



THE MICHIGAN PSYCHOANALYTIC INSTITUTE

CELEBRATING OVER 50 YEARS OF EXCELLENCE IN TEACHING, TREATMENT AND SERVICE TO THE COMMUNITY

ADULT PSYCHOANALYTIC PSYCHOTHERAPY EDUCATIONAL PROGRAM

Richard Fish, Ph.D., Co-Director
Kathryn Frerichs, Ph.D., Co-Director

The Continuing Education Division of the Michigan Psychoanalytic Institute is pleased to offer an Adult Psychoanalytic Psychotherapy Educational Program for mental health professionals currently practicing psychotherapy who wish to further the development of their skills in this modality. The program consists of a two-year curriculum taught by Michigan Psychoanalytic Institute faculty for licensed and/or certified mental health professionals who want to improve their clinical skills.

FIRST YEAR

Therapeutic Situation:

In a course entitled Therapeutic Situation (which starts at the beginning of treatment, and covers assessment, diagnosis, and traverses treatment through middle and termination phases), dialogue will begin between faculty and students regarding complexities of the treatment situation. This discussion will encompass both theory and technique in a combined view and will take up concepts such as the importance of the dyad, neutrality, resistances at different stages, enactments, transference and countertransference, listening for derivatives, dreams, and interpretive work.

Development:

Research findings, observation, and child work will be discussed to understand development throughout the life cycle from infancy, pre-oedipal and oedipal years, latency, adolescence, and adulthood.

Psychotherapies:

These courses pursue a current understanding of the earlier psychoanalytic theories including drives, ego psychology, object relations theories, and self-psychology. Relational theory will also be covered.

Continuous Case Conference:

A Continuous Case Conference meets throughout the year. The faculty utilizes psychodynamic theory and examination of the process of the clinical work to deepen the discussion of the therapeutic situation.

SECOND YEAR

Psychopathology focuses on the application of psychodynamic psychotherapy to the following clinical syndromes: psychoneuroses, affective disorders, addictions, eating disorders, perversions, borderline and narcissistic disorders, psychosomatic disorders, and functional psychoses.

Technique courses will consider special problems in psychotherapy including work with difficult patients, severe characterological problems, suicide, negative therapeutic reaction, and many others.

Clinical Case Conference will follow in a longitudinal fashion cases in treatment with participants in the program.

THIRD YEAR

In this optional year, a participant may pursue directed work with one or more faculty members on writing a paper about psychoanalytic psychotherapy, take elective courses, participate in a continuous case conference and/or take part in a study group focusing on selected topics directed towards the application of psychoanalytic principles and thinking to the larger mental health arena.

PROGRAM REQUIREMENTS

Supervision: Each participant is required to have weekly consultation with an analytic supervisor to discuss patients in their practices on at least two ongoing psychotherapy cases. Patients will come from the participant's own practice but will be evaluated for suitability with the consultant. Times, locations and fees of consultations will be individually arranged. The goals of supervision are to enhance the participant's understanding of their patients and to improve their psychotherapy skills. Supervisors are chosen from faculty of Michigan Psychoanalytic Institute. Individual supervision is preferred but group supervision may be an option. Reduced fees are available.

Advisors: Each participant will be assigned an advisor to act as mentor and liaison between the participant and the Faculty and Directors. Progression through the program will be followed with this advisor.

Personal Psychotherapy: It is strongly recommended that each program participant, concurrent with the program, have a personal experience in psychodynamic psychotherapy, preferably psychoanalysis, in order to increase the sensitivity of the participant to the workings of unconscious forces and to begin to free him or her from personality factors which might impede the development of psychotherapeutic competence.

License: All participants in the program must be licensed and/or certified to practice psychotherapy in the state of Michigan and have professional liability insurance for their psychotherapy practices. A copy of your license and a current face sheet from your liability insurance must be submitted at the time of application to the program.

Interview: Personal interviews with faculty members are required for acceptance into this program. This will help ascertain the applicant's level of clinical expertise and readiness for this intensive program.

Attendance: 80% class attendance for both years is required to qualify for certification of completion.

Fee: There is a non-refundable application fee of \$40.00.

Tuition: \$1,750.00 per year = \$3,500.00 total for the 2-year program.

Tuition can be paid each academic year in installments, as follows:

September 1 st of academic year	\$875.00
November 1 st of academic year	\$437.50
February 1 st of academic year	\$437.50

Questions: Any questions concerning the program and/or application procedure can be directed to the program directors or the program administrator:

Co-Director: Richard Fish, Ph.D. (248) 350-8787 fish8815j@yahoo.com
Co-Director: Kathryn Frerichs, Ph.D. (248) 851-0546 kathrynfrerichs@yahoo.com

Program Administrator:
Jean Lewis (248) 851-3380 jeanlewis@ix.netcom.com

Because class size will be limited, early application is encouraged.

Application Deadline: Application form, application fee, copy of license, face sheet from professional liability insurance, and letters of reference must be received by **June 30, 2008**.

Scholarship Application: Partial scholarship funds may be available. If you will be applying for a scholarship, a separate scholarship application can be obtained from Jean Lewis, and must be submitted by **June 30, 2008**.

The Michigan Psychoanalytic Institute is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians. The Michigan Psychoanalytic Institute designates their educational activities for a maximum of 1 AMA PRA Category 1 Credit(s)TM (1 credit equals 1 hour). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Approved by the Michigan Social Work Continuing Education Collaborative.

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