25th Annual Foundation Benefit
Nancy Blake
Benefit Committee Chair

The Michigan Psychoanalytic Foundation will hold its 2009 Annual Benefit, celebrating its 25th year and honoring Dr. Marvin Margolis, at the Henry Ford Museum on Friday evening, October 30th.

A wine reception will be followed by a buffet dinner and entertainment featuring Alvin Waddles' Fats Waller Review. This exuberant quartet strives to recapture the spontaneous mirth and magic of the "King of Harlem Rent Parties" with such favorites as "Ain't Misbehavin,'" "Honeysuckle Rose" and "Your Feet's Too Big."

The museum will be open for browsing during the wine reception and during the dessert afterglow. Please join us for what we expect to be a wonderful event.

Tickets are available through the Institute office (248-851-3380). 

Marvin Margolis, M.D., Ph.D. page 2
Denial, Mania, and the Search for Saviors page 14
An Evening of Tribute for Marvin Margolis, M.D., Ph.D.
Dale Boesky, M.D.

We are taking this occasion to honor our distinguished colleague and friend, Dr. Marvin Margolis, for his unique contributions to the Michigan Psychoanalytic Center and its numerous (thanks to him) component organizations. For some fifty years there has been a close parallel between his growth as a psychoanalyst and our institutional growth as an internationally recognized model for psychoanalytic treatment, education and community service. This growth has been a labor of love for many, but it is fair to say that there is no other single person who has contributed so productively and selflessly to our achievements as has Marv.

You have to understand how much he loves psychoanalysis to understand him. He is selfless, indefatigable, endlessly resourceful and relentless in doing whatever he can to make psychoanalysis a better science for the world and in making the world a better place for psychoanalysis. He has achieved the unusual distinction of being both appointed as Chairman of the Board on Professional Standards and elected as President of The American Psychoanalytic Association. He is uniquely endowed with a mysterious combination of gifts that make him our preeminent psychoanalytic administrator. He is about as modest and free of arrogance as any person I have ever known; he is deeply informed about what really constitutes the essential core of the psychoanalytic process as distinct from religious cant and ritual. Marv really knows in a very real way the difference between a disagreement and a fight.

There is another quality that Marv possesses to an unusual degree that has won him so much affection and trust. He loves to help people to grow. He devotes countless unremunerated hours to young colleagues, friends, outreach programs, and committee work locally and nationally. He is a gardener actually and metaphorically and the best gardener we have ever had. It is therefore no wonder that he is equally at home in the greenhouse and in the fields.

Marvin Margolis, M.D., Ph.D.

Marvin is a master clinician. I would refer my loved ones or best friend to him for treatment. He is a teacher, author, husband, and devoted father and grandfather. Some of his friends call Marv “Moishe,” an affectionate form for the name “Moses the Law Giver.” One cannot really capture the essence of this man without accounting for the depth of his immersion in his Jewish identity. He was an ardent Zionist as a teenager, and as is his style, a Zionist who was and remains politically engaged and active. His knowledge of Hebrew and the Torah is formidable. He is deeply conversant with the nuances of Israeli history, politics and geography. Marv has a special genius for commitment and dedication to his family, to patients, and to his friends. These are the reasons we are honoring him. We want to thank him for the abundant gifts he has bestowed upon us all.
A Special Message to Our Supporters

Each year at this time the Foundation takes time to reflect upon and renew our commitment to our primary mission:

"...to improve the quality of life of Michigan communities by promoting mental health through psychoanalytic education, practices, and outreach activities."

Even in the best of times, fulfilling our mission requires ongoing support to ensure that we have sufficient financial resources to sustain the organization and fund its programs. In this time of economic uncertainty, we have a greater need than ever for your continued support and shared commitment.

This fall, we celebrate the 25th Anniversary of the Foundation and honor its founder, Marvin Margolis, M.D, Ph.D. There is no better way to honor him on this occasion than to give as generously of ourselves as he has given of himself. We invite you this year to reflect upon and renew your own commitment to the mission we share with him, keeping his example of giving in mind.

Dr. Margolis has labored tirelessly and persistently to advance the breadth and depth of our work as psychoanalysts, as psychoanalytic psychotherapists, and as psychoanalytic educators and leaders. He has been committed to facilitating the development of each individual member of our community, the development of our community as an organic whole, and the development of relationships between our community and other communities with which we share core values.

He has provided the creative ideas, vision, and humanitarianism that guide the pursuit of our shared goals and has done more than his share of the hard work necessary to realize them. His idealism and spirit of community have brought us far and will continue to propel us forward during the years ahead.

One defining feature of Dr. Margolis' approach is his capacity to remain open to the new. A one-man welcoming committee, he invites new insights, new colleagues, new programs and new ideas. He has championed diversity and democratic decision-making within the psychoanalytic community locally and nationally, and he has a talent for fostering inclusiveness, reciprocity, creative compromise and new understanding. He can always be counted on to come up with something innovative, in good times or in bad, whether it seems possible or not.

In challenging ourselves to think like he does—to find new ways to express our deep appreciation for psychoanalysis and its future—the Foundation decided to set a new fundraising goal for 2009. This year, we would like to raise $160,000, with 100% participation in the effort. This is a new goal for us—and a lofty one for these tough economic times—but it is one which we believe we can achieve with your enthusiastic help.

All it will require is that each of us think of a new
way to give—or to give just a little more. With all hands united on a common task, and inspired by Dr. Margolis’ example, we are confident we can succeed.

Now, more than ever, is the time for us to demonstrate—through our giving—that we are committed to our mission: improving the quality of life in Michigan by promoting mental health. This has been the motive force behind the creation of all our programs and organizational components, the impetus for developing our close associations with the mental health training programs in the area, and the raison d’etre of our outreach and extensive community connections.

We want to encourage all of our members, students, colleagues and community supporters to participate in our fundraising effort.

How can you help us meet our goal? Consider the following easy ways to give a little extra:

- Make a generous donation that can be paid in installments over the coming year and encourage a friend to do the same
- Make a monthly donation of the price of one therapy session
- Place a congratulatory message for Dr. Margolis in the Ad/Tribute Book
- Double the contribution you made last year
- Purchase extra tickets and invite new people to join you at the benefit
- Ask a friend of psychoanalysis to donate generously and agree to match their gift
- Donate the price of one Starbucks latte (or another favorite brand) a day for one year
- Place an ad in our Ad/Tribute Book
- Increase the amount you gave last year by some small increment
- Treat your students to our “Night at the Museum”
- Donate an amount that will fund a “Clinical Moment” supper or a Visiting Professor reception

Perhaps this list will stimulate you to come up with your own great idea. You might even pass your idea along to friends, family and colleagues.

Checks can be made payable to “Michigan Psychoanalytic Foundation.” Call Jean Lewis or Kathleen Kunkel if you have questions, 248-851-3380.

We have a wonderful evening planned for Friday, October 30th at the Henry Ford Museum. Let’s all come together to have fun, celebrate Dr. Margolis, help our community and ensure our future. Hope to see you there.

About the Entertainment

**Alvin Waddles’ Fats Waller Review**

The mark of true genius is the ability to communicate the deepest and most profound feelings through a few simple words, phrases and melodies. In the hands of such genius, universal human feelings such as love, desire, despair and joy, are conjured up with the whisper of a word or a tune. Such is the musical world of the great pianist Thomas “Fats” Waller. Since Waller’s passing in 1943, the world has continued to enjoy his legacy of song, lyric and comedic commentary, via his recordings.

Yet, there is always a yearning to have the repertoire brought to the greater depth that only live performance can provide. Alvin Waddles’ Fats Waller Review provides that experience. In the capable hands of maestro Alvin Waddles, the music of Fats Waller is presented with energy, authenticity, reverence, and most of all, with FUN!

The Waller Review performs music written and performed by Fats Waller, including such favorites as: “Honeysuckle Rose,” “Jitterbug Waltz” and “Ain’t Misbehavin’.” These selections are both performed and sung at the piano by Alvin Waddles, a brilliant baritone and master of stride piano technique. In addition, the show includes such novelty favorites as: “Shortnin’ Bread” and “Your Feet’s Too Big” and favorites from the era such as, “The Joint Is Jumpin’,” “Two Sleepy People,” “The Sheik of Araby” and “Exactly Like You.”

Waddles is ably assisted by the great Charles Gabriel, 4th generation New Orleans musician, on vocals, saxophone and clarinet, with Marion Hayden on bass and Djallo Keita on drums. This program has delighted and elated audiences wherever it plays—a show not to be missed!
New Book Released by Academic Candidate Jorgelina Corbatta, Ph.D.

