

ACAPP Classes: Academic Year 2016-17

Developmental Sequence:

Infancy (0-2 years)

Toddlerhood (2-3)

Preschool (3-6)

School Age (6-9)

Preteen (9-13)

Adolescence (13-21)

Adult Assessment and Beginning Treatment Sequence

Core Concepts -- Covers unconscious fantasy and conflict, multiple function, character, defenses, and transference.

Beginning the Treatment -- Covers the first session, neutrality and establishing the frame, educating the patient, recognizing transference, working with breaks and separations

Assessment -- Covers psychodynamic assessment and neurosis, character disorders, omnipotence, depression and suicidality, psychosis

Technique -- Covers therapeutic action, listening, integrating theory, interpretation, reconstruction of memories, common dilemmas, and using counter-transference as a source of information

Comparative History of Psychoanalytic Thought -- Covers Freud and classical psychoanalysis, ego psychology, interpersonal psychoanalysis, the British objects relations school, contemporary Freudian revisionists.

Group Supervision -- For this class, the students are divided into smaller groups, each with its own instructor. Each week one student presents a case, having distributed a write-up and process notes the week before to the instructor and other group members. The instructor leads the discussion of the case and provides brief written feedback on the write-up.

Child/Adolescent Sequence

Beginning Child/Adolescent Treatment -- Covers initial contacts with the child/adolescent patient and parents, evaluation, provision of treatment recommendations to parents and patient, establishing the frame, rules of confidentiality.

Therapeutic Approaches to Child/Adolescent Work -- Consideration of the theory and technique of therapeutic work with children/adolescents.

Parent Work -- Covers issues relating to benefits and challenges of parent work.

Gender Development in Children and Adolescents

Developmental Insults and their Impact -- The challenges to development that children and families frequently face due to various life 'insults' (e.g., divorce, medical problems, parental loss, adoption) will be considered conceptually and with relation to treatment.

Continuous Case Conference -- An ongoing child or adolescent psychotherapy case will be presented to the group.