR

October 23  WSU Oakland Center

APT Workshop - Religion & Spirituality: Challenges and Opportunities in the Patient/Therapist Relationship
Pilar Jennings, Ph.D.

October 24  Ann Arbor
Reel Deal - The Hurt Locker

October 30  Ann Arbor
Psychoanalysis and Cyberspace: Reality, Virtual Reality, and the Denial of Reality
Patricia L. Gibbs, Ph.D.

November 13  Farmington Hills
Oskar Kokoschka and Alma Mahler: Art as Diary and as Therapy
Harold Blum, M.D.

November 19  Novi
Michigan Psychoanalytic Foundation 26th Annual Benefit

November 14  Bloomfield Township
Reel Deal - Babies

December 11  Farmington Hills
Psychoanalytic and Musical Ambiguity in West Side Story
Julie Jaffee Nagel, Ph.D.

February 12  Ann Arbor
Denia Barrett

February 20  Bloomfield Township
Reel Deal - Precious