Jorgelina Corbatta, Ph.D., Professor of Latin American Literature and Culture at the Department of Classical and Modern Languages, Literature and Culture at Wayne State University, is the first recipient of the Grinstein Scholarship awarded to help defray the costs of analytic training for an academic. She has published her fifth book, “Manuel Puig: Mito Personal, Historia y Ficción” (Buenos Aires: Editorial Corregidor, 2009), and presented it at the Buenos Aires International Book Fair on April 30, 2009. The book, written in Spanish, is a piece of psychoanalytically-informed literary criticism on the novels and scripts of Manuel Puig, internationally known for his novel, “Kiss of the Spider Woman.”

“Manuel Puig: mito personal, historia y ficción” has four parts:

1. A psychoanalytical approach to Manuel Puig’s novels, combining Charles Mauron’s psychocritique and the notion of ‘myth personnel’ with Freud’s studies (on the uncanny, and the interpretation of dreams), and other studies by Lacan and Derrida.

2. A socio-cultural and political analysis studying the presence of Peronism and Argentinian military coup d’états (mainly the one between 1976–1983) in his narrative.

3. A comparative approach analyzing Borges’ echoes in Puig’s work; a parallelism between Puig’s narrative and the Spanish director Pedro Almodovar’s films, and Puig’s rewriting of one of Silvina Ocampo’s short stories.

4. A concluding section which includes two interviews Corbatta conducted with Puig, the first in Medellín, Colombia in 1978 and the second in Pittsburgh in 1982. This section also includes letters that Puig sent to the author of the book. In one of these letters (included in this edition), Puig said of the manuscript, “Manuel Puig: mito personal y mitos colectivos en las novelas de Manuel Puig” is “regia, está llena de datos y es clara, sin retórica inútil ni terminología oscurantista, de contenido muy inteligente” (“divine, full of information, clear, without useless rhetoric or obscure terminology, very intelligent”).
Lars Rensmann and Marvin Margolis to discuss “The Reader”

The October 25th APT Brunch will feature a discussion by psychoanalyst Marvin Margolis and political scientist Lars Rensmann of the highly-acclaimed and controversial novel and film, “The Reader,” by Bernhard Schlink. Film clips will be shown. Suzanne Rodgers, Chair of the APT brunch discussions, will serve as the moderator.

“The Reader” is about a passionate summer love affair between Michael, a 15 year-old German adolescent and Hanna, a 36 year-old woman who hid her past as a former concentration camp guard. The book and the film are entitled, “The Reader” because Hanna asked Michael to read to her. Thus she concealed her illiteracy. After the summer, she vanished without a word. The boy grew up to be a lawyer and discovered her true identity during a war crimes trial at which he was an observer. Hanna was sentenced to life imprisonment. Once again he assumed his former role and regularly read books which he taped and sent to her in prison. In prison Hanna learned to read and write. She immersed herself in reading accounts of the Holocaust. She committed suicide one day before her release from prison. This book highlights the moral complexity of the pull of a powerful love relationship that was eventually disastrous to both parties. Hanna received tapes from Michael and wrote to him but he never responded to her letters. It would seem that Michael’s knowledge of her war time deeds would not allow him to ever be intimate again, nor could he ever sever his ties to her.

This compelling story mirrors the painful discovery by young Germans of the Nazi past of their parents and grandparents. The children were torn between feelings of love for their parents and a need to condemn their heinous deeds. The Nazi horrors evolved from anti-Semitism deeply rooted in the German cultural past. It was extremely painful to fully confront and condemn this heritage. The German people have done much to address these issues, but the need to forget, deny, and mitigate persists. A German psychoanalyst, Dr. Werner Bohleber, said that apparently each generation in his country must confront this past and attempt to work it through. To some extent it remains an impossible conflict to resolve. The parallel between the task of the individual and the culture is striking.

The panelists are Drs. Marvin Margolis and Lars Rensmann. Dr. Margolis is a Training and Supervising Analyst at the Michigan Psychoanalytic Institute and has long been interested in the long-term effects of trauma and especially of incestuous relationships and child abuse. Dr. Lars Rensmann is the DAAD (German Academic Exchange Service) Professor of Political Science at the University of Michigan. Among his scholarly interests are Holocaust memory, the politics of history, xenophobia, anti-Semitism, right-wing extremism, and totalitarianism. Both panelists are looking forward to a deep engagement with the audience. Hopefully, this interdisciplinary discussion will enhance our understanding of the impact of the Holocaust on both individuals and the general culture.

The meeting will begin with a light brunch at noon, and the discussion will extend to 2:30 p.m.

SOFAR - A Year of Outreach to Military Families
Paula Christian Kliger, PhD

A Year in Review

As part of the Michigan National Guard Yellow Ribbon Family Reintegration Project from September, 2008 through September, 2009, SOFAR (Strategic Outreach to Families of All Reservists) Michigan volunteers have participated actively in over 10 National Guard Family Reunion Weekends (FRWs) involving about 3,000 military family members. These vitally important post-deployment, reintegration-focused family weekends have been held throughout Michigan.

SOFAR volunteers (along with other statewide providers from the health, mental health, human resources/employment, business and education sectors) have provided onsite psycho-education information to individuals and groups as requested. Paul Dube, L.M.S.W. and Paula Kliger, Ph.D. were also invited to participate in specific psycho-educational groups to serve as co-leaders, supporting the process of reintegration of the veteran soldier into family and work life.

With his expertise as a child-focused psychoanalytic psychotherapist, Mr. Dube has been a leader in the development of the pilot SOFAR outreach project to families in Michigan. He has been actively involved in the psycho-educational workshops that address the stresses of readjustment that soldiers, and their spouses, face post-deployment. He has also led psychoeducational groups for the Air National Guard at Selfridge, Michigan, involving families trying to cope with the current daily stresses and demands of deployment of a loved one.

As the Co-Chair of the SOFAR Steering Committee, Mr. Dube has been consistent in his dedication to generating interest in SOFAR and has been our spokesperson and liaison to Drs. Kenneth Reich and Jaine Darwin of SOFAR USA in Boston. He is a
member and Past President of the Association for Psychoanalytic Thought. Most recently, Mr. Dube has been a volunteer family consultant for the Allen Creek Pre-School and is a candidate of the renowned Cleveland-based Hanna Perkins Child Psychoanalytic Training Program.

Over the past year, Dr. Kliger has also been a co-leader for the Michigan National Guard Family Reintegration Weekend's Family Stress and Communication workshop with Dr. Adrian Blow (Michigan State University, Department of Family and Marriage) and the Parent-Child Communication and Spouse Reintegration workshops with Dr. Lisa Gorman (Michigan State University and the Michigan National Guard) and Dr. Susan McCullough (University of Michigan, Department of Child Development). Moreover, as a result of an expressed need from the National Guard leadership and Dr. Lisa Gorman, creator and head of the Reintegration Project Team, Dr. Kliger agreed to develop a new psychoeducational workshop for military families: The Reintegration and Work psychoeducational workshop. By employing user-friendly materials in this psychoanalytically-conceived workshop, Dr. Kliger attempts to bring to the attention of soldiers and their spouses the importance of pursuing self-discovery and self-understanding as essential to achieving healthy reintegration into civilian life in particular, and to improving one's life at home and work overall.

Over the past year, there have been many important contributors to the SOFAR activities (The SOFAR Steering Committee, Michigan National Guard FRWs, and Air National Guard Family Readiness Meetings at Selfridge) including the following colleagues: Pamela Bowers, M.S.; Marlene Karp, L.M.S.W., M.A.; Penny Kennedy, M.A.; Kathleen Moore, Ph.D.; Rochelle Gold, L.M.S.W.; Richard Hertel, Ph.D.; Jane Warren, Ph.D.; Judith Desenberg, M.S.W., A.C.S.W.; Aaron Rubin, L.M.S.W. and Ina Klingenberg, M.Psy.

As a result of the SOFAR outreach efforts in Michigan, Brigadier General Anderson, spearheading the Michigan National Guard Family Reintegration Program, has complimented SOFAR and acknowledged the positive impact of our work this past year. In addition to the contributions SOFAR volunteers have made to the FRWs, he praised SOFAR for its timely responsiveness to the individual needs of his soldiers. For example, following a call from the National Guard, Mr. Dube was able to identify two highly accomplished colleagues to call on for help: Joel Harms, Ph.D., a clinical psychologist and Vietnam veteran, and Dwarakanath Rao, M.D., a Training and Supervising Analyst at MPI and faculty member of the University of Michigan Department of Psychiatry. These colleagues responded within hours to meet the psychological needs of an extremely distressed but accomplished veteran officer.

SOFAR volunteers have been able to work on an ongoing basis with about six military families in their clinical practices, attending to the unique emotional needs of soldiers' spouses/partners and children, who are coping with deployment and post-deployment stressors.

SOFAR is an entirely pro bono program which originated in the Boston area with psychoanalysts Kenneth Reich, Ph.D. and Jaime Darwin, Ph.D. who are affiliated with the American Psychological Association, Division 39, Psychoanalytic Psychology and the New England Psychoanalytic Institute.

A Look To The Future

Because of these outreach efforts and the level of immersion and engagement they provided SOFAR volunteers, SOFAR Steering Committee members have begun to develop a course curriculum specifically tailored for clinicians who want to work with military families and as volunteers in SOFAR. This curriculum, which is still in its developmental stages, will include:

- Opportunities for immersion in military culture through an experiential study group and the presentations of Vietnam and Iraq veterans' experiences,
- Continuing Education seminars in child and family issues, trauma and recognizing the symptoms and impact of PTSD and traumatic brain injury on soldiers and their families and,
- Preparation for conducting SOFAR psychoeducational groups to meet the various needs of soldiers and their families during pre-deployment, deployment and post-deployment.

In 2009, with the support and leadership of the Institute's President, Dwarakanath Rao, M.D. and Vice President, William R. Nixon, Jr., Ph.D., SOFAR in Michigan formalized a relationship with MPI and was renamed "SOFAR-MPI." Psychoanalysts and psychoanalytic therapists from all components of the MPI–Association for Psychoanalytic Thought, Foundation, Institute and Society, and the Adult and Child Psychoanalytic Psychotherapy Programs–have become SOFAR volunteers. Volunteers have provided hours of dedicated thoughtfulness, clinical intervention and psychoeducation to soldiers and their spouses and children. If you are interested in becoming a part of SOFAR-MPI, please contact Paul Dube at (248) 229-4245 or Paula Kliger (248) 594-5979. Look for e-news and other notices about SOFAR-MPI’s Orientation and CE curriculum and for upcoming information about another important emergent military outreach effort, a joint pilot project with University of Detroit Mercy Law School, Veterans Clinic.
“Families in Hard Times” Outreach  
Nancy Kulish, Ph.D.

The Michigan Psychoanalytic Foundation will present an important and timely outreach program entitled “Families in Hard Times” at Temple Israel in West Bloomfield on Thursday, November 19 at 7:00 pm. The program will be open to the public and feature an opening key-note speech by Judge Edward Sosnick, last year’s honoree at the MPF benefit, followed by a large array of workshops to be led by members of the MPI faculty and the APT. The workshops will be focused on specialized topics dealing with children, adolescents, couples, adults and seniors. The program will offer MPI members a chance to share their expertise with the community on how to cope with emotional stresses, such as job loss or financial difficulties, engendered by the economic downturn. For further information contact Sonia Pone, Ph.D., president of the MPF, Nancy Kulish, Ph.D., coordinator of the program, or the MPI office.

Stanley Jacob Ellias, J.D. Receives Michigan Psychoanalytic Institute Recognition Award

Stanley Jacob Ellias, J.D., whose donation made possible the founding of the Walnut Lake Preschool, received a posthumous award expressing our deep appreciation of his generous gift. Mr. Ellias was cited as a “beloved father and husband, visionary community leader, lawyer and businessman” whose contribution will be long remembered and appreciated. Mr. Ellias’s daughter, Gayle Ellias, accepted the award on his behalf. Ms. Ellias, who has extensive experience with children with autistic spectrum disorders, highlighted the need for finding the right preschool as a vital part of the treatment plan for helping these youngsters to develop to their fullest potential. In her remarks, she stressed the need for parents to believe in themselves and their own abilities to be helpful to their children, not only as parents but as advocates and members of the treatment team. Ms. Ellias supports early interventions and believes in their power to help children.

Robert Hunt Berry to Help Fund U-M Research on Unconscious Processes  
Dwarakanath G. Rao, M.D.

Mr. Robert Hunt Berry has pledged to continue his support of the work of J. Michael Snodgrass, Ph.D., a University of Michigan psychologist who studies unconscious processes. Dr. Snodgrass specializes in unconscious emotional processes; one major focus is demonstrating unconscious defensive activity in rigorously controlled experimental paradigms.

Dr. Snodgrass is a Lecturer in Psychology, and Senior Research Associate in the Department of Psychiatry at the University of Michigan. He works closely with Howard Shevrin, Ph.D., and Linda A. W. Brakel, M.D., both MPI faculty members. Dr. Shevrin is active emeritus professor of Psychology, and Director, Program of Research in Neuro-Psychoanalysis, and Chief, Ormond and Hazel Hunt Laboratory in the Department of Psychiatry at the University of Michigan. Dr. Snodgrass and Dr. Brakel are Associate Directors of the Neuro-psychoanalysis program.

For many years, Mr. Berry has supported the research team of Howard Shevrin, Ph.D. at the University of Michigan. He believes in the importance of interdisciplinary empirical research that can enhance the status of psychoanalysis within academic psychiatry and the health-care research fields. He says he is glad to support Dr. Michael Snodgrass, who has served U-M and the psychoanalytic community very capably in his role of researcher for many years, and deserves the fullest support and gratitude.

Mr. Berry has long been a friend of the Michigan psychoanalytic community. Educated in clinical psychology at the University of Miami at Florida, he has worked for many years in areas of correctional psychology, substance abuse, and dynamic psychotherapy. He is a Program Consultant at the University of Michigan (UM), a founder of the Association for Psychoanalytic Schools, and an affiliate of the Benjamin Wintrob Psychiatric Foundation in Toronto (Canada).
group of lectures will be the inherently social nature of human beings. ... the human brain unlike all our other animal relatives is uniquely organized to promote social relatedness, and because of this a number of unique human capacities have evolved, including but not limited to language, ...culture, creativity, and the long process of child development. ...just as each species is designed by nature to inhabit a particular environmental niche, such as the desert, the tundra, the rain forest, humans, who inhabit any of these physical environments ...are especially designed to inhabit the niche of socialization.”

Dr. Pally, whose bibliography is extensive, is an Associate Professor of Psychiatry at UCLA, a member of the New Center for Psychoanalysis, and Co-Director and founding member of the Center for Parenting Studies.

Report on the Michigan State Medical Society’s House of Delegates Meeting
Cassandra M. Klyman, M.D.
Michigan Psychoanalytic Society Representative to OCMS
Chair, MPS Committee on Government, Legislation and Insurance

Delegates from all counties and Specialty Society representatives met for a weekend to elect State officers for MSMS and Delegates to the American Medical Association, as well as to discuss over 200 resolutions to be brought to the AMA. We had the opportunity to hear from Senator Tom George, M.D. (an anesthesiologist) who plans to run for Governor, and Supreme Court Justice Robert Young (married to psychiatrist Linda Hotchkiss, M.D.) who will be seeking re-election.

The most controversial issues that were headlined were stem-cell research, the merits of a single-payer system and mental health parity and the possible challenge/peril to access and privacy that those changes would entail. This latter concern was the substance of my proposed Resolution 15-09A, “Extraordinary Confidential Provisions in Medical Health Reform.”

Extraordinary Confidential Provisions in Medical Health Reform

Whereas, neither the Wellstone-Domenici Mental Health Parity Bill nor the newly passed State Children’s Health Insurance Program (SCHIP) bill, which includes mental health benefits for children, have the details of implementation yet worked out, and

Whereas, confidentiality is the cornerstone to permit and ensure effective psychotherapeutic and medical intervention, and

RESOLVED: That the Michigan Delegation to the AMA ask the AMA to make every effort to ensure in

Suggestions
Ideas for future issues? News we need to know? We welcome all comments and suggestions. Write to:

Michigan Psychoanalytic Society
32841 Middlebelt, Suite 411
Farmington Hills, MI 48334
Or email us at: newsletter@mpi-mps.org.
the implementation of medical health care reform legislation and especially in mental health parity legislation and the Children's Health Insurance Program (SCHIP) that patients' confidentiality be protected with waivers and opt-out provisions allowed without financial prejudice so that children and adults can get the medical health benefits they need if they choose to pay for it themselves.

After much discussion in the Specialty Society's meeting it was endorsed as a needed protection, not only for mental illness but for genetic information and other potentially stigmatizing or embarrassing procedures like abortion, plastic surgery, and sexually transmitted disease. However, at the Reference Committee level, the vote was for "no action" with the rationale being that the existing AMA policy (H_380.989) was already sufficient to support privacy of medical records. Furthermore they stated that hiding medical records could compromise the safety of patients as well as decrease the level of care they could receive without complete knowledge of medical history.

What this means is that we will have to educate our legislators to the dangers of open access to patient's records in our field and at minimum demand that if some patients and doctors need to establish a unique case-by-case, different tier kind of relationship—outside the purview or compensation of the insurance plan—there will be no blanket prejudicial response from the insurer against the provider's other patients or against the patient in his/her access for other general medical care. For those of you who don't know, I am referring to Medicare's policy of requiring that a waiver not to use the patient's Medicare benefits means that you cannot receive benefits from any other Medicare-eligible patient for two years.

I shall be following this closely and recommend that you send letters, call and let your state and national representatives know of your concerns. If you have further ideas or any situations where you have evidence that harm came to patients who avoided treatment because of fears of exposure or where psychological records were used against them, it would be most helpful to use those vignettes in addressing policy-makers. We have an opportunity now that may not come again for a long time as the details of Mental Health Parity are put together.

THE MICHIGAN PSYCHOANALYTIC SOCIETY IS PLEASED TO ANNOUNCE ITS PSYCHOTHERAPY MEMBERSHIP!

HAVE YOU

- Completed an MPI two-year psychoanalytic psychotherapy program or its equivalent?
- Practiced psychoanalytic psychotherapy for two or more years?

IF SO,

Please consider joining the Michigan Psychoanalytic Society as a Psychotherapy Member.

Your involvement in our lively psychoanalytic society provides an opportunity to contribute to the advancement of psychoanalysis and connect with other professionals at a local, national and international level.

For an application, a complete description of criteria for membership and benefits, please see our website at: www.mpi-mps.org

Or contact:
Nancy Blieden, Ph.D., MPS President
248-352-5999
Susan Orbach, Ph.D. MPS Membership Chair
248-399-1617

FREE ASSOCIATIONS Newsletter of the Michigan Psychoanalytic Institute and Society

October 2009

Michigan Psychoanalytic Foundation Building
32841 Middlebelt Rd.
Farmington Hills, Michigan 48334

Lease Rates are Negotiable with Free Rent Depending on the Lease Length and Include: Gas, Electric, Water and General Office Maintenance

Medical Office Suite 401 2170 SqFt
Large medical space that includes Waiting Room, Doctor's Office, Reception/file area, Patient rooms, X-ray room, Kitchen and Two bathrooms

Please contact:
Rick S. Kaplan
Friedman Real Estate Group, Inc.
(248) 848-4120
rick.kaplan@freg.com

THE MICHIGAN PSYCHOANALYTIC SOCIETY is pleased to announce its psychotherapy membership!

HAVE YOU

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- Practiced psychoanalytic psychotherapy for two or more years?

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Large medical space that includes Waiting Room, Doctor's Office, Reception/file area, Patient rooms, X-ray room, Kitchen and Two bathrooms

Please contact:
Rick S. Kaplan
Friedman Real Estate Group, Inc.
(248) 848-4120
rick.kaplan@freg.com
Congratulations APPEP Class of 2009!

The Michigan Psychoanalytic Institute hosted a graduation dinner and ceremony to honor this year’s graduates of the Adult Psychoanalytic Psychotherapy Program on Tuesday, May 26, 2009. Four colleagues completed the program: Anton Babushkin, M.S.W., Sylvia Delgado, M.S., Lakshmi Kaza, M.D. and Florene Sperka, M.S.W. Outgoing co-directors Richard Fish, Ph.D. and Kathy Frerichs, Ph.D. directed the APPEP for seven years, from 2002 through 2009, guiding over 30 people through to graduation! ✪

Save the Date - MPS Symposium

Guilt and Ideals in Analysis and Analysts
35th Annual Symposium
Michigan Psychoanalytic Society

Stanley Coen, M.D.
Training and Supervising Analyst
Columbia University Center for Psychoanalytic Training and Research

Anne Erreich, Ph.D.
Training and Supervising Analyst
New York University Psychoanalytic Institute

Discussants: Harvey H. Falit, M.D.
Michael Singer, Ph.D.

Moderator: Marvin L. Starman, M.D.

March 20, 2010
Rock Financial Showplace
Novi
Enthusiasm for Psychoanalysis in China is Growing
Local Analysts Teach and Conduct Therapy Over the Internet

Linn Campbell, Member CAPA Board of Directors
and Barbara Campbell, CAPA Treasurer

There is an enthusiastic and growing interest in psychoanalysis among mental health professionals in China, particularly in the larger training centers. Until recently this curiosity has been mostly an intellectual fascination, developed from reading Freud and the writings of his followers. Beginning about eight years ago a few psychoanalysts traveled to China and lectured at the universities. They were welcomed enthusiastically and returned each year to teach increasingly eager audiences. These American analysts found that Chinese mental health professionals had learned some theoretical ideas and were fascinated with psychoanalytic theories, but they had no clinical experience and were really quite naïve about using psychodynamic ideas in the treatment of their patients.

Led by Elise Snyder, who had taught in China on many trips, a group of American analysts formed the China American Psychoanalytic Alliance (CAPA), dedicated to bringing psychoanalytic understanding and clinical training to interested mental health professionals. Now CAPA members treat Chinese patients, supervise clinicians, and teach psychodynamic psychotherapy for Chinese members of the CAPA training program.

CAPA, which is an independent, nonprofit corporation, has in the past few years grown to almost 200 members, including analysts across the nation from various societies and institutes, most affiliated with the APsaA or other IPA components, and a few from the U.K. and Australia. Many of them are involved in treating Chinese clinicians with psychoanalysis or psychotherapy. These treatments use the Skype program on the internet, a free and easy-to-use audio-visual internet protocol which is easy to download. This program allows face-to-face interaction with Chinese patients, who are mental health clinicians, although patients in analysis do not usually see their analysts during their session. Although there has been some controversy concerning security issues, according to experts on internet technicalities, Skype does provide a secure venue for this treatment. Currently there are about 35 people in analysis (3-5 sessions a week) with American analysts and a smaller number in psychotherapy.

In addition to treatment, CAPA members formed an organized psychotherapy training program to provide didactic training in psychoanalytic theory and its application, several years of practical supervision of the Chinese student’s psychotherapy as well as psychoanalytic treatment for students signed up for a two-year training program. The course is intended to train skillful and experienced psychotherapists, using psychoanalytic concepts to help their patients better understand themselves and change patterns of behavior that are maladaptive in their lives.

On completion of the two-year course and the associated supervision and personal therapy, graduates will receive a certificate from CAPA attesting to that training, which has been accepted by the Chinese Psychological Association as approved graduate training. The Chinese clinicians have been enthusiastic about this program, an enthusiasm reinforced by the success of American psychoanalysts who volunteered to treat patients and teach clinicians following the Chendu earthquake. Dr. Elise Snyder, President of CAPA, and other analysts spent weeks in the earthquake zone, earning the respect and gratitude of the Chinese government and people. As a result there is now a growing list of applicants seeking treatment and didactic training. Students have good-enough English language skills and have “fallen in love” with analysis. They are eager to read everything they find but are naïve clinically. CAPA also has a program of shipping psychoanalytic texts and donated periodicals to centers in China so that students in the training program have available readings of assigned material.

The two-year didactic program consists of three courses: a theory course, a technique course, and a continuous case conference. Each course runs for 30 weeks a year and students take three classes each week. The first year theory course acquaints students with basic concepts, early development of psychic function, oedipal development and resolution, as well as later phases of development. The first year psychotherapy technique course includes seminars on beginning treatment, assessment, the therapeutic frame, and the relationship between the therapist and patient, along with classes focusing on the therapist’s interventions. The second year theory course focuses on Freud’s early theories and his revisions, object relations, relational theories and their application, and other topics, such as addiction and eating disorders. Second-year technique classes include seminars on resistance, transference and countertransference, and therapies with special categories of patients. There is a suggested, detailed curriculum for each course, although teachers are encouraged to fashion their class topics in the way they find most comfortable.
Thirty four psychoanalysts from across the country teach in this year’s sequence of classes. Each class includes about eight or ten students. This year there are classes in five centers across China and next year we expect to increase the number of centers offering training.

CAPA is now recruiting teachers and supervisors for the program’s first and second year seminars to begin in September 2009. We also have a very long waiting list of really wonderful patients, who are eager to begin their treatment. This is essentially pro bono work, with fees ranging from three to seven dollars per session. If you can offer the time, this is a worthwhile and satisfying project. Those interested in treating Chinese patients may contact Lana Fishkin at lanafishkinmd@aol.com.

Membership can be accomplished by completing the membership application at the CAPA web site, http://capachina.org, or by sending $30 to Barbara Campbell, CAPA treasurer.

We have found that psychoanalysis with Chinese patients requires patience and a mutual effort to bridge the language barriers, especially when speaking about complex ideas and emotions, though as the analysis proceeds this fades in ways not so different from working with American patients. It also involves an opportunity to learn personally and intimately about a different culture. Conversely, these Chinese patients are able to learn about westerners, our values and character in a way which would otherwise not be available to them.

Because of the Chinese desire not to offend, they sometimes will refrain from speaking honestly at first, which is a burden they bear, never knowing the freedom of having someone to accept them as they really are. While such resistances are also found in our usual patients, it helps to understand it not only as a resistance but as a deeply ingrained cultural characteristic.

From our institute, Mel Bornstein, Marcy Broder, Paula Kliger, and Rebecca Mair are involved, either in teaching, supervision, or treatment. We know that any of them would be pleased to talk about their experiences in this exciting project.

We would be delighted to answer questions about CAPA and about its two-year psychotherapy training program (810-229-8522). We hope you will be interested. If you get involved you won’t make a lot of money, but you may influence a changing world.

### APT Reel Deal 2009-2010 Season

#### Profound Film Exploration and Discovery Through Cinema Theory and Psychoanalysis

**Milk**
Saturday, October 17, 2009
1 - 3:00 pm
Bloomfield Twp. Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Donna Learmont, Ph.D.
- Psychoanalyst: Carol Levin, M.D.
- Academic: John Corvino, Ph.D.

**Rachel Getting Married**
Sunday, November 15, 2009
1 - 3:00 pm
Bloomfield Twp. Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Philip Wagner, M.A.
- Psychoanalyst: Marie Thompson, M.D.
- Academic: Bruce Russell, Ph.D.

**Twilight**
Sunday, February 21, 2010
1 - 3:00 pm
Bloomfield Twp. Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Diane Geiger, M.A.
- Psychoanalyst: Cassandra Klyman, M.D.

**Film: HBO’s In Treatment**
Sunday, April 25, 2010
1 - 3:00 pm
Bloomfield Twp. Library
(corner of Lone Pine and Telegraph)
- “Director’s Chair”: Jolyn Wagner, M.D.
- Psychoanalysts: Sally Rosenberg, D.O., Charles Burch, Ph.D.

General Public $15
APT Members and Students $5

These programs are approved for 1 CME and CE Credit Hour

For more information, call Dave Lundin, 248-229-5389.
Psychoanalysis in the 21st Century

Denial, Mania, and the Search for Saviors
Patricia L. Gibbs, Ph.D.

The current United States financial crisis can be usefully explained partly by probing various unconscious motivations including projective identification, manic denial, and the savior complex. These are especially useful in illuminating the destructive unconscious intrapersonal and interpersonal processes seen throughout the financial collapse. Primitive defenses can be observed in all individuals, even those having extended periods of high intrapsychic functioning, social accomplishment, and intelligence. All of us, then, are subject to the fluctuations between lower and higher psychic functioning across the lifespan—even where significant psychopathology is absent. For this reason, I believe this financial crisis has released enormous anxiety, as we attempt to face our human vulnerability to duplicity, exploitation, and insatiable greed. The savior complex is also present: in it the aggressive intent of financial exploitation is unconsciously denied, while a conscious self-perception of helpful benevolence is maintained.

Assessments of leaders within the financial sector regarding the crisis, some of whom have questioned the unraveling of regulatory mechanisms, are considered in this essay, which is based upon Kleinian and Jungian concepts. Regulatory systems, which rely on the constructive engagement of many individuals, are already embodied in the democratic principles of the United States. Rather than proposing new governmental or financial regulatory bodies, this paper proposes informing regulatory practices with an understanding of both the ubiquity of unconscious motivation and the essentially social and related nature of humanity.

Individuals and institutions were widely supported for behaviors and policy decisions that were compellingly presented by conscious rationales. In many cases the intent to deceive was overshadowed and undone by a growing number of financial insiders and consumers endorsing the benevolent and prudent nature of sub-prime mortgage lending, CEO salaries, and unlimited growth in the financial market. Here, I believe the defensive use of idealization in those wanting to believe financial investors promising unending growth and wealth clearly contributed to the enthusiastic “mania” seen in the market and culture—prior to the collapse. Michael Bienes eventually lost his entire savings to Madoff. Once Madoff referred to Bienes as family, this investor said, “He had me. We were family. Oh, my God! I was in! It really took me because he had a presence about him, an aura” (Quoted in J. Bandler and N. Varchaver with D. Burke, “How Bernie Did It,” Fortune, May 11, 2009, 159, 10: 57). The collapse of once-idealized persons and institutions—whether in the financial sector, professional circles, or families—is filled with emotional agony that will reverberate through many lives, often leaving them forever changed. To many, this means that we can no longer believe anyone will save us, while to others it heightens their desire for saviors.

Manic defense involves the intra-psychic use of denial, grandiosity, and omnipotence to defend against a conscious recognition of depression, limitation, and loss. Manic defenses operate unconsciously to maintain the subjective experience of safety, power and control, against the painful conscious acknowledgement of depression, impotence and loss. At the bottom of the behaviors involving grandiosity and omnipotence, then, is a fierce internal struggle to deny both one’s own aggressive impulses and vulnerability to loss. Jeremy Grantham, in predicting the financial crisis, states, “The Fed was in denial, the Treasury was in denial, the bosses of Merrill Lynch and Lehman were in denial...there were plenty of people warning that it was going to happen....It’s the denial that’s impressive” (Quoted in J. Light and J. Revell, “Can we Have a Little Perspective, Please? Money, November 2008, 37, 11:106).

Imprudent financial decisions can easily be seen as derived from unconscious manic operations and the use of denial. Unconscious processes also maintained the apparently incongruent juxtaposition of the covert appearance of benevolence with the unconscious agenda to ruthlessly exploit, steal and possess another’s person or possessions. The eventual exposure of these dynamics brought widespread reactions of shock and betrayal.

Individuals projecting a persuasive “benevolent savior identity” were often associated with some of the most egregious financial exploitation. Interviews with Bernard Madoff’s victims reveal a deep sense of betrayal: Madoff—once known as kindly and helpful—was quite the opposite. He betrayed others in the very way he convincingly claimed he would save them financially. As with all projections, eventually the truth of one’s unconscious motivations are revealed. Far from being a benevolent savior, Madoff’s behavior reveals the use of mania and omnipotence to deny and then project aggressive sadism. Such omnipotence and denial, initially appearing within a benevolent appearance to provide financial opportunity, eventually appeared across the American financial and cultural zeitgeist, revealing a society-wide “savior complex.” The disguise of the unconscious motivation to exploit within the fiercely defended savior complex makes the identification of these dark unconscious motivations difficult to detect. Often expecting malevolence to appear blatantly aggressive, we can easily ignore the aggression hidden by unconscious
processes. Bandler, Varchaver, and Burke conclude that investors clung to the belief that Madoff had escaped the "worst financial collapse since the Great Depression. . . . Madoff appeared to be his smooth old self" (Fortune, May 11, 2009, 150, 10:69). For the individual or society in the grip of the savior complex, every primitive defense of splitting, omnipotence, denial, and projection is marshaled to maintain the complex, and deny the destructive aggression fueling unconscious motivations.

Savior complex behaviors will be maintained until unconscious aggression becomes so overwhelming that the complex collapses into what in Jungian terms is its "shadow"—revealing the reality of the aggressive forces masquerading as benevolence. If it was a clinical situation, we would understand that a person severely splitting the benevolent conscious from the malevolent unconscious self was unable to accept and integrate sadistic aggression. Such individuals are then driven to unconsciously project their own aggression onto others, while maintaining conscious experiences of self-benevolence. Psychoanalytic experience, however, would remind us that the more one uses defenses such as mania and omnipotence to deny universal human aggressiveness, the more aggression will be expressed outside of conscious awareness and control. Painfully, we are all reminded of our own inescapable aggressiveness.

I believe that the necessity for us to understand unconscious motivation has never been more pressing. Andrew Campbell, Jo Whitehead, and Sidney Finkelstein underline this urgency when attempting to discern why good business leaders make bad decisions. Their conclusion: human decisions are made largely based on unconscious processes. They draw on research from contemporary neuroscience to explain this, identifying the presence of "inappropriate self-interest, distorting attachments, and misleading memories" ("Why Good Leaders Make Bad Decisions," Harvard Business Review, 2009, 87, 264).

All of these mechanisms are outside of conscious awareness. Leaders, they conclude, need to rely on others to identify potential “red flag” situations in order to safeguard against errors in judgment. It takes me just a few seconds to start looking for a way out of relying on others who will come to know my judgment errors. A subjective sense of exposure related to the reliance on others can foster individual isolation and reliance on primitive omnipotence. Now might be a good time to confess my doubts about self-analysis. My conclusion, then, is that meaningful, stable, and constructive human relationships appear to be the only ways to curtail the individual’s inevitable tendency toward unconsciously destructive processes and behaviors.

According to Kleinian and Jungian psychoanalysis, the individual is a prototype for behaviors and trends seen in larger social groups such as the family, government or financial organizations. Wilfred Bion has done especially noteworthy work in this regard ("Group Dynamics: A Review," International Journal of Psycho-Analysis, 1952, 33: 235-47). An individual, then, can display behaviors based on manic defenses of grandiosity, omnipotence and insatiable greed. So, too, can a culture or financial market display the same manic-based decisions and behaviors. Contemporary psychoanalysis has provided evidence for developmental and cognitive processes that rely on interpersonal interaction, such as attachment and the capacity to judge others’ intentions. I have argued that knowledge of unconscious motivations is necessary to understand destructive behaviors in both individuals and financial organizations. Further, I propose that anchoring our financial regulating systems within the knowledge of the inherent social nature of human beings will help to prevent exploitive financial practices.

Within the financial industry, regulation is now widely proposed as a necessary modulating influence to combat financial abuses. John Steele Gordon, a financial historian, advises a complete overhaul of financial regulatory practices (In Light and Revell). In the same vein, Joseph E. Stiglitz, Professor of Economics, Columbia University and winner of the 2001 Nobel Prize for Economics, states, "Multiple conflicts of interest in our finance industry also have led to the rewarding of socially destructive behavior" ("How to Save Capitalism: Realign the Interests of Wall Street," Harper's Magazine, November 2008, 317, 1902:37). Going even further is William Pfaff, who declares that unregulated free market capitalism "killed itself by greed, vanity and excess." He claims that unregulated free market capitalism reflects the "vacuity and perversity of market ideology, which contradicts human nature" ("The Fall: Original Sin in Free-market Capitalism," Commonweal, October 10, 2008, 7).

The need for financial regulatory oversight, then, is seen as an imperative. Regulatory processes based on many individuals working to provide oversight can prevent behaviors unconsciously organized by omnipotent greed or primitive denial. These regulatory processes are already embodied in American democratic principles, such as the Rule of Law, the Bill of Rights, and the safeguard of the common good. Informing financial regulatory practices with an understanding of the ubiquity of humanity’s unconscious motivation and social nature will offer protection against future financial crises.

Tonight I have the pleasant duty of commemorating a very important milestone in the history of our family of organizations. Twenty-five years ago, in 1984, when we were a much smaller place, Max Warren was President of our Institute and I was President of the Society. Our first beloved administrator, Francis Shepherd, had died after an illness that eventually incapacitated her. We had an interim administrator, but this wasn't going to work for the long term. It was Max who discovered a young woman with an M.A. in Education, who had been a fourth through sixth grade teacher and was for the preceding several years the Administrative Assistant for a California Consulting Firm. On June 25th, 1984, Kathleen joined us as our Administrator and has been with us ever since.

Since then, Kathleen has truly been our Chief Operating Officer. Somewhere along the line, her title was changed to Administrative Director, but all along she has been more than an Administrator. She has kept us going and has been an equal participant in shaping the remarkable growth and development of our analytic family. During her tenure we evolved into the five organizations she now serves, The Institute, Society, Foundation, the APT, and our active Candidates organization.

Twenty-five years ago we had rented quarters in Southfield. We now occupy our own building in Farmington Hills. When she began, our "auditorium" for scientific programming consisted of our office staff rearranging chairs. Of course, we now have a dedicated meeting space. Instead of borrowed classrooms from the University of Michigan, we have a full campus of our own in Ann Arbor. Now we have the Walnut Lake Pre-school.

Kathleen oversees an annual fundraising event whose proceeds are ten times as much as when she arrived.

She and her staff provide all of the infra-structure of our yearly symposium. The annual dinner has grown from a nice social evening to a full-fledged event honoring our achievements and our graduates.

All of these wonderful activities could not have occurred without the organizational skills of our Administrative Director and her staff.

When Kathleen joined us she had one part-time assistant. Now she has selected our excellent staff of Jean Lewis, Monica Simmons and Pat Wisdom to help her keep us functioning at our high level.

Kathleen has worked with ten Institute Presidents and twelve Society Presidents, and she's still here. That alone tells you about her capacities to relate, adapt, cajole and survive.

All of our leaders are volunteers and part-time. Kathleen is our constant as we come and go. When I was President of the Institute she was one of my best advisors and I quickly discovered how well she listened to my dilemmas and helped me weigh my options.

Her job requires tact, discretion, efficiency, frustration tolerance, and sometimes good luck. Kathleen has had all of those characteristics in abundance. She has the understanding to keep private that what must be private and she intuitively understands the many complex relationships that are a special part of our organization.

In a way, she has over a hundred bosses. To carry that off without warfare and mental breakdown requires a rare set of skills.

So much has changed during her watch. Yet some things have remained the same. Kathleen has been as dedicated to the success of our operations as any of the analysts, candidates and members of our affiliated organizations. Her ideals for us include the same qualities of excellence that, at our best, we expect for ourselves.
She is more than an employee. To many of us she is also a valued friend. If sometimes it feels as if we work for her, as for example when she reminds us gently that we have not turned in some report or paid some fee, she always does it with diplomacy and with our own best interests at heart.

Tonight I have some momentoes of Kathleen’s first twenty-five years with us. First, I have a letter of congratulations from Prudy Gourguechon, President of the American Psychoanalytic Association which reads:

“Dear Kathleen,

On behalf of the American Psychoanalytic Association, I would like to offer our congratulations on your achieving the milestone of twenty-five years of service as the Administrative Director of the Michigan Psychoanalytic Institute.

At the national level we know well that the Michigan Psychoanalytic Institute is one of the most productive and successful psychoanalytic institutes in the country. It has pioneered many innovations in education, outreach, liaison with psychodynamic psychotherapists, and applying psychoanalysis to the needs of the community.

You have been a core part of all these extraordinary efforts, and your colleagues speak highly of your commitment, loyalty and diligence. To put it succinctly, we bet they couldn’t have done it without you.

Once again, congratulations.

Warm regards,
Prudence L. Gourguechon, M.D.
President”

Next, I want to present Kathleen with this check. It is for a significant amount that was entirely raised from all of us as donors who wish to concretely express our thanks to her. It represents only a token of how much we value her contributions over the years.

And finally, it is my honor to present this plaque commemorating her first twenty-five years with us: Will you all join with me and by your applause honor and thank Kathleen Kunkel for her contributions to all of our organizations and to each of us personally.

A Heartfelt Thank You from Kathleen Kunkel:

Dear Friends of the Psychoanalytic Community:

I want to thank all of you who participated in helping me celebrate my 25th anniversary at the Institute. The outpouring of appreciation for the work I have done was very touching. I was so surprised at the annual dinner to be honored in this way. The beautiful words on the plaque I was given touched my heart deeply.

As I look back over the years, much has changed; but the one constant has been the people. We are blessed with many wonderful people who have dedicated so much of their time and energy to make Michigan one of the best Institutes in the country. Our strength is our members. It has been a pleasure to watch the Institute, Society, Foundation and APT grow and prosper and develop into strong organizations.

I want all of you to know that it has been both my honor and privilege to have served the Michigan Psychoanalytic Institute as its Administrative Director over these past 25 years.

With sincere thanks,
Kathleen ❖
Fall Term at Walnut Lake Preschool

As September burnishes the trees, and cool summer evenings announce the early signs of autumn, Walnut Lake Preschool delights in the anticipation of a new school year.

We enjoyed a lovely six-week summer camp program. It was a summer of many transitions as our three former students readied to begin new challenges in traditional programs, and new campers experienced the specialized attention that our small classroom provides. We were able to make a positive difference for many children and their families, and we have continued to grow and learn effective ways to support and strengthen relationships, self-regulation, language development and social skills. We worked to engage the individual child, aware of his interests and developmental needs, with a rich and varied curriculum.

We were fortunate to have two college interns volunteering during the summer program. They added positive new eyes and energies, and were able to teach and learn during their time with us.

This fall we will be offering a series of three free parent workshops at our Open House evenings at Walnut Lake Preschool at 7:00 p.m.

September 16
Preschool Primer - Finding the Right Fit and Getting the Most out of the Preschool Experience
Cathy Rozenberg, M.S., Educational Director

October 14
Developmental Needs of Preschoolers
Don Spivak, M.D. Co-Clinical Director, Psychiatrist & Psychoanalyst

November 11
Is Your Child Really Hyperactive or Just Driving You Crazy?
Lakshmi Kaza, M.D., Pediatrician and Family Consultant

The future of the school depends on the community-at-large becoming more aware of us and our resources. Please keep us in mind for referrals as you work with families, young children and other professionals. We can be reached at 248-339-6263.

FREE ASSOCIATIONS Newsletter of the Michigan Psychoanalytic Institute and Society
Developmental Dialogues

For parents of preschoolers who are happy with their child’s preschool but who want information or assistance in dealing with particular parenting challenges or developmental issues, the Walnut Lake Preschool offers individual consultation. This service provides parents of young children an opportunity to discuss the developmental challenges that naturally arise during child rearing. Parents meet with specialists who have long experience working with young children and their families. The initial consultation is free; thereafter, parents may arrange a series of two, four or six sessions with a teacher and a mental health professional.

Topics of Interest:

- Challenges of Each Developmental Step
- Development and Learning Style
- Eating
- Sleep and Bedtime Concerns
- Tantrums and Acting Out
- Fears
- Separation Issues
- Socialization
- Sibling Relationships, including Responses to Birth of New Baby
- Child Care Issues
- Setting Limits
- Extended and Combined Family Issues
- Early Childhood Learning Programs: Selection and Adjustment

Parent Goals:

- Explore your concerns with our family consultants
- Discuss a plan to deal with concerns
- Get feedback concerning your child’s needs and functioning

All consultations are held in the afternoon at Walnut Lake Preschool
2075 Walnut Lake Road
West Bloomfield, MI 48323

Contact: Cathy Rozenberg, cathrr@sbcglobal.net or (248) 339-6263.

2009 APT Annual Workshop

Understanding and Treating Substance Abuse Disorders: Dynamic and Practical Perspectives

Thomas Kane, D.O.
Advanced Candidate, Michigan Psychoanalytic Institute

Steven Nickoloff, M.D.
Lecturer, Michigan Psychoanalytic Institute

Saturday, November 7, 2009
8:30 a.m. - 4:00 p.m.
Oakland campus of Wayne State University
Farmington Hills, MI

Physicians: The Michigan Psychoanalytic Society is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians. The Michigan Psychoanalytic Society designates this educational activity for a maximum of 5 AMA PRA Category 1 Credits™ (1 credit equals 1 hour). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Social Workers: This program is approved by the Michigan Social Work Continuing Education Collaborative for 5 CE Hours.

2009 Graduates

Kehinde Ayeni, M.D. graduated from the College of Medicine, University of Ibadan, Nigeria with an M.D. degree in 1986, and did residency training in Preventive and Social Medicine before migrating to the US in 1992. In 1999 she completed her residency training in Psychiatry at Sinai Hospital/Wayne State University where she received the Harry August Award for Outstanding Performance in Residency Training.

She lives in Farmington Hills with her two children Segilola, a junior at Michigan State University, and Mobolaji, a senior at North Farmington High School. She is in the private practice of psychiatry, psychotherapy and psychoanalysis in Farmington Hills, and she is also the Medical Director of Development Center, Inc. and North Central Health Center, both in the city of Detroit. Her hobbies are reading, dancing, taking long walks and writing. She has published a novel, “Our Mothers’ Sore Expectations.”
2009 Graduates

Susan L. Orbach, Ph.D., is a recent graduate of the Adult Psychoanalytic Program at the Michigan Psychoanalytic Institute. Originally from New York, Dr. Orbach obtained her Bachelor of Arts degree from Queens College in Philosophy. Her interest in philosophy and literature brought her into contact with the ideas of Freud. Dr. Orbach completed her psychology doctoral training at Wayne State University in 1991 during which she interned at Wayne County Clinic for Child Study, Mount Carmel Mercy Hospital and the University of Detroit Mercy. Dr. Orbach completed the Child Psychotherapy Program at the Michigan Psychoanalytic Institute in 1997. Dr. Orbach has had a variety of inpatient and outpatient clinical experiences. In addition, she has taught psychology classes at Madonna University. Dr. Orbach is currently in private practice as an adult psychoanalyst in Huntington Woods and conducts psychotherapy with adults, adolescents and children. She supervises psychology students from the University of Detroit Mercy and Madonna and psychiatry residents from Henry Ford Hospital. Currently Dr. Orbach is an instructor in the Adult Psychotherapy Program and the Fellowship Program at the Michigan Psychoanalytic Institute.

Dr. Orbach is married to Gary Zirulnik, a remodeling contractor. They have two sons, ages 20 and 17. In her spare time, Dr. Orbach enjoys theater, film, walking her two Rat Terriers and yoga.

Laura Huggler, Ph.D. is a psychoanalyst and psychotherapist working with adults in private practice in West Bloomfield. As an adjunct to her clinical practice, Laura is a consultant to organizations and executives, specializing in psychoanalytically-informed executive coaching and work-focused psychoanalytic psychotherapy with CEOs and executives. While undertaking her analytic training, Laura also completed her doctoral studies in 2007 at Fielding Graduate University in Human and Organizational Systems with an emphasis in psychodynamic systems. Laura holds a master’s degree in counseling psychology from Western Michigan University and a master’s degree in industrial and labor relations from Wayne State University. Laura is co-chair of the APsaA’s Ad Hoc Committee on Corporate and Organizational Consultation.

At MPI, she serves on the Clinical Moments program committee and the Patient and Colleague Assistance Committee. In May 2009, Laura was co-recipient of the Nathan Segel Candidate Essay Award for her paper, “CEOs on the Couch: Building the Therapeutic Alliance in Work-Focused Psychoanalytic Psychotherapy.” At home, Laura and her husband, Tom, are busy raising their two young children, Marisa, age 7 and Daniel, age 3. They also have 2 adult children, Brian and Jennifer and 3 grandchildren. In their free time, the Hugglers enjoy spending time at their hobby farm, located west of Lansing.

Patricia Plopa, Ph.D. graduated from the Michigan Psychoanalytic Institute in Spring, 2009 and looks forward to teaching in the 2009-2010 year in the Continuing Education Division of MPI. She currently serves on the Liaison to Training Programs Committee, SATA, and the Program Committee, where she is Arrangements Chair. Dr. Plopa received her doctorate in Clinical Psychology from the University of Detroit and has been an Adjunct Professor of Psychology at the University of Detroit Mercy for many years. Her private practice includes psychotherapy and psychoanalysis of adults in Bloomfield and Rochester Hills. Prior to starting her training at the Michigan Psychoanalytic Institute, Dr. Plopa was part-owner and administrator of a mental health clinic, the Northland Clinic, for 18 years. Dr. Plopa is a recipient of the Nathan Segel Writing Award (2009) for her paper “Cancer, Candidacy, and the Couch,” which she presented at the MPS Scientific meeting on September 24, 2009. She presented a paper, “Illness and Self-Disclosure: Impact on the Treatment Relationship and Process,” at the International Psychoanalytic Association Congress (IPSO section) this last summer in Chicago. Dr. Plopa volunteers as a consultant at Catholic Social Services of Oakland County and volunteers at William Beaumont Hospital in the Sharing and Caring Program, which works with women going through breast cancer treatment. Among her many research interests is the intersection of culture, psychoanalysis, and religion/spirituality. Dr. Plopa enjoys travel, photography, and spending time with friends and family. Her husband Jeff is Chief Counsel and Compliance Officer for Leonard and Company, a regional investment firm, and her daughter Lisa is working on her doctorate in Clinical Psychology at Argosy University, San Francisco Bay area.
Lynn Kuttnauer, Ph.D. graduated from MPI’s training program in Adult Psychoanalysis at the annual dinner in May, 2009. Dr. Kuttnauer received her doctorate in Clinical Psychology from the University of Detroit and completed a two-year internship at the Detroit Psychiatric Institute. She has enjoyed teaching, supervising and providing therapy in a variety of settings over the last three decades.

While a candidate, Dr Kuttnauer presented twice at the winter meetings in New York. The topic of the first presentation focused on issues of deepening the treatment—moving the therapy towards an analysis. The second presentation explored the multiple psychological meanings of having a physical defect. She has been very involved at the Institute, serving as co-president of the Candidate’s Organization and on the Ethics and Clinical Moments Committees. Her passion for education leaves her well suited for her new positions as Co-Director of the Adult Psychoanalytic Psychotherapy Educational Program and of MPI’s Psychology Internship.

Dr. Kuttnauer has a full-time private practice in psychoanalysis, psychotherapy and supervision in Farmington Hills. She has been able to continue her relationship with her alma mater by supervising UDM doctoral students and being an invited guest annually at their case conference. In her limited free time, she enjoys spending time with her husband, traveling, hiking, cooking, playing music and reading novels.

Rebecca Mair, Ph.D. obtained her doctorate in Clinical Psychology from Wayne State University. She is in private practice in Grosse Pointe Park providing psychoanalysis and psychotherapy for adults, adolescents, and children. As a candidate, she served as Co-President of the Candidate’s Organization and as a representative to APsaA Affiliate Council. Since 2007, she has been conducting analysis, supervising, and teaching in the Two-year Psychoanalytic Psychotherapy Program in China.

Her interests are in unconscious fantasy related to traumatic loss on an individual, group, and societal level. In the summer of 2009, she presented her graduation paper, “The Analyst’s Capacity to Surrender to the Analysand’s Experience: Trauma, Enactment and Integration,” at the International Psychoanalytic Conference in Chicago. She teaches in the Adult Psychoanalytic Psychotherapy Program and supervises psychiatry residents at Henry Ford Hospital. Currently, she is a candidate in the Child/Adolescent Psychoanalytic training program.

“Psychoanalytic training has greatly enriched my life and continues to open my mind to new perspectives, which leads me to experience graduation as a work in progress. Completing training has given me the gift of time to enjoy yoga, pursue my interest in Indian culture and art of the southwest, spend time with my friends, family and kayaking with my husband, Richard Marcolini, M.D.”

Deborah Harms, Ph.D. began her study of psychology in the Honors program at Wayne State University where she graduated Phi Beta Kappa. Dr. Harms received a Teaching Fellowship at the University of Detroit-Mercy where she completed a master’s and doctorate in Clinical Psychology. She completed internships at Henry Ford Hospital and Detroit Psychiatric Institute in Child, Adolescent and Adult Psychoanalytic psychotherapy. She has worked as Senior Psychologist and Forensic Expert at Oakland County Probate Court.

Dr. Harms is Adjunct Professional Staff at St. John Hospital in Detroit. She is also a supervisor at the Psychology Clinic at University of Detroit Mercy where she supervises doctoral students. Dr. Harms is also currently supervising residents at Henry Ford Hospital. Upon graduation from Michigan Psychoanalytic Institute’s program, Dr. Harms served as Co-Chair of the Psychotherapy Fellowship Program, Director of MPI’s newly developed Psychology Internship Program, and will teach in the Seminar Series and in the APPEP program. Dr. Harms will serve on the Finance, Program, Early Admission, Continuing Education, Internship, and Liaison Committees.

Currently, Dr. Harms is in private practice in psychotherapy with adolescents and adults and psychoanalysis with adults in Birmingham, Michigan. She lives in Beverly Hills with her husband, also a psychologist. She has three children including her married son, Chris, and his wife, Laura, her son, Ryan, and daughter, Catherine. Interests include reading, ballet, bridge, live theatre, writing, and taking various classes.
Member News

Deanna Holtzman, Ph.D. and Nancy Kulish, Ph.D. have been invited to deliver The Sperling Lecture in October in New York. Their paper is entitled, “Female Exhibitionism: Identifications, Competition and Camaraderie.”

Drs. Holtzman and Kulish were invited to a “Meet the Author” in Toronto on August 7 by the American Psychological Association to discuss their recent book, “A Story of her Own: The Female Oedipus Complex Re-Examined and Renamed.”

They co-chaired the Discussion Group “Current Perspectives on Masochism” in January at the meetings of the American Psychoanalytic Association at the Waldorf in New York.

Dale Boesky, M.D. was the discussant for the Keynote Address, “Grasping psychoanalysts’ practice in its own merits” by Dr. Juan Pablo Jimenez at the IPA congress in Chicago, August 1, 2009.

His book, “Psychoanalytic Disagreements in Context,” will be the topic of the “Meet the Author” panel in New York on January 16, 2010.

Dr. Boesky will be the keynote speaker at the December 2009 Annual Meeting of the Center for Modern Psychoanalytic Studies in New York. The meeting will be a discussion by Dr. Boesky with their candidates and faculty of his book, “Psychoanalytic Disagreements in Context,” followed by a case presentation by a senior faculty member illustrating the importance of context in understanding the case.

He has been invited to meet with the members and candidates of the Oklahoma Society for Psychoanalytic Studies in April 2010.

Laura Huggler, Ph.D. was appointed co-chair of APsaA’s Corporate and Organizational Consultation Committee in January. She presented a case, “Trouble at the Top: Women CEO’s and the Oedipal Struggle,” at the Corporate & Organizational Committee’s Workshop on “When Women Lead: Power & Authority in Organizations” in January. The co-presentor was Prudy Gourguechon, M.D.

Julie Jaffee Nagel, Ph.D. was the recipient of the Gertrude and Ernst Ticho Lectureship, awarded by the American Psychoanalytic Association for contributions to the field by an early to mid-career analyst. Dr. Nagel was cited for the intersection of her work in psychoanalysis and music. She will give the Ticho Lecture at the ApsaA meetings in Washington D.C. in June 2010.

At the International Psychoanalytic Association Congress in Chicago, Dr. Nagel served as discussant for the ApsaA Fellowship Program on July 29, 2009 and chaired a discussion group, “Inhibitions, Symptoms, and Performance Anxiety in Musicians,” on August 1.


Oxford University Press has signed a contract with Linda A.W. Brakel for her second OUP book, to be titled, “Unconscious Knowing and Other Essays in Psycho-Philosophical Analysis.” Likely publication date will be sometime in 2010 or early 2011.

Jack Novick, Ph.D. was the discussant for the Saturday panel on adolescents at the annual Winter Meetings of the American Psychoanalytic Association and co-chaired the Discussion Group on Psychoanalytic Schools. He presented a paper on the “Rat Man” at the Division 39 conference in San Antonio in April 2009 and chaired the plenary at the annual meeting of the Association for Child Psychoanalysis in May. He was appointed a Geographic Rule Supervisor at the Seattle Psychoanalytic Institute.

Kerry Kelly Novick led a discussion on “Emotional Muscle” for the First Steps program of the Ann Arbor Public Schools, and presented a paper on “Little Hans” at Division 39 in April. She was appointed a Geographic Rule Supervisor in the North Carolina and Seattle Psychoanalytic Institutes.


At the American Academy of Child and Adolescent Psychiatry meetings in Chicago, they presented at a panel on parent work. In November they presented at the Association for Psychoanalytic Thought’s all-day Symposium on “Interferences with Performance.”

They presented “Pretermination: Getting ready to say goodbye” at the Baltimore-Washington Psychoanalytic Society and at the Chicago Psychoanalytic Institute; “Expanding the Domain” was given at a scientific meeting of the Michigan Psychoanalytic Society. At Division 39, they presented a paper on “Emotional Muscle.”

They will hold a “Meet the Author” meeting on “Good Goodbyes” at the annual meeting of the American Psychological Association in Toronto.

“Expanding the Domain” will be published as a
chapter in the forthcoming “Annual of Psychoanalysis.” Their recent book “Good Goodbyes” has been translated into German and Finnish, as has “Fearful Symmetry.” “Working With Parents Makes Therapy Work” has just been issued in Italian.

Patricia L. Gibbs, Ph.D. will present an abbreviated form of her paper, “The Role of Shame in Treating Maniacal Triumph and Paranoia,” at the Tenth Annual Meeting of the International Society for the Psychological Treatments of the Schizophrenias and Other Psychoses - United States Chapter, October 2-4, 2009, Rockville, MD.


Howard Shevrin, Ph.D. writes: I participated in a panel in Paris sponsored by Neuropsychoanalysis in which I debated a prominent French neuroscientist, Lionell Naccache, who has taken the position that neuroscience findings do not support the fundamental position of psychoanalysis with respect to the nature of the unconscious. As many of you know, this is also the position of some psychoanalysts. Our own Dale Boesky as well as the quite influential Andre Green have taken this position. In my response I drew upon our own considerable research on the subject, all of which demonstrates a clear continuity between the unconscious as inferred in the clinical situation and what we find in the laboratory. The chance to debate these important scientific issues was exciting.”

Kathleen Moore, Ph.D. was certified in adult psychoanalysis by the Board on Professional Standards at the January 2009 meetings of the American.

Marvin Margolis, M.D., Ph.D. has been appointed Chair of the Outreach Committee of the International Psychoanalytic Association. He is the author of “Meeting the Challenge of Rehabilitation for Boundary Violations” in the Spring/Summer 2009 issue of The American Psychoanalyst, Volume 43, No. 2. His review of Vamik Volkan’s book “Killing in the Name of Identity” was published in the December 2008 issue of the Journal of the American Psychoanalytic Association.

James Hansell, Ph.D. presented two papers at the American Psychological Association meetings in August: “The Psychopathology of Everyday Strife” and “Where Sex Was, There Shall Gender Be?: From Bisexuality to Binaries in Psychoanalytic Gender Theory.” His paper (with Jan Habarth, Ph.D. and Tyler Grove, B.A.), “How Accurately do Introductory Psychology Textbooks Present Psychoanalytic Theory?” was provisionally accepted for publication in Teaching of Psychology.

This summer at the 20th Biennial International Psychoanalytic Studies Organization Congress in Chicago, Susan Orbach, Ph.D. presented her paper entitled, “Enactment and the Informative Experience in Light of the Analyst as a New Object.”

Merton Shill, Ph.D. will present his paper “Intersubjective Ego Psychology: A Clinical Illustration” at the Ego Psychology Discussion Group at the January 2010 meeting of APsaA in New York.

Publication Notices


CALENDAR

October 17  Bloomfield Township
Reel Deal - Milk

October 25  Farmington Hills
APT Brunch: “The Reader”
Lars Rensmann, Ph.D.

October 30  Novi
Michigan Psychoanalytic Foundation
25th Annual Benefit

November 7  Farmington Hills
APT Workshop - “Understanding and Treating Substance Abuse Disorders: Dynamic and Practical Perspectives”
Thomas Kane, D.O.

November 14  Farmington Hills
“Narcissism, Ego Ideal and the Super-ego in the Current Financial Crisis”
Michael E. Shulman, Ph.D.

November 15  Bloomfield Township
Reel Deal - Rachel Getting Married

December 12  Ann Arbor
“The Scent of the Mother”
Bernadette Kovach, Ph.D.

February 6  Farmington Hills
“Passion, Rage and Disbelief: Understanding the Mind of the Sports Fan”
Joshua Ehrlich, Ph.D.

February 20  Farmington Hills
“Obama, Leadership and Race”
Joint MPS/APT Program
Kimberlyn Leary, Ph.D. (Boston, MA